# City and County of San Francisco

# **Human Services Agency**



Department of Benefits and Family Support Department of Disability and Aging Services Office of Early Care and Education

Trent Rhorer, Executive Director

# **MEMORANDUM**

TO: DISABILI

DISABILITY AND AGING SERVICES COMMISSION

THROUGH:

SHIREEN MCSPADDEN, EXECUTIVE DIRECTOR

FROM:

CINDY KAUFFMAN, DEPUTY DIRECTOR

ESPERANZA ZAPIEN, ACTING DIRECTOR OF CONTRACTS

DATE:

DECEMBER 2, 2020

**SUBJECT:** 

**NEW GRANT:** MULTIPLE GRANTEES (NON-PROFIT) FOR THE PROVISION OF COMMUNITY SERVICES FOR OLDER ADULTS

AND ADULTS WITH DISABILITIES (see table below)

Contingency Total Renewal Current 1/1/21 - 6/30/23**GRANT TERM:** 7/1/18 - 12/31/20 1/1/21 - 6/30/23 GRANT \$2,195,976 \$24,155,703 \$21,959,727 AMOUNT: \$20,253,118 Contingency Federal Total Funding source: County State \$2,195,976 \$24,155,703 Annual amount: \$19,324,560 \$2,635,167 100% 88% 0% 12% Percentage:

The Department of Disability and Aging Services (DAS) requests authorization to enter into new grant agreements with multiple providers for the provision of Community Services to older adults and adults with disabilities for the time period beginning January 1, 2021 and ending June 30, 2023 in the combined amount of \$21,959,727, plus a 10% contingency for a total not to exceed amount of \$24,155,703. The specific breakdown of funding per grantee is summarized in the following table.

Agency	1/1/21 – 6/30/21 grant amount	FY 21/22, FY 22/23 annual amount	Grant total	10% contingency	Not-To-Exceed amount
Bayanihan Equity Center	\$200,250	5400.500 annualty \$801,000	\$1,001,250	\$100,125	\$1,101,375
Bayview Senior Services (BHPMSS)  Dr. Davis Senior Center	\$532,308	\$1.304.028 Chadany \$2,129,236	\$2,661,544	\$266,154	\$2,927,698
Bayview Senior Services Rosa Park Senior Center	\$169,394	\$538.788 amainty \$677,576	\$846,970	\$84,697	\$931,667
Bayview Senior Services Western Addition Senior Center	\$168,531	\$337,002 annually \$674,124	\$842,655	\$84,266	\$926,921
Bernal Heights Neighborhood Center Cortland	\$118,803	\$237.606 nearestly \$475,212	\$594,015	\$59,402	\$653,417
Bernal Heights Neighborhood Center Excelsior	\$202,362	\$304 /75 costally \$609,450	\$811,812	\$81,181	\$892,993
Catholic Charities	\$422,086	\$539.707 arau, 459 \$1,079,454	\$1,501,540	\$150,154	\$1,651,694
Centro Latino de San Francisco, Inc.	\$57,884	\$231,536	\$289,420	\$28,942	\$318,362
Curry Senior Center	\$180,506	\$304,0arausib <b>\$722,022</b>	\$902,528	\$90,253	\$992,781
Episcopal Community Services	\$129,662	\$259 023 amagaby \$518,646	\$648,308	\$64,831	\$713,139
Felton Institute	\$81,813	\$163,025 as maily \$327,250	\$409,063	\$40,906	\$449,969
Golden Gate Senior Services Castro Senior Center	\$103,539	\$396,674	\$500,213	\$50,021	\$550,234

Agency	1/1/21 — 6/30/21 grant amount	FY 21/22, FY 22/23 annual amount	Grant total	10% contingency	Not-To-Exceed amoun
Golden Gate Senior Services Richmond Senior Center	\$198,385	\$5.4.555 to take By \$629,130	\$827,515	\$82,752	\$910,26
Independent Living Resource Center of San Francisco	\$59,707	\$238,828	\$298,535	\$29,854	\$328,389
Kimochi, Inc.	\$140,560	\$2.5,150 applicates \$436,372	\$576,932	\$57,693	\$634,62
Lighthouse for the Blind and Visually Impaired	\$55,041	\$110,00 . a madiy \$220,162	\$275,203	\$27,520	\$302,723
Mission Neighborhood Center	\$215,669	\$431.338 Annually \$862,676	\$1,078,345	\$107,835	\$1,186,186
On Lok Day Services/30 <sup>th</sup> Street Senior Center	\$221,015	\$413.999 cmae23; \$826,798	\$1,047,813	\$104,781	\$1,152,59
Openhouse	\$186,176	\$544,702	\$730,878	\$73,088	\$803,96
Russian American Community Services	\$47,980	993,999 Languille \$191,918	\$239,898	\$23,990	\$263,88
Self-Help for the Elderly	\$575,333	\$1,608,540	\$2,183,873	\$218,387	\$2,402,260
Sequoia Living Aquatic Park Senior Center	\$241,985	\$649,136	\$891,121	\$89,112	\$980,233
Sequoia Living Downtown Senior Center	\$156,104	\$554,414	\$710,518	\$71,052	\$781,57
Southwest Community Corporation	\$230,114	\$520,454	\$750,568	\$75,057	\$825,62

Agency	1/1/21 – 6/30/21 grant amount	FY 21/22, FY 22/23 annual amount	Grant total	10% contingency	Not-To-Exceed amount
YMCA of San Francisco Chinatown	\$21,643	\$43.18d menaity \$86,572	\$108,215	\$10,822	\$119,037
YMCA of San Francisco Mission	\$46,832	\$73,884 convectly + \$187,328	\$234,160	\$23,416	\$257,576
YMCA of San Francisco Parkmerced	\$38,625	177.250 abacady \$154,500	\$193,125	\$19,313	\$212,438
YMCA of San Francisco Richmond	\$39,487	\$78.97-1 agnessiy \$157,948	\$197,435	\$19,744	\$217,179
YMCA of San Francisco Stonestown	\$148,189	\$229.043 cms.eBy \$458,086	\$606,275	\$60,628	\$666,903
Total	\$4,989,983	\$16,969,744	\$21,959,727	\$2,195,976	\$24,155,703

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#### Background

DAS funded Community Services programs can be most easily identified as the network of Community Centers located throughout the City of San Francisco. These Community Centers are home to the rich history of San Francisco and have been built and nurtured over the years with direct input, insight, and support from the people and neighborhoods they serve.

These Community Centers are more than just a meeting place for older adults and adults with disabilities. Program and activity offerings at DAS funded Community Centers are designed to engage with the community around them while enhancing the cultural, educational, mental, and physical well-being of participants. Community Centers are also the entry point for many older adults and adults with disabilities in need of information and support services, thus translation and social services are made available on site. Additional DAS funded services, including nutrition, health promotion, and digital literacy programs are often co-located at DAS funded Community Centers.

The coronavirus pandemic and subsequent shelter-in-place order starting in March 2020 brought significant disruption to both the operations of DAS funded Community Centers and the lives of the thousands of clients who rely on these Centers for programs and services. Most services were suspended or severely curtailed from their pre-COVID model of operation; all services needed to modify or reimagine their delivery model to ensure safety of staff and clients. DAS Community Centers demonstrated their commitment to the communities they serve through rapid adaptation and innovation. Many programs and staff moved to phone or virtual delivery of services while to-go or delivery of meals and groceries became standard. Placement of physical barriers, use of personal protective equipment, and strict occupancy requirements have allowed for limited one-to-one services where critical.

Evolving guidance on COVID safety practices, approval and distribution of a COVID vaccine, and continued efforts towards digital literacy and accessibility all provide hope for the future as these Community Centers work to return to expanded engagement, providing support and resources for older adults and adults with disabilities.

# Services to be provided

Grantees will operate a Community Center space designed to engage with the surrounding community which will be welcoming and accessible for older adults and adults with disabilities. Each grantee will offer a variety of activities and services designed to maintain or improve the quality of life of program participants. Activities and services shall consider the physical, social, psychological, economic, educational, recreational, and/or creative needs of participants. While the Community Center may serve as a hub for operations, services may take place in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

For reporting purposes, delivery of DAS funded Community Services are categorized into four groups:

- Activity Scheduling educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that helps participants maintain or enhance their level of functioning.
- 2) <u>Translation</u>—translation assistance provided to consumers that cannot speak/read English. Services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.
- 3) <u>Social Services</u> providing one-to-one assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service such as safety issues or transportation needs.

Impact of program services are measured primarily through the administration of client surveys. Surveys seek feedback on whether services offered met the needs of clients, if services improved physical health, and if services created opportunities for socialization and interaction with others. Results from these surveys are shared with contractors and are used to inform program design and types of services offered.

Adult Day Programs / Alzheimers Day Care Resource Centers

Adult Day Programs (ADP) and Alzheimers Day Care Resource Centers (ADCRC) serve an important role in the spectrum of DAS funded services supporting older adults and adults with disabilities. These two programs offer congregate daytime services in a structured and protective environment. Services for attendees are designed to engage participants mentally, socially, and physically in order to encourage maintenance of functioning level and ability to live in the community. These two programs also serve as a source of respite and information and resources for caregivers of participants. The City's shelter-in-place order in March 2020 restricted on site attendance and participation in these programs. In spite of these restrictions, these programs have not stopped functioning, their staff have instead shifted to phone and virtual means to best continue to support the purpose of these programs.

ADP and ADCRC program models have historically been contracted for as independent program models in standalone ADP or ADCRC contracts. In-person services were community based, but

at locations distinct from DAS funded Community Centers. The COVID-19 pandemic has created uncertainty around the function of these programs in their 'original' program model design which has forced DAS to pause, for the near term, any new procurement of the original program model. (Re-procurement had been originally planned for Spring 2020). The current operations of DAS ADP and ADCRC services track to the type of services being provided through our Community Services programs described above. As a result, DAS will be including three of the four current ADP/ADCRC grantees in this group of Community Services contracts. This inclusion will cover the six month period of January 1, 2021 to June 30, 2021. It is believed that this six month period will provide some insight into the future of these programs and allow DAS to re-procure ADP and ADCRC contracts in that window. Contractors/programs included with these Community Services grants are as follows: Catholic Charities (ADP, ADCRC), Kimochi, Inc. (ADP), and Self-Help for the Elderly (ADP, ADCRC). A fourth grantee, Institute on Aging (ADP, ADCRC), will be supported via a separate contracting action.

#### Performance

DAS Grantees receive regular program and fiscal monitoring to ensure program performance. Current monitoring results for Community Services Grantees are as follows:

#### Bayanihan Equity Center

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 18/19, compliant.

• Bayview Senior Services (BHPMSS): Dr. Davis Senior Center, Rosa Parks Senior Center, Western Addition Senior Center

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 19/20, compliant.

• Bernal Heights Neighborhood Center: Cortland, Excelsion

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 19/20, waived.

#### • Catholic Charities of San Francisco

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 19/20, waived.

#### Centro Latino de San Francisco, Inc.

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 19/20, compliant.

#### • Curry Senior Center

Program Monitoring – September 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 18/19, waived.

#### • Episcopal Community Services

Program Monitoring – September 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 18/19, waived.

#### Felton Institute

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 18/19, compliant.

#### • Golden Gate Senior Services: Castro Senior Center, Richmond Senior Center

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 18/19, compliant.

#### • Independent Living Resource Center of San Francisco

Program Monitoring – September 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 19/20, compliant.

#### · Kimochi, Inc.

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 18/19, compliant.

#### • Lighthouse for the Blind and Visually Impaired

Program Monitoring – August 2020, compliant with findings resolved. Fiscal and Compliance Monitoring – FY 19/20, waived.

#### Mission Neighborhood Centers

Program Monitoring – September 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 19/20, waived.

#### • On Lok Day Services / 30th Street Senior Center

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 18/19, compliant.

#### Openhouse

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 19/20, compliant.

#### • Russian American Community Services

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 18/19, compliant.

#### Self-Help for the Elderly

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 19/20, compliant.

Sequoia Living: Aquatic Park Senior Center, Downtown Senior Center

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 19/20, waived.

#### Southwest Community Corporation

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 18/19, compliant.

• YMCA of San Francisco: Chinatown, Mission, Parkmerced, Richmond, Stonestown

Program Monitoring – August 2020, compliant with no findings. Fiscal and Compliance Monitoring – FY 19/20, waived.

#### Selection

Grantees were selected through Request for Proposals (RFP) #785, which was issued in February 2018.

# **Funding**

These grants will be funded by local County General Funds.

#### ATTACHMENTS

#### • Bayanihan Equity Center

Appendix A – Services to be provided Appendix B – Budget

#### Bayview Senior Services (BHPMSS)

Dr. Davis Senior Center

Appendix A – Services to be provided

Appendix B – Budget

Rosa Parks Senior Center

Appendix A – Services to be provided

Appendix B – Budget

Western Addition Senior Center

Appendix A – Services to be provided

Appendix B - Budget

#### Bernal Heights Neighborhood Center

#### Cortland

Appendix A – Services to be provided

Appendix B – Budget

#### Excelsior

Appendix A – Services to be provided

Appendix B – Budget

#### • Catholic Charities of San Francisco

Appendix A – Services to be provided

Appendix B – Budget

#### • Centro Latino de San Francisco, Inc.

Appendix A – Services to be provided

Appendix B – Budget

#### • Curry Senior Center

Appendix A – Services to be provided

Appendix B – Budget

#### • Episcopal Community Services

Appendix A – Services to be provided

Appendix B – Budget

#### • Felton Institute

Appendix A – Services to be provided

Appendix B - Budget

#### • Golden Gate Senior Services

Castro Senior Center

Appendix A – Services to be provided

Appendix B - Budget

Richmond Senior Center

Appendix A – Services to be provided

Appendix B – Budget

#### • Independent Living Resource Center of San Francisco

Appendix A – Services to be provided

Appendix B - Budget

#### · Kimochi, Inc.

Appendix A – Services to be provided Appendix B – Budget

#### • Lighthouse for the Blind and Visually Impaired

Appendix A – Services to be provided Appendix B – Budget

#### Mission Neighborhood Centers

Appendix A – Services to be provided Appendix B – Budget

# On Lok Day Services / 30th Street Senior Center

Appendix A – Services to be provided Appendix B – Budget

#### Openhouse

Appendix A – Services to be provided Appendix B – Budget

#### • Russian American Community Services

Appendix A – Services to be provided Appendix B – Budget

# • Self-Help for the Elderly

Appendix A – Services to be provided Appendix B – Budget

# • Sequoia Living

Aquatic Park Senior Center
Appendix A – Services to be provided

Appendix B – Budget

Downtown Senior Center

Appendix A – Services to be provided

Appendix B – Budget

## • Southwest Community Corporation

Appendix A – Services to be provided Appendix B – Budget

# YMCA of San Francisco

#### Chinatown

Appendix A – Services to be provided

Appendix B - Budget

#### Mission

Appendix A – Services to be provided

Appendix B – Budget

#### Parkmerced

Appendix A – Services to be provided

Appendix B – Budget

#### Richmond

Appendix A – Services to be provided

Appendix B – Budget

#### Stonestown

Appendix A – Services to be provided

Appendix B – Budget

#### APPENDIX A – SERVICES TO BE PROVIDED

## **BAYANIHAN EQUITY CENTER**

#### **COMMUNITY SERVICES**

#### Effective January 1, 2021 to June 30, 2023

#### I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### TT. **Definitions**

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Bayanihan Equity Center

HSA

Human Services Agency of the City and County of San Francisco

LGBTO+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

Appendix A

#### III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

#### IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

#### VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Grantee will participate in multiple neighborhood organizing groups including SOMA Pilipinas Neighborhood Services and the SOMA Coordinating Committee. These groups focus on issues and seek solutions related to the immediate neighborhood including access to affordable and low-income housing, overcoming barriers to services, and inclusivity and representation of older adults and adults with disabilities in program services. These groups also coordinate and staff neighborhood events and celebrations.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or

health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

#### VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>288</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>2,025</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>750</u> units of service of translation.
- Grantee will provide 1,500 units of service of social services.
- Grantee will provide <u>88</u> units of service of enhanced outreach.

For the period July 1, 2021 – June 30, 2022:

- Grantee will serve <u>450</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>4,050</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 1,500 units of service of translation.
- Grantee will provide 3,000 units of service of social services.
- Grantee will provide 145 units of service of enhanced outreach.

For the period July 1, 2022 – June 30, 2023:

- Grantee will serve <u>450</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>5,400</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 1,500 units of service of translation.
- Grantee will provide 3,000 units of service of social services.

• Grantee will provide 145 units of service of enhanced outreach.

#### IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

#### X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data

- collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo Salta@sfgov.org

Or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 Patrick.Gracia@sfgov.org

#### XI. Monitoring Activities

A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are

provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1
Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name		,	Te	
BAYANIHAN EQUITY CENTER			Jan 2021 -	Jun 2023
	ification			
If modification, Effective Date of Mod. No. of M	lod. T			
Program: Community Services				
Budget Reference Page No.(s)	<u> </u>			
Program Term	1/1/21 - 6/30/21	7/1/21 - 06/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$174,857	\$349,714	\$349,714	\$874,285
Operating Expenses	\$25,393	\$50,786	\$50,786	\$126,965
Subtotal	\$200,250	\$400,500	\$400,500	\$1,001,250
Indirect Percentage (%)				
Indirect Cost				
Subcontractor/Capital Expenditure	<del> </del>			
Total Expenditures	\$200,250	\$400,500	\$400,500	\$1,001,250
HSA Revenues General Fund	\$200,250	\$400,500	\$400,500	\$1,001,250
Total HSA Revenue	\$200,250	\$400,500	\$400,500	\$1,001,250
Other Revenues				
	<u> </u>			
TOTAL DAS AND NON DAS REVENUE	\$200,250	\$400,500	\$400,500	\$1,001,250
Full Time Equivalent (FTE)	<u> </u>			D
Prepared by:	Telephone No.:			Date: 11/19/20
HSA-CO Review Signature:				
HSA #1				10/25/2016

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2
Document Date: December 2020

#### Salaries & Benefits Detail

	Agency	Totals	HSA P	rogram		DAS budg	eted salary	
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 06/30/22	7/1/22 - 6/30/23	Total
Executive Director	\$70,000	1.00		0.60		\$42,000	\$42,000	\$105,000
Community Service Worker	\$40,080	1.00				\$40,080	\$40,080	\$100,200
Community Service Worker	\$40,080	1.00			\$20,040	\$40,080	\$40,080	\$100,200
Community Service Worker	\$40,080	1.00				\$40,080	\$40,080	\$100,200
Community Service Worker	\$42,000	1.00	100.00%	1.00	\$21,000	\$42,000	\$42,000	\$105,000
Community Service Worker	\$40,080	1.00	100.00%	1.00	\$20,040	\$40,080	\$40,080	\$100,200
Data Collection Specialist	\$50,000	1:00	80.00%	0.80	\$20,000	\$40,000	\$40,000	\$100,000
Totals	\$322,320	7.00	640.00%	6.40	\$142,160	\$284,320	\$284,320	\$710,800
Fringe Benefits Rate	23.00%	· 						
Employee Fringe Benefits	\$74,134				\$32,697	\$65,394	\$65,394	\$163,485
Total Salaries and Benefits	\$396,454				\$174,857	\$349,714	\$349,714	\$874,285
HSA #2		-						10/25/2016

Program: Community Services			· Ap	ppendix B, Page 3
(Same as Line 11 on HSA #1)		Document Date	e: December 2020	
	Operating Expense	e Detail		
	1/1/21 - 6/30/21	7/1/21 - 06/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Rental of Property	\$3,248	\$3,313	\$3,379	\$9,940
Utilities (Elec, Water, Gas, Phone, Garbage)	\$4,050	\$6,840	\$6,840	\$17,730
Office Supplies, Postage	\$4,000	\$1,017	\$783	\$5,800
Building Maintenance Supplies and Repair				
Printing and Reproduction	\$600	\$500	\$500	\$1,600
Insurance	\$1,120	\$7,700	\$7,700	\$16,520
Staff Training				
Staff Travel-(Local & Out of Town)	\$2,933	\$8,232	\$8,400	\$19,565
Rental of Equipment	\$1,150	- \$4,100	\$4,100	\$9,350
<u>Consultant</u>				
Consultant A				
			·	
<u>Other</u>				
Bookkeeping	\$2,500	\$6,000	\$6,000	\$14,500
Audit		\$9,000	\$9,000	\$18,000
Payroll Processing	\$1,542	\$3,084	\$3,084	\$7,710
Seniors Activity	\$750	\$1,000	\$1,000	\$2,750
CAM Fee	\$1,500			\$1,500
Gift Cards for Volunteers	\$2,000			\$2,000
Total Operating Expenses	\$25,393	\$50,786	\$50,786	\$126,965
HSA #3				10/25/2016

#### APPENDIX A - SERVICES TO BE PROVIDED

Bayview Senior Services: Dr. Davis Center

#### **COMMUNITY SERVICES**

#### Effective January 1, 2021 to June 30, 2023

#### I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

**Bayview Senior Services** 

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

#### III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

#### IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

#### VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Enhanced outreach efforts will not be provided under this specific grant.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

#### VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>221</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>525</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>60</u> units of service of translation.
- Grantee will provide <u>368</u> units of service of social services.
- Grantee will provide **0** units of service of enhanced outreach.

For the period July 1, 2021 – June 30, 2022:

- Grantee will serve <u>664</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1575</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 180 units of service of translation.
- Grantee will provide 1104 units of service of social services.
- Grantee will provide **0** units of service of enhanced outreach.

For the period July 1, 2022 – June 30, 2023:

- Grantee will serve <u>885</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>2100</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>240</u> units of service of translation.
- Grantee will provide 1472 units of service of social services.
- Grantee will provide 0 units of service of enhanced outreach.

#### IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

#### X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).

- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Richard Appleby Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3644 Rick.appleby@sfgov.org

or

Steve Kim Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6335 Steve.kim@sfgov.org

## XI. Monitoring Activities

A. <u>Program Monitoring</u>: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always

- available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. Fiscal Compliance and Contract Monitoring: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1
Document Date: December 2020

#### HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Te	rm
BHPMSS			Jan 2021 -	Jun 2023
(Check One) New _x_ Renewal Modif	ication			
If modification, Effective Date of Mod. No. of Mo	od.			
Program: Community Services-Dr. Davis Center				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$373,240	\$746,480	\$746,480	\$1,866,200
Operating Expenses	\$76,587	\$153,174	\$153,174	\$382,935
Subtotal	\$449,827	\$899,654	\$899,654	\$2,249,135
Indirect Percentage (%)	11.00%	11.00%	11.00%	11.00%
Indirect Cost	\$49,481	\$98,964	\$98,964	\$247,409
Subcontractor/Capital Expenditure	\$33,000	\$66,000	\$66,000	\$165,000
Total Expenditures	\$532,308	\$1,064,618	\$1,064,618	\$2,661,544
HSA Revenues General Fund	<b>\$</b> 532,308	\$1,064,618	\$1,064,618	\$2,661,544
Total HSA Revenue	\$532,308	\$1,064,618	\$1,064,618	\$2,661,544
Other Revenues				
				·
TOTAL DAS AND NON DAS REVENUE	\$532,308	\$1,064,618	\$1,064 <u>,</u> 618	\$2,661,544
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:			Date: 5/10/18
HSA-CO Review Signature:	Totophone No.			200. 0r 10/10
l so to hor organica.				
HSA #1				10/25/2016

Program: Community Services-Dr. Davis Center (Same as Line 11 on HSA #1)

Appendix B, Page 2 Document Date: December 2020

#### Salaries & Benefits Detail

	Agency	/Totals	HSA P	rogram	DAS budgeted salary			
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Program Coord.	\$64,464	1.00		1.00	\$32,232	\$64,464	\$64,464	\$161,160
Activity/Resource Coord	\$39,520	0,63	100.00%	0.63	\$12,350	\$24,700	\$24,700	\$61,750
Translation/Social Services	\$40,560	0.50	100.00%	0.50	\$10,140	\$20,280	\$20,280	\$50,700
Custodian	\$37,440	1.00	100.00%	1.00	\$18,720	\$37,440	\$37,440	\$93,600
Custodian-Weekend/Evening	\$37,440	0.50	100.00%	0.50	\$9,360	\$18,720	\$18,720	\$46,800
Director of Administration	\$96,360	0.60	100.00%	0.60	\$28,908	\$57,816	\$57,816	\$144,540
Administration Assistant	\$56,160	0.60	100.00%	0.60	\$16,848	\$33,696	\$33,696	\$84,240
Front Desk Manager	\$53,560	1.00	100.00%	1.00	\$26,780	\$53,560	\$53,560	\$133,900
Volunteer Coord.	\$44,976	1.00	100.00%	1.00	\$22,488	\$44,976	\$44,976	\$112,440
Program Assistant	\$37,440	1.00	100.00%	1.00	\$18,720	\$37,440	\$37,440	\$93,600
Program Dir for Wellness	\$60,312	1.00	100.00%	1.00	\$30,156	\$60,312	\$60,312	\$150,780
Program CoordWellness	\$41,600	0.40	100.00%	0,40	\$8,320	\$16,640	\$16,640	\$41,600
Program CoordWellness	\$41,600	0.40	100.00%	0.40	\$8,320	\$16,640	\$16,640	\$41,600
Program Coord,-Wellness	\$41,600	0.40	100.00%	0.40	\$8,320	\$16,640	\$16,640	\$41,600
Program CoordWellness	\$41,600	0.40	100.00%	0.40	\$8,320	\$16,640	\$16,640	\$41,600
Social Service Coord.	\$47,840	1.00	100.00%	1.00	\$23,920	\$47,840	\$47,840	\$119,600
SEOP Director	\$78,000	0.25	100.00%	0.25	\$9,750	\$19,500	\$19,500	\$48,750
Office Assistant	\$39,520	0.25	100.00%	0.25	\$4,940	\$9,880	\$9,880	\$24,700
Totals	\$899,992	11.93	1800.00%	11.93	\$298,592	\$597,184	\$597,184	\$1,492,960
Fringe Benefits Rate	25.00%							
Employee Fringe Benefits .	\$224,998				\$74,648	\$149,296	\$149,296	\$373,240
Total Salaries and Benefits	\$1,124,990				\$373,240	\$746,480	\$746,480	\$1,866,200
HSA #2		·						10/25/2016

Program: Community Services-Dr. Davis Center Appendix B, Page 3 (Same as Line 11 on HSA #1) Document Date: December 2020 **Operating Expense Detail** 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/22 - 6/30/23 Total Expenditure Category Rental of Property \$375 \$750 \$750 \$1,875 Utilities (Elec, Water, Gas, Phone, Garbage) \$22,080 \$110,400 \$44,160 \$44,160 Office Supplies, Postage \$7,000 \$14,000 \$14,000 \$35,000 Building Maintenance Supplies and Repair \$60,000 \$12,000 \$24,000 \$24,000 Printing and Reproduction \$3,600 \$9,000 \$1,800 \$3,600 Insurance \$13,494 \$33,735 \$6,747 \$13,494 Staff Training \$600 \$1,200 \$1,200 \$3,000 Staff Travel-(Local & Out of Town) \$100 \$200 \$200 \$500 Rental of Equipment \$1,800 \$3,600 \$3,600 \$9,000 Consultant Wellness Classes Contractor \$12,000 \$24,000 \$24,000 \$60,000 Computer/Network Support \$1,500 \$3,000 \$3,000 \$7.500 Other **Program Supplies** \$21,170 \$21,170 \$52.925 \$10,585 **Total Operating Expenses** \$76,587 \$153,174 \$153,174 \$382,935 HSA #3 10/25/2016

Program: Community Services-Dr. Davis Center

(Same as Line 11 on HSA #1)

Appendix B, Page 4

Document Date: December 2020

# **Subcontractor & Capital Expenditure Detail**

HSA #4				10/25/2016
Total Capital Expenditure	\$33,000	\$66,000	\$66,000	\$165,000
Total Remodeling Cost				·
Remodel A				
Remodeling	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Total Equipment Cost				
Equipment A				
Equipment (Qty)	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Total Subcontractor Expenditure	\$33,000	\$66,000	\$66,000	\$165,000
Tatal Outron to the Firm of the second to th	202.000	000,000	000,000	0405.000
Somoan Community Development	\$27,000	\$54,000	\$54,000	\$135,000
Network for Elders Senior Empowerment	\$6,000	\$12,000	\$12,000	\$30,000
Subcontractor Expenditure	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total

#### APPENDIX A - SERVICES TO BE PROVIDED

Bayview Senior Services: Rosa Parks

#### **COMMUNITY SERVICES**

#### Effective January 1, 2021 to June 30, 2023

#### I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

**Bayview Senior Services** 

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

SOGI

Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

## IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

### VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- 1) Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Grantee conducts regular "Road Shows" which are off-site demonstrations of services offered by Grantee. "Road Shows" target sites such as senior housing and other community spaces where Grantee would like to raise awareness of services offered.

### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

## VIII. Service Objectives

For the period January 1, 2021 - June 30, 2021:

- Grantee will serve <u>75</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>420</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 0 units of service of translation.
- Grantee will provide <u>225</u> units of service of social services.
- Grantee will provide 40 units of service of enhanced outreach.

For the period July 1, 2021 – June 30, 2022:

- Grantee will serve <u>225</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1260</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide  $\underline{\mathbf{0}}$  units of service of translation.
- Grantee will provide 675 units of service of social services.
- Grantee will provide 120 units of service of enhanced outreach.

For the period July 1, 2022 – June 30, 2023:

- Grantee will serve <u>300</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1680</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 0 units of service of translation.
- Grantee will provide 900 units of service of social services.
- Grantee will provide <u>160</u> units of service of enhanced outreach.

## IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

## X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).

- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Richard Appleby Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3644 Analyst, Email@sfgov.org

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Steve Kim Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) Manager Phone Steve.kim@sfgov.org

### XI. Monitoring Activities

Program Monitoring: Program monitoring will include review of compliance to Α. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always

- available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1

Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name	Term	1		
BHPMSS		Jan 2021 - J	un 2023	
(Check One) New _x_ Renewal Modi	fication			
If modification, Effective Date of Mod. No. of Mo	od.			
Program: Community Services-Rosa Park				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$136,718	\$273,435	\$273,435	\$683,588
Operating Expenses	\$15,890	\$31,780	\$31,780	\$79,450
Subtotal	\$152,608	\$305,215	\$305,215	\$763,038
Indirect Percentage (%)	11.00%	11.00%	11.00%	11.00%
Indirect Cost	\$16,786	\$33,573	\$33,573	\$83,932
Subcontractor/Capital Expenditure			,	
Total Expenditures	\$169,394	\$338,788	\$338,788	\$846,970
HSA Revenues				
General Fund	\$103,894	\$207,788	\$207,788	\$519,470
OTO	\$65,500	\$131,000	\$131,000	\$327,500
1 010	\$00,000	\$131,000	\$131,000	φ321,300
<u></u>				
Total UCA Davanus	#460 204	#020 700	#200 700	¢0.40.070
Total HSA Revenue	\$169,394	\$338,788	\$338,788	\$846,970
Other Revenues				!
TOTAL DAS AND NON DAS REVENUE	\$169,394	\$338,788	\$338,788	\$846,970
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:		D	ate: 5/10/18
HSA-CO Review Signature:				
	<u></u>			
HSA #1				10/25/2016

Program: Community Services-Rosa Park (Same as Line 11 on HSA #1)

Appendix B, Page 2

Document Date: December 2020

## Salaries & Benefits Detail

	Agency	/ Totals	HSA Program		DAS budgeted salary			
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA	Adinated ETE	1/1/04 6/20/04	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
			(Max 100%)	Adjusted FTE	1/1/21 - 6/30/21			
Program Director	\$59,280	1.00			\$29,640	\$59,280	\$59,280	\$148,200
Activitiy Coord	\$41,600	1.00				\$41,600	\$41,600	\$104,000
Diretor Administration	\$96,360	0.10			\$4,818	\$9,636	\$9,636	\$24,090
Admin Assistant	\$56,160	0.20	100.00%	0.20	\$5,616	\$11,232	\$11,232	\$28,080
Translation	\$40,560	0.40	100.00%	0.40	\$8,112	\$16,224	\$16,224	\$40,560
Janitor	\$37,440	1.00	100.00%	1.00	\$18,720	\$37,440	\$37,440	\$93,600
Front Desk	\$41,600	1.00	100.00%	1.00	\$20,800	\$41,600	\$41,600	\$104,000
				,				
Totals	\$373,000	4.70	700.00%	4.70	\$108,506	\$217,012	\$217,012	\$542,530
Fringe Benefits Rate	26.00%							
Employee Fringe Benefits	\$96,980				\$28,212	\$56,423	\$56,423	\$141,058
Total Salaries and Benefits	\$469,980				\$136,718	\$273,435	\$273,435	\$683,588
HSA #2								10/25/2016

Program: Community Services-Rosa Park Appendix B, Page 3 (Same as Line 11 on HSA #1) Document Date: December 2020 **Operating Expense Detail** 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/22 - 6/30/23 Total Expenditure Category Rental of Property Utilities (Elec, Water, Gas, Phone, Garbage) \$7,430 \$14,860 \$14,860 \$37,150 Office Supplies, Postage \$400 \$800 \$800 \$2,000 Building Maintenance Supplies and Repair \$1,200 \$2,400 \$2,400 \$6,000 Printing and Reproduction Insurance \$2,777 \$5,554 \$5,554 \$13,885 Staff Training Staff Travel-(Local & Out of Town) Rental of Equipment \$1,800 \$3,600 \$3,600 \$9,000 Consultant Consultant A Other **Program Supplies** \$4,566 \$2,283 \$4,566 \$11,415 Total Operating Expenses \$15,890 \$31,780 \$31,780 \$79,450

HSA #3

10/25/2016

#### APPENDIX A - SERVICES TO BE PROVIDED

Bayview Senior Services: Western Addition

#### **COMMUNITY SERVICES**

## Effective January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

**Bayview Senior Services** 

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

#### III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

### VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- 1) Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting.

  Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Enhanced outreach efforts will not be provided under this specific grant.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

### VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>137</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>450</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>75</u> units of service of translation.
- Grantee will provide <u>260</u> units of service of social services.
- Grantee will provide  $\underline{0}$  units of service of enhanced outreach.

For the period July 1, 2021 – June 30, 2022:

- Grantee will serve <u>411</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1350</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 225 units of service of translation.
- Grantee will provide <u>780</u> units of service of social services.
- Grantee will provide  $\underline{0}$  units of service of enhanced outreach.

For the period July 1, 2022 – June 30, 2023:

- Grantee will serve <u>548</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1800</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 300 units of service of translation.
- Grantee will provide 1040 units of service of social services.
- Grantee will provide  $\underline{\mathbf{0}}$  units of service of enhanced outreach.

# IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1

- June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Rick Appleby Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3644 Rick. appleby@sfgov.org

or

Steve Kim Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6335 Steve.kim@sfgov.org

# XI. Monitoring Activities

Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers

- who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1

Document Date: December 2020

## HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name	Term			
BHPMSS			Jan 2021 - Ju	ın 2023
(Check One) New x Renewal Mo				•
If modification, Effective Date of Mod. No. of N	<u>Иod.</u>			
Program: Community Services-WASC				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$132,328	\$264,655	\$264,655	\$661,638
Operating Expenses	\$19,502	\$39,004	\$39,004	\$97,510
Subtotal	\$151,830	\$303,659	\$303,659	\$759 <u>,14</u> 8
Indirect Percentage (%)	11.00%	11.00%	11.00%	11.00%
Indirect Cost	\$16,701	\$33,403	\$33,403	\$83,507
Subcontractor/Capital Expenditure				
Total Expenditures	\$168,531	\$337,062	\$337,062	\$842,655
				ļ
HSA Revenues			<u> </u>	
General Fund	\$102,531	\$205,062	\$205,062	\$512,655
ОТО	\$66,000	\$132,000	\$132,000	\$330,000
		·		
Total HSA Revenue	\$168,531	\$337,062	\$337,062	\$842,655
			1	
Other Revenues				
			·	
TOTAL DAS AND NON DAS REVENUE	\$168,531	\$337,062	\$337,062	\$842,655
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:		D:	ate: 5/10/18
HSA-CO Review Signature:				-
HSA #1				10/25/2016

Program: Community Services-WASC (Same as Line 11 on HSA #1)

Appendix B, Page 2

Document Date: December 2020

## Salaries & Benefits Detail

			estina correce and the Manager	// / / / / / / / / / / / / / / / / / /				
	Agency Totals		HSA P	rogram		DAS budgeted salary		
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA	Adjusted ETE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
<del></del>			(Max 100%)	Adjusted FTE				
Program Director	\$59,280	1.00		1.00	\$29,640	\$59,280	\$59,280	\$148,200
Activity Coord	\$44,720	1.00	100.00%	1.00	\$22,360	\$44,720	\$44,720	\$111,800
Director Administration	\$96,360	0.10	100.00%	0.10	\$4,818	\$9,636	\$9,636	\$24,090
Admin Assistant	\$56,160	0.20	100.00%	0.20	\$5,616	\$11,232	\$11,232	\$28,080
Translation	\$40,560	0.10	100.00%	0.10	\$2,028	\$4,056	\$4,056	\$10,140
Janitor	\$39,520	1.00	100.00%	1.00	\$19,760	\$39,520	\$39,520	\$98,800
Front Desk	\$41,600	1.00	100.00%	1,00	\$20,800	\$41,600	\$41,600	\$104,000
Totals	\$378,200	4.40	700.00%	4.40	\$105,022	\$210,044	\$210,044	\$525,110
Fringe Benefits Rate	26.00%				·			
Employee Fringe Benefits	\$98,332				\$27,306	\$54,611	\$54,611	\$136,528
Total Salaries and Benefits	\$476,532				\$132,328	\$264,655	\$264,655	\$661,638
HSA #2								10/25/2016

Program: Community Services-WASC Appendix B, Page 3 (Same as Line 11 on HSA #1) Document Date: December 2020 **Operating Expense Detail** 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/22 - 6/30/23 Total Expenditure Category \$3,600 Rental of Property \$7,200 \$7,200 \$18,000 \$38,525 Utilities (Elec, Water, Gas, Phone, Garbage) \$15,410 \$15,410 \$7,705 Office Supplies, Postage \$800 \$800 \$2,000 \$400 \$5,000 Building Maintenance Supplies and Repair \$1,000 \$2,000 \$2,000 Printing and Reproduction \$5,554 \$13,885 \$2,777 Insurance \$5,554 Staff Training Staff Travel-(Local & Out of Town) Rental of Equipment \$1,800 \$3,600 \$3,600 \$9,000 Consultant Consultant A Other Program Supplies \$2,220 \$4,440 \$4,440 \$11,100 Total Operating Expenses \$19,502 \$39,004 \$39,004 \$97,510 HSA #3 10/25/2016

#### APPENDIX A - SERVICES TO BE PROVIDED

# BERNAL HEIGHTS NEIGHBORHOOD CENTER - CORTLAND LOCATION

#### **COMMUNITY SERVICES**

## Effective January 1, 2021 to June 30, 2023

### I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

of capacity for independent firing and soft direction

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Bernal Heights Neighborhood Center

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Person who is 60 years or older, used interchangeably with "older adult"

SOGI

Senior

Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

#### VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- 1) Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting.

  Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts will not be provided under this specific grant.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>213</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1,400</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>500</u> units of service of translation.
- Grantee will provide <u>1,250</u> units of service of social services.
- Grantee will provide 0 units of service of enhanced outreach.

On an annual basis starting July 1, 2021:

- Grantee will serve <u>425</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>2,800</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 1,000 units of service of translation.
- Grantee will provide <u>2,500</u> units of service of social services.
- Grantee will provide  $\underline{0}$  units of service of enhanced outreach.

# IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

## X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

or

Steve Kim Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6335 Steve.Kim@sfgov.org

# XI. Monitoring Activities

- Α. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1

Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

	<del></del>		<del> </del>	<del>, _, </del>
Name		ŧ	Term	
Bernal Heights Neighborhood Center			Jan 2021 - J	un 2023
(Check One) New _x Renewal Modil	= : =			
If modification, Effective Date of Mod. No. of Mo	od.			
Program: Community Services - Cortland				
Budget Reference Page No.(s)	44/04	74104 5/25/05	714/00 0100100	
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures	200 400	****	0404054	<b>6440.000</b>
Salaries & Benefits	\$82,126	\$164,251	\$164,251	\$410,628
Operating Expenses	\$21,181	\$42,363	\$42,363	\$105,907
Subtotal	\$103,307	\$206,614	\$206,614	\$516,535
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%
Indirect Cost	\$15,496	\$30,992	\$30,992	\$77,480
Subcontractor/Capital Expenditure	#449.000	202 500	903 7009	ΦΕΩΛ Ω1 E
Total Expenditures	\$118,803	\$237,606	\$237,606	\$594,015
HSA Revenues				
General Fund	\$440 png	\$337 GOG	\$227 606	\$504.015
General Fund	\$118,803	\$237,606	\$237,606	\$594,015
Total HSA Revenue	\$118,803	\$237,606	\$237,606	\$594,015
, out the two two	\$770,000	Ψ201,000	\$201,000	4004,010
Other Revenues				
Saisi (tereilues				
TOTAL DAS AND NON DAS REVENUE	\$118,803	\$237,606	\$237,606	\$594,015
	\$1.0,000	\$20.,000	455,1000	700 (1010
Full Time Equivalent (FTE)				
Prepared by: Pura Nagrampa	Telephone No.:	415-206-2140	D	ate: 11/18/2020
HSA-CO Review Signature:				
		<del></del>	<del></del>	
IHSA #1				11/18/2020

Program: Community Services - Cortland

(Same as Line 11 on HSA #1)

Appendix B, Page 2

Document Date: December 2020

## Salaries & Benefits Detail

	a constantina de como dimensione								
	Agency Totals		HSA P	rogram		DAS budgeted salary			
DW.	Annual Full Time Salary for	7	% FTE funded by HSA		4/4/04 0/00/04	74.04 0.00.00	74/00 00000	, s	
Position	FTE	Total FTE	(Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total	
Director of Programs	\$80,000	1.00			\$4,800	\$9,600	\$9,600	\$24,000	
Senior Services Supervisor	\$52,000	1.00	100.00%	1.00	\$26,000	\$52,000	\$52,000	\$130,000	
Social Services/Volunteer Coordi	\$47,840	1.00	100.00%	1.00	\$23,920	\$47,840	\$47,840	\$119,600	
Exercise Instructor	\$124,800	1.00	100.00%	0.03	\$1,560	\$3,120	\$3,120	\$7,800	
Exercise Instructor	\$52,000	1.00	100.00%	0.05	\$1,300	\$2,600	\$2,600	\$6,500	
Ass. Program Director	\$63,440	1.00	100.00%	0.30	\$9,516	\$19,032	\$19,032	\$47,580	
Totals	\$420,080	6.00	600.00%	2.50	\$67,096	\$134,192	\$134,192	\$335,480	
Fringe Benefits Rate	22.40%								
Employee Fringe Benefits	\$94,098				\$15,030	\$30,059	\$30,059	\$75,148	
Total Salaries and Benefits	\$514,178				\$82,126	\$164,251	\$164,251	\$410,628	
HSA #2								11/18/2020	

Program: Community Services - Cortland				opendix B, Page 3
(Same as Line 11 on HSA #1)			Document Date	e: December 2020
	Operating Expense	e Detail		
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Rental of Property				
Utilities (Elec, Water, Gas, Phone, Garbage)	\$2,000	\$4,100	\$4,100	\$10,200
Office Supplies, Postage	\$1,300	\$2,600	\$2,600	\$6,500
Building Maintenance Supplies and Repair	\$4,200	\$8,400	\$8,400	\$21,000
Printing and Reproduction	\$300_	\$600	\$600	\$1,500
Insurance	\$720	\$1,440	\$1,440	\$3,600
Staff Training	\$1,000	\$3,000	\$3,000	\$7,000
Staff Travel-(Local & Out of Town)	\$1,350	\$2,700	\$2,700	\$6,750
Rental of Equipment	\$400	\$900	\$900	\$2,200
<u>Consultant</u>				
Consultant A				
<u>Other</u>	\			
Program expenses for				
activiteis, food, arts, crafts	\$9,911	\$18,623	\$18,623	\$47,157
				-
Total Operating Expenses	\$21,181	\$42,363	\$42,363	\$105,907
HSA #3	·			11/18/2020

#### APPENDIX A – SERVICES TO BE PROVIDED

#### BERNAL HEIGHTS NEIGHBORHOOD CENTER - EXCELSIOR LOCATION

#### COMMUNITY SERVICES

#### Effective January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

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Person 18 years of age or older living with a disability

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Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

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Frail

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individual or others.

Grantee

Bernal Heights Neighborhood Center

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

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Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

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**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

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Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

# VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

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- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting.

  Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

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- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

The Outreach and Wellness Coordinator, will conduct wellness calls to existing and past consumers who haven't returned or received services this fiscal year. They will assist with COVID-19 friendly wellness outreach and education about the program and visit housing sites to support existing activities/deliveries.

### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving

services.

## VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>213</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1,400</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>500</u> units of service of translation.
- Grantee will provide 1,500 units of service of social services.
- Grantee will provide 720 units of service of enhanced outreach.

On an annual basis starting July 1, 2021:

- Grantee will serve <u>425</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>2,800</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>1,000</u> units of service of translation.
- Grantee will provide 3,000 units of service of social services.
- Grantee will provide 1,440 units of service of enhanced outreach.

## IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

## X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo Salta@sfgov.org

or

Steve Kim Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6335 Steve.Kim@sfgov.org

## XI. Monitoring Activities

- A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1

# Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name		1	Term	
Bernal Heights Neighborhood Center	Carter		Jan 2021 - J	un 2023
(Check One) New x Renewal Modi				
If modification, Effective Date of Mod. No. of Mo	oa. I			
Program: Community Services - Excelsior Center				
Budget Reference Page No.(s)	4/4/04 0/00/04	7/4/04 0/00/00	74400 000000	Т-1-1
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures	#405 504	0101 501	#404 F04	<b>ቀ</b> ደብር ደብቂ
Salaries & Benefits	\$125,591	\$191,501	\$191,501	\$508,593
Operating Expenses	\$50,376	\$73,477	\$73,477	\$197,330
Subtotal	\$175,967	\$264,978	\$264,978	\$705,923
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%
Indirect Cost	\$26,395	\$39,747	\$39,747	\$105,889
Subcontractor/Capital Expenditure	\$000.000	#204 70F	0004.705	\$044.040
Total Expenditures	\$202,362	\$304,725	\$304,725	\$811,812
USA Barranga				
HSA Revenues	<b>#450.000</b>	4004.705	0004.705	<b>\$704.040</b>
General Fund	\$152,362	\$304,725	\$304,725	\$761,812
ОТО	\$50,000			\$50,000
T-4-1110A Davis	#000 000	<b>6204 705</b>	#004.70F	#044.040
Total HSA Revenue	\$202,362	\$304,725	\$304,725	\$811,812
Ott P			ł	
Other Revenues			1	
TOTAL DAG AND NOVE DAG BEVENUE	0000 000	4004 505	********	4044.040
TOTAL DAS AND NON DAS REVENUE	\$202,362	\$304,725	\$304,725	\$811,812
Full Time Production (CTF)				<u>,</u>
Full Time Equivalent (FTE)	Talambana Mari	445.000.0440		-1 44400000
Prepared by: Pura Nagrampa	Telephone No.:	415-206-2140	Di	ate: 11/18/2020
HSA-CO Review Signature:				
HSA #1				11/18/2020

Program: Community Services - Excelsior Center

Appendix B, Page 2

(Same as Line 11 on HSA #1)

Document Date: December 2020

## Salaries & Benefits Detail

	Agency Totals		HSA Program		DAS budgeted salary			,
Position	Annual Full Time Salary for FTE	Total ETE	% FTE funded by HSA	Adjusted FTE	414104 6120104	7/4/04 6/20/20	7/4/00 6/00/02	Total
	<del>-  </del>	Total FTE	(Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Director of Program	\$80,000	1.00			\$3,200	\$6,400	\$6,400	\$16,000
Asst. Program Director	\$63,440	1.00	100.00%	0.70	\$22,204	\$44,408	\$44,408	\$111,020
Social Services Supervisor	\$52,000	1.00	100.00%	1.00	\$26,000	\$52,000	\$52,000	\$130,000
Social Services Worker	\$47,840	1.00	100.00%	0.63	\$14,950	\$29,900	\$29,900	\$74,750
Senior Program Assistant	\$41,600	1.00	100.00%	0.50	\$10,400	\$20,800	\$20,800	\$52,000
Social Services Coordinator	\$47,840	1.00	100.00%	1.00	\$23,920			\$23,920
					,			<del></del>
Totals	\$332,720	6.00	600.00%	3.91	\$100,674	\$153,508	\$153,508	\$407,690
Fringe Benefits Rate	24.75%							
Employee Fringe Benefits	\$82,348				\$24,917	\$37,993	\$37,993	\$100,903
						i		
Total Salaries and Benefits	\$415,068				\$125,591	\$191,501	\$191,501	\$508,593
HSA #2								11/18/2020

Program: Community Services - Excelsior Center (Same as Line 11 on HSA #1)				ppendix B, Page 3 e: December 2020
		<u> </u>		
	Operating Expense	e Detail		
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Rental of Property	\$20,764	\$41,528	\$41,528	\$103,820
Utilities (Elec, Water, Gas, Phone, Garbage)	\$5,000	\$8,000	\$8,000	\$21,000
Office Supplies, Postage	\$1,000	\$2,520	\$2,520	\$6,040
Building Maintenance Supplies and Repair	\$7,500	\$6,380	\$6,380	\$20,260
Printing and Reproduction	\$500	\$1,000	\$1,000	\$2,500
Insurance	\$1,320	\$2,640	\$2,640	\$6,600
Staff Training	\$500	\$2,000	\$2,000	\$4,500
Staff Travel-(Local & Out of Town)	\$3,000	\$4,800	\$4,800	\$12,600
Rental of Equipment	\$870	\$1,200	\$1,200	\$3,270
Consultant				
Consultant A				
<u>Other</u>				
Program expenses for				
activities, food, arts, crafts	\$9,922	\$3,409	\$3,409	\$16,740
Total Operating Expenses	\$50,376	\$73,477	\$73,477	\$197,330
		•		
HSA #3				11/18/2020

#### APPENDIX A – SERVICES TO BE PROVIDED

## **CATHOLIC CHARITIES**

#### **COMMUNITY SERVICES**

#### Effective January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL);

b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Catholic Charities

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as nonheterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual,

transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black -aperson having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States

Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native

Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the

Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

SOGI

Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC) A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

## IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

# VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Grantee will operate "Catholic Charities van service" to provide transportation services to/from their service site and community programming to those individuals who are not able to use public transportation, or if transportation is not readily available due to the geographic limitations of the community.

5) Adult Day Program and Alzheimer's Day Care Resource Center (ADCRC) - From January 1 through June 30, 2021, Grantee will provide non-medical day program services through an Adult Day Program currently licensed by the California Department of Social Services/Community Care Licensing. Services will be provided to functionally impaired adults and those with Alzheimer's disease or other dementia related disorders. Grantee will ensure services are provided by trained, competent staff. Services will include an individual plan of care in a structured comprehensive program that will provide a variety of social, psychological, and related support services. Services offered will typically include socialization and recreational activities, health monitoring, meals and snacks, assistance with ADL (Activities of Daily Living) and supportive counseling. Education on resources and respite are also provided to the participant families and caregivers. Additionally, Grantee will enlist volunteers to help with the provision of services. Due to social distancing guidelines and health orders related to COVID-19, most services are to be conducted virtually or telephonically. Units of service are measured by the number of hours spent to provide adult day program and ADCRC services.

# VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

• Provide quality services that attain a high satisfaction level from participants.

- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

## VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>225</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1000</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>350</u> units of service of translation.
- Grantee will provide 325 units of service of social services.
- Grantee will provide 425 units of service of enhanced outreach.

#### On an annual basis:

- Grantee will serve <u>450</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>2000</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 700 units of service of translation.
- Grantee will provide <u>650</u> units of service of social services.

• Grantee will provide 850 units of service of enhanced outreach.

For Adult Day Program and ADCRC services provided from January 1 through June 30, 2021:

- Grantee will serve 25 unduplicated Adult Day Program consumers.
- Grantee will service **10** unduplicated ADCRC consumers.
- Grantee will provide 9,250 Adult Day Program hours to consumers.
- Grantee will provide 3,000 ADCRC hours to consumers.
- Grantee will coordinate at least  $\underline{6}$  meetings for the Adult Day Services Collaboration.
- Grantee will provide <u>150</u> caregiver support contacts.
- Grantee will provide 9 education sessions.
- Grantee will enlist 18 volunteers.
- Grantee will provide <u>325</u> volunteer hours.

## IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

For Adult Day Program and ADCRC services provided from January 1 through June 30, 2021:

- At least 85% of survey respondents will indicate that the Adult Day Program has helped the participants remain safely in their current living/housing situation.
- At least 70% of participants enrolled in the Adult Day Program will avoid institutionalization as evidenced by participating in the program for at least 6 months from their date of enrollment.

- At least 85% of caregivers who participate in trainings will indicate that they are more aware of Alzheimer's and dementia related resources.
- At least 85% of caregivers surveyed report feeling less exhausted and isolated by the chronic stress of caregiving, and better able to attend to their own personal needs.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Ofelia Trevino Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3652 ofelia.trevino@sfgov.org

or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 patrick.garcia@sfgov.org

## XI. Monitoring Activities

- <u>Program Monitoring</u>: Program monitoring will include review of compliance to Α. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1
Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

<u></u>				
. Name		,	Terr	n
Catholic Charities			Jan 2021	Jun 2023
(Check One) New _x_ Renewal M	odification			
If modification, Effective Date of Mod. No. of	Mod.			
Program: Community Services				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures			-	
Salaries & Benefits	\$293,193	\$402,067	\$402,067	\$1,097,327
Operating Expenses	\$73,837	\$67,261	\$67,261	\$208,359
Subtotal	\$367,030	\$469,328	\$469,328	\$1,305,686
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%
Indirect Cost	\$55,055	\$70,399	\$70,399	\$195,853
Subcontractor/Capital Expenditure				
Total Expenditures	\$422,086	\$539,727	\$539,727	\$1,501,540
HSA Revenues				
General Fund	\$408,586	\$539,727	\$539,727	\$1,488,040
OTO FY 20/21 (Breaking Bread)	\$13,500			\$13,500
·				
	_			
				<del></del>
				·
Total HSA Revenue	\$422,086	\$539,727	\$539,727	\$1,501,540
Other Revenues				
Foundation / Grants	\$60,000	\$60,000	\$60,000	\$180,000
Program Income / Fees	\$8,000	\$22,790	\$22,790	\$53,580
TOTAL DAS AND NON DAS REVENUE	\$490,086	\$622,517	\$622,517	\$1,735,120
Full Time Equivalent (FTE)				
Prepared by: Patty Clement / Delilah Perez	Telephone No.: 415-	452-3504 / 415-972-	1208	Pate: 11/18/20
HSA-CO Review Signature:	, <u>, , , , , , , , , , , , , , , , , , </u>			
HSA #1				10/25/2016

Program: Community Services (Same as Line 11 on HSA #1)

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Document Date: December 2020

## Salaries & Benefits Detail

	Agenc	y Totals	HSA P	rogram		DAS budge	eted salary	
	Annual Full Time Salary for		% FTE funded by HSA					<b>T</b> ( )
Position	FTE	Total FTE	(Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Division Director	\$134,985	1.00	33%	0.33	\$22,273	\$44,545	\$44,545	\$111,363
Program Manager	\$76,343	1.00	14%	0.14	\$5,344	\$10,688	\$10,688	\$26,720
Activities Coordinator	\$49,658	1.00	100%	1.00	\$24,829	\$49,658	\$49,658	\$124,145
Prog Asst #1	\$39,292	0.95	100%	0.95	\$18,664	\$37,327	\$37,327	\$93,318
Program Director - OMI	\$74,088	1.00	100%	1.00	\$37,044	\$74,088	\$74,088	\$185,220
Prog Asst #2 CE	\$39,292	0.90	72%	0.65	\$12,731	\$25,461	\$25,461	\$63,653
Prog Asst - Art Teacher	\$76,150	0.22	100%	0.22	\$8,377	\$16,753	\$16,753	\$41,883
Food Serv Coor	\$37,336	0.95	100%	0.95	\$17,735	\$17,735	\$17,735	\$53,205
Project Coordinator	\$48,875	1.00	31%	0.31	\$7,576	\$15,151	\$15,151	\$37,878
Prog Asst- On Call	\$39,292	0.22	100%	0.22	\$4,322	\$8,644	\$8,644	\$21,610
Division Director	\$134,985	1.00	24%	0.24	\$16,198			\$16,198
Program Director ADC / ADCRC	\$72,982	1.00	60%	0.60	\$21,895			\$21,895
Activity Coordinator	\$48,875	1.00	69%	0.69	\$16,862			\$16,862
Prog/Activity Asst-#1	\$39,292	0.90	28%	0.25	\$4,951			\$4,951
Totals	\$911,445	12.14	931.0%	7.55	\$218,801	\$300,050	\$300,050	\$818,901
		t <sup>.</sup>						
Fringe Benefits Rate	34.00%	No. on Valley at Sunna Strong at Sunna Strong and Allenda Strong and Sun	an elle an el Pelano, eller e al Person Mentals (Mario Mental)	ann chrometry sounds or story of the collision of the collision				<del></del>
Employee Fringe Benefits	\$309,891				\$74,392	\$102,017	\$102,017	\$278,426
							T	<u></u>
Total Salaries and Benefits	\$1,221,336		100 CV2 V		\$293,193	\$402,067	\$402,067	\$1,097,327
HSA #2								10/25/2016

Program: Community Services			A	ppendix B, Page 3
(Same as Line 11 on HSA #1)			Document Dat	e: December 2020
	Operating Expense	e Detail		
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Rental of Property	\$42,625	\$29,624	\$29,624	\$101,873
Utilities (Elec, Water, Gas, Phone, Garbage)	\$14,381	\$15,968	\$15,968	\$46,317
Office Supplies, Postage	\$950_	\$650	\$650	\$2,250
Building Maintenance Supplies and Repair	\$950	\$850	\$850	\$2,650
Printing and Reproduction Insurance	\$6,500	\$6,508	\$6,508	\$19,516
Staff Training	· · · · · · · · · · · · · · · · · · ·			
Staff Travel-(Local & Out of Town)	\$750	\$1,000	\$1,000	\$2,750
Rental of Equipment	\$1,618	\$1,544	\$1,544	\$4,706
Consultant				
Consultant A				
<u>Other</u>				
Computer Related	\$750	\$850	\$850	\$2,450
Program Food & Supplies	\$4,713	\$9,067	\$9,067	\$22,847
Marketing & Advertsing Outreach	\$600	\$1,200	\$1,200	\$3,000
<del></del>				
Total Operating Expenses	\$73,837	\$67,261	\$67,261	\$208,359
HSA #3		·		10/25/2016

## APPENDIX A - SERVICES TO BE PROVIDED

#### CENTRO LATINO DE SAN FRANCISCO

#### COMMUNITY SERVICES

## Effective January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Centro Latino de San Francisco

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

SOGI

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

#### III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

## IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

## VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts will not be provided under this specific grant.

## VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

## VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>208</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>518</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 65 units of service of translation.
- Grantee will provide <u>434</u> units of service of social services.
- Grantee will provide 0 units of service of enhanced outreach.

For the period July 1, 2021 – June 30, 2022:

- Grantee will serve <u>416</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1,107</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 130 units of service of translation.
- Grantee will provide <u>868</u> units of service of social services.
- Grantee will provide  $\underline{0}$  units of service of enhanced outreach.

For the period July 1, 2022 – June 30, 2023:

- Grantee will serve <u>416</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1,436</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>130</u> units of service of translation.
- Grantee will provide 868 units of service of social services.
- Grantee will provide <u>0</u> units of service of enhanced outreach.

# IX. Outcome Objectives

• 80% of participants surveyed will receive the services and/or activities they need from the agency.

- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

## X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.

- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

or

Tahir Shaikh Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6085

Tahir.Shaikh@sfgov.org

## XI. Monitoring Activities

A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix f	B, Page	1
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Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

7/1/21-6/30/22 \$95,016 \$20,752 \$115,768	Jan 2021 - 7/1/22-6/30/23 \$95,016 \$20,752 \$115,768	1/1/21 - 6/30/23 Total \$236,963 \$52,457 \$289,420
\$95,016 \$20,752 \$115,768	\$95,016 \$20,752	Total \$236,963 \$52,457
\$20,752 \$115,768	\$20,752	\$236,963 \$52,457
\$20,752 \$115,768	\$20,752	\$52,457
\$115,768		
	\$115,768	\$289,420
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\$115,768	\$115,768	\$289,420
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\$115,768	\$115,768	\$289,420
	·	
\$115,768	\$115,768	\$289,420
(415) 286-0883		11/12/2020
		. 11 7 20 20 4 20 4
	\$115,768 \$115,768 (415) 286-0883	\$115,768 \$115,768

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2 Document Date: December 2020

#### Salaries & Benefits Detail

					<del></del>		<del></del>	
	Agency	/ Totals	HSA P	rogram		DAS budge	eted salary	·
	Annual Full Time Salary for		% FTE funded by HSA					
Position	FTE	Total FTE	(Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21-6/30/22	7/1/22-6/30/23	1/1/21 - 6/30/23
Last name, Title/function						·		
Executive Director	79,040	100%	0.09	9%	\$3,666	\$7,332	\$7,332	\$18,330
Assoc Director/Facilities Manager	72,800	75%	0.31	23%	<u> </u>	\$16,740	\$16,740	\$41,852
Nutritionist/Qualify Assurance	47,840	100%	0.15	15%	\$3,588	\$7,176	\$7,176	\$17,940
Accountant	72,800	38%	0.23	9%	\$3,198	\$6,396	\$6,396	\$15,990
Social Worker	45,760	93%	0.22	21%	\$4,718	\$9,432	\$9,432	\$23,582
Janitor	35,360	50%	0.25	13%	\$2,237	\$4,476	\$4,476	\$11,189
Kitchen Aid	49,920	100%	0.35	35%	\$8,630	\$17,256	\$17,256	\$43,142
Driver I	37,440	63%	0.10	6%	\$1,170	\$2,340	\$2,340	\$5,850
Support Serv. Assit/Site Manager	35,360	30%	0.85	26%	\$4,522	\$9,036	\$9,036	\$22,594
Controller	93,600	13%	0.21	3%	\$1,303	\$2,604	\$2,604	\$6,511
Total	\$569,920	662%	2.77	158%	\$41,404	\$82,788	\$82,788	\$206,980
Fringe Benefits Rate	15%							
Employee Fringe Benefits	\$85,488				\$5,527	\$12,228	\$12,228	\$29,983
Total Salaries and Benefits	\$655,408				\$46,931	\$95,016	\$95,016	\$236,963
HSA #2								11/12/2020

Program: Community Services				Appendix B, Page 3
(Same as Line 11 on HSA #1)			Document D	ate: December 2020
	Operating Expense	e Detail		
	1/1/21 - 6/30/21	7/1/21-6/30/22	7/1/22-6/30/23	1/1/21 - 6/30/23
Expenditure Category				
Rental of Property	-	-	-	-
Utilities (Elec, Water, Gas, Phone, Garbage)	\$5,187	\$10,314	\$10,314	\$25,815
Office Supplies, Postage	\$860	\$2,716	\$2,716	\$6,292
Building Maintenance Supplies and Repair	-	1,358.00	1,358.00	2,716.00
Printing and Reproduction	\$712	\$1,424	\$1,424	\$3,560
Payroll Services	244.00	\$488_	\$488_	\$1,220
Staff Training				
Audit	500.00	\$1,000	\$1,000	\$2,500
Education and Program Supplies	3,450.00	\$3,452	\$3,452	\$10,354
Consultant				
Consultant A		-		-
<u>Other</u>	<u>.</u> .			
*				
Total Operating Expenses	\$10,953	\$20,752	\$20,752	\$52,457
HSA #3				11/12/2020

#### APPENDIX A - SERVICES TO BE PROVIDED

## **Curry Senior Center**

#### **COMMUNITY SERVICES**

## Effective January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL);

b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Curry Senior Center

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

SOGI

Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

## IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

## VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

In order to better raise community awareness of Curry Senior Center's programs, Curry Senior Center staff will participate in various larger community events including Project Homeless Connect, Community Housing Partnership's Senior Brownbag event, Tenderloin Sunday Streets, and other relevant events.

## VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving

services.

## VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>100</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>369</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 57 units of service of translation.
- Grantee will provide 44 units of service of social services.
- Grantee will provide 13 units of service of enhanced outreach.

For the period July 1, 2021 – June 30, 2022:

- Grantee will serve <u>300</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1106</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 169 units of service of translation.
- Grantee will provide 131 units of service of social services.
- Grantee will provide <u>38</u> units of service of enhanced outreach.

For the period July 1, 2022 – June 30, 2023:

- Grantee will serve <u>400</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1475</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 225 units of service of translation.
- Grantee will provide <u>175</u> units of service of social services.
- Grantee will provide 50 units of service of enhanced outreach.

#### IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

## X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).

- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Rick Appleby Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3644 Rick.appleby@sfgov.org

or

Ella Lee Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6134 Ella.lee@sfgov.org

# XI. Monitoring Activities

Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always

- available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1

Document Date: 11/17/2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name		1	Term				
Curry Senior Center			Jan 2021 -	Jun 2023			
(Check One) New _x_ Renewal _	<del>-</del> -						
If modification, Effective Date of Mod.	No. of Mod.	· · · · · · · · · · · · · · · · · · ·					
Program: Community Services							
Budget Reference Page No.(s)	4/4/04 0/00/04	7/4/04 6/00/00	7/4/00 6/00/00	Tatal			
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total			
Expenditures							
Salaries & Benefits	\$125,310	\$250,620	\$250,620	\$626,550			
Operating Expenses	\$33,739	\$67,477	\$67,477	\$168,693			
Subcontractor/Capital Expenditure							
Subtotal	\$159,049	\$318,097	\$318,097	\$795,243			
Salary and Operating Expenditure							
eligible for indirect	\$143,049	\$286,097	\$286,097				
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%			
Indirect Cost	\$21,457	\$42,914	\$42,914	\$107,285			
Total Expenditures	\$180,506	\$361,011	\$361,011	\$902,528			
				,			
HSA Revenues							
General Fund	\$180,506	\$361,011	\$361,011	\$902,528			
Total UCA Dovonia	6400 F00	#004 044	#204 044	¢000 E00			
Total HSA Revenue	\$180,506	\$361,011	\$361,011	\$902,528			
Other Revenues							
Outer nevertues							
				· · · · · · · · · · · · · · · · · · ·			
والمستواة ويستانه ويستان ويستان ويستان ويستان ويستان والمتاركة والمتاركة المراكبة والمتاركة والمتاركة والمتاركة							
TOTAL DAS AND NON DAS REVENUE	\$180,506	\$361,011	\$361,011	\$902,528			
Full Time Equivalent (FTE)							
Prepared by:	Telephone No.:			Date:			
HSA-CO Review Signature:							
	· <del>-</del>						
SA #1 11/17/2020							

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2 Document Date: 11/17/2020

#### Salaries & Benefits Detail

Salaries & Benefits Detail								
	Agency *	Cotals	HSA Pro	gram	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Budget	Budget	Budget
Senior Center Director	\$93,675	1.00	56,28%	0.56	\$26,360	\$52,720	\$52,720	\$131,800
Manager-Chinese	\$56,550	1.00	17.68%	0.18	\$5,000	\$10,000	\$10,000	\$25,000
Program Assistant-Lao	\$40,112	0,53	42.07%	0.22	\$4,500	\$9,000	\$9,000	\$22,500
Program Assistant-Russian	\$40,112	0,67	33,65%	0.22	\$4,500	\$9,000	\$9,000	\$22,500
Program Assistant-Vietnamese	\$39,000	0,80	28,85%	0.23	\$4,500	\$9,000	\$9,000	\$22,500
Program Assistant-Vietnamese	\$39,000	0,69	100.00%	0.69	\$13,520	\$27,040	\$27,040	\$67,600
Program Advocate	\$39,780	0.96	56,78%	0.65	\$10,840	\$21,685	\$21,685	\$54,210
Program Assistant-Tagalog	\$46,800	0,96	80,00%	0.77	\$17,970	\$35,940	\$35,940	\$89,850
Program Assistant-LGBT	\$40,950	1,00	32.72%	0.33	\$6,700	\$13,400	\$13,400	\$33,500
Wellness Program Manager	\$88,725	1,00	5.64%	0.06	\$2,500	\$5,000	\$5,000	\$12,500
Totals	\$524,704	8.61	453,67%	3.81	\$96,390	\$192,785	\$192,785	\$481,960
Fringe Benefits Rate	30.00%							
Employee Fringe Benefits	\$157,411				\$28,920	\$57,835	\$57,835	\$144,590
Total Salaries and Benefits	\$600 44F				#4DE 040	#250.000	6050.600	######################################
TOTAL SAIMINES AND BENEFITS	\$682,115				\$125,310	\$250,620	\$250,620	\$626,550
HSA #2								11/17/2020

Program: Community Services			• •	oendix B, Page 3
(Same as Line 11 on HSA #1)			Document (	Date: 11/17/2020
	Operating Expens	e Detail		
·	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Rental of Property				
Utilities (Elec, Water, Gas, Phone, Garbage)	\$4,500	\$9,000	\$9,000	\$22,500
Office Supplies, Postage	\$3,100	\$6,200	\$6,200	\$15,500
Building Maintenance Supplies and Repair	\$3,029	\$6,047	\$6,047	\$15,123
Printing and Reproduction				
Insurance	\$3,050	\$6,100	\$6,100	\$15,250
Staff Training	, <u></u>			
Staff Travel-(Local & Out of Town)	<del></del>		<del></del>	
Rental of Equipment				·
<u>Consultant</u>				
Movement and Meditation	\$1,170	\$2,340	\$2,340	\$5,850
				**************************************
<u>Other</u>				
Program supplies	\$1,550	\$3,110	\$3,110	\$7,770
Payroll fees	\$300	\$600	\$600	\$1,500
Recruitment	\$200	\$400	\$400	\$1,000
Computer Support	\$840	\$1,680	\$1,680	\$4,200
St. Anthony's - Outreach & Safety (no indirect)	\$16,000	\$32,000	\$32,000	\$80,000
Total Operation Fundamen	<b>#</b> 92 700	<b>#</b> 07.477	ተለማ ለማ	#460.000
Total Operating Expenses	\$33,739	\$67,477	\$67,477	\$168,693
*** - **-				

HSA #3

11/17/2020

# APPENDIX A - SERVICES TO BE PROVIDED

#### EPISCOPAL COMMUNITY SERVICES

#### COMMUNITY SERVICES

## Effective January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

## II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Episcopal Community Services

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

SOGI

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

## IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

## V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

## VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting.

  Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Grantee's enhanced outreach includes sending staff and informational materials to shelters, housing sites, adult education, and vocational programs to raise awareness about Episcopal Community Services programs for older adults and adults with disabilities. Grantee will also participate in three monthly sector-specific DAS community partnership meetings – Latinx partnership, African-American partnership, and Asian Pacific Islander partnership. The grantee will share information, resources, and discuss target population needs at these partnership meetings.

# VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health

(CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>270</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1200</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>227</u> units of service of translation.
- Grantee will provide <u>688</u> units of service of social services.
- Grantee will provide **85** units of service of enhanced outreach.

On an annual basis, starting July 1, 2021:

- Grantee will serve <u>540</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>2400</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>454</u> units of service of translation.
- Grantee will provide <u>1377</u> units of service of social services.
- Grantee will provide 170 units of service of enhanced outreach.

## IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.

• 80% of participants surveyed will increase their socialization opportunities and interaction with others.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Ofelia Trevino
Program Analyst
P.O. Box 7988
San Francisco, CA 94120
(415) 355-3652
ofelia.trevino@sfgov.org

or

Rocio Duenas Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5626 rocio.duenas@sfgov.org

# XI. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to Α. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

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**Document Date** 

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name	Term				
EPISCOPAL COMMUNITY SERVICES OF SAN			January 1, 2021 - June 30, 2023		
(Check One) New _x Renewal	· <del></del>				
	of Mod.				
Program: Community Services					
Budget Reference Page No.(s)				Total	
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	1/1/21 - 6/30/23	
Expenditures					
Salaries & Benefits	\$99,990	\$199,978	\$199,978	\$499,946	
Operating Expenses	\$15,780	\$31,560	\$31,560	\$78,900	
Subtotal	\$115,770	\$231,538	\$231,538	\$578,846	
Indirect Percentage (%)	12.00%	12.00%	12.00%	12.009	
Indirect Cost	\$13,892	\$27,785	\$27,785	\$69,462	
Subcontractor/Capital Expenditure					
Total Expenditures	\$129,662	\$259,323	\$259,323	\$648,308	
	}				
HSA Revenues					
General Fund	\$129,662	\$259,323	\$259,323	\$648,308	
·					
				<b>.</b>	
Total HSA Revenue	\$129,662	\$259,323	\$259,323	\$648,308	
	ł				
Other Revenues					
TOTAL DAS AND NON DAS REVENUE	\$129,662	\$259,323	\$259,323	\$648,308	
	Ψ125,002	\$200,020	\$200,020	4040,000	
Full Time Equivalent (FTE)	2.25	2.25	2.25	<del>,</del>	
Prepared by: Evelyn L. Lam		415-487-3300 X 121		11/16/20	
HSA-CO Review Signature:					
HSA #1				10/25/201	

Program: Community Services (Same as Line 11 on HSA #1)

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# Salaries & Benefits Detail

	Agency To	tals	HSA Program		DAS budgeted salary			
	Annual Full Time		% FTE funded by HSA					Total
Position	Salary for FTE	Total FTE	(Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	1/1/21 - 6/30/23
Program Manager	\$87,360	1.00	50.00%	0.50	\$21,840	\$43,680	\$43,680	\$109,200
Soc Svs Specialist/CM III	\$62,670	1.00	100.00%	1.00	\$31,335	\$62,670	\$62,670	\$156,675
Activities Coordinator II	\$45,116	1.00	50.00%	0.50	\$11,279	\$22,558	\$22,558	\$56,395
Director of Healthy Aging	\$119,776	1.00	25.00%	0.25	\$14,972	\$29,944	\$29,944	\$74,860
					· · · · · · · · · · · · · · · · · · ·			
Totals	\$314,922	4.00	225.00%	2.25	\$79,426	\$158,852	\$158,852	\$397,130
Fringe Benefits Rate	26.00%			-				
Employee Fringe Benefits	\$81,880				\$20,564	\$41,126	\$41,126	\$102,816
							·	· · · · · · · · · · · · · · · · · · ·
Total Salaries and Benefits	\$396,802				\$99,990	\$199,978	\$199,978	\$499,946
HSA #2								10/25/2016

Program: Community Services	. — — — — — — — — — — — — — — — — — — —	<u> </u>		Appendix B, Page 3				
(Same as Line 11 on HSA #1)				11/16/2020				
	Operating Expense	e Detail						
	1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/22 - 6/30/23							
Expenditure Category	1/1/21 - 0/30/21	111121 - 0130122	111122 - 0130123	1/1/21 - 6/30/23				
Rental of Property								
Utilities (Elec, Water, Gas, Phone, Garbage)								
Office Supplies, Postage	\$850	\$1,700	\$1,700	\$4,250				
Building Maintenance Supplies and Repair	\$6,000	\$12,000	\$12,000	\$30,000				
Printing and Reproduction	\$600	\$1,200	\$1,200	\$3,000				
Insurance	\$750	\$1,500	\$1,500	\$3,750				
Staff Training	\$515	\$1,030	\$1,030	\$2,575				
Staff Travel-(Local & Out of Town)	\$750	\$1,500	\$1,500	\$3,750				
Rental of Equipment								
<u>Consultant</u>								
Consultant A				<u></u>				
Other								
Telecommunications	\$1,375	\$2,750	\$2,750	\$6,875				
Program/Client Supplies	\$4,890	\$9,780	\$9,780	\$24,450				
Staff Recruitment	\$50	\$100	\$100	\$250				
Total Operating Expenses	\$15,780	\$31,560	\$31,560	\$78,900				
HSA #3	·			10/25/2016				

# APPENDIX A - SERVICES TO BE PROVIDED

## **FELTON INSTITUTE**

#### **COMMUNITY SERVICES**

# Effective January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

## II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction: c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Felton Institute

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

OCP

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

## V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

# VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

As a relatively new Community Services site, Grantee's enhanced outreach will work to develop meaningful collaborations with residents and other stakeholders in the Visitacion Valley Community in order to gain better knowledge of community needs and raise awareness of Grantee's service offerings at 66 Raymond. Grantee will continue to participate in the Visitacion Valley Services Collaborative (a collective of 11 community based organizations operating in the neighborhood), the Visitacion Valley Neighborhood Association, and the Visitacion Valley Family Center Advisory Committee in order to pursue these goals.

# VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the

Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

# For Community Services provided from January 1, 2021 to June 30, 2021:

- Grantee will serve <u>108</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>414</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>113</u> units of service of translation.
- Grantee will provide <u>75</u> units of service of social services.
- Grantee will provide 65 units of service of enhanced outreach.

# For Community Services provided from July 1, 2021 to June 30, 2022:

- Grantee will serve <u>216</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>828</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>225</u> units of service of translation.
- Grantee will provide <u>150</u> units of service of social services.
- Grantee will provide 130 units of service of enhanced outreach.

## For Community Services provided from July 1, 2022 to June 30, 2023:

- Grantee will serve <u>288</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1,104</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>300</u> units of service of translation.
- Grantee will provide 200 units of service of social services.
- Grantee will provide <u>173</u> units of service of enhanced outreach. (Enter 0 if no enhanced outreach.)

# IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

## X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.

- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Reanna Albert
Program Analyst
P.O. Box 7988
San Francisco, CA 94120
(415) 557-6693
reanna.albert@sfgov.org

or

Rocio Duenas Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5626 rocio.duenas@sfgov.org

## XI. Monitoring Activities

A. <u>Program Monitoring</u>: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and

progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1
Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name: Felton Institute	Term			
·			January 1, 2021	- June 30, 2023
(Check One) New _x_ Renewal Modi	fication			
If modification, Effective Date of Mod. No. of Mo	od			
Program: Community Services				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$40,603	\$81,206	\$81,206	\$203,015
Operating Expenses	\$11,984	\$25,185	\$25,185	\$62,354
Subtotal	\$52,587	\$106,391	\$106,391	\$265,369
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%
Indirect Cost	\$7,888	\$15,959	\$15,959	\$39,806
Subcontractor/Capital Expenditure	\$21,338	\$41,275	\$41,275	\$103,888
Total Expenditures	\$81,813	\$163,625	\$163,625	\$409,063
				,
HSA Revenues			į	
General Fund	\$81,813	\$163,625	\$163,625	\$409,063
Total HSA Revenue	\$81,813	\$163,625	\$163,625	\$409,063
Other Revenues				,
TOTAL DAS AND NON DAS REVENUE	\$81,813	\$163,625	\$163,625	\$409,063
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:	:		Date: 5/10/18
HSA-CO Review Signature:			<u> </u>	
				•
HSA #1				11/18/2020

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2

Document Date: December 2020

# Salaries & Benefits Detail

	Agency T	otals	HSA Program		DAS budgeted salary			
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)		1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Program Manager	\$70,000	1.00	<del></del>			\$9,660	\$9,660	\$24,150
Activities Coordinator	\$50,000	1.00	<del> </del>	<del> </del>	<del></del>	\$50,000	\$50,000	\$125,000
Senior Division Director	\$155,000	1.00	1,81%	0.02	\$1,403	\$2,806	\$2,806	\$7,015
Totals	\$275,000	3.00	115.61%	1.16	\$31,233	\$62,466	\$62,466	\$156,165
Fringe Benefits Rate	30.00%	ļ				·		
Employee Fringe Benefits	\$82,500				\$9,370	\$18,740	\$18,740	\$46,850
		(SI)						
Total Salaries and Benefits	\$357,500				\$40,603	\$81,206	\$81,206	\$203,015
HSA #2								11/18/2020

Program: Community Services			Α	ppendix B, Page 3
(Same as Line 11 on HSA #1)			Document Dat	e: December 2020
	Operating Expense	e Detail		
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Rental of Property	\$4,200	\$8,400	\$8,400	\$21,000
Utilities (Elec, Water, Gas, Phone, Garbage)	\$2,600	\$8,185	\$12,000	\$22,785
Office Supplies, Postage	\$1,000	\$2,000	\$2,000	\$5,000
Building Maintenance Supplies and Repair				
Printing and Reproduction	· · · · · · · · · · · · · · · · · · ·			
Insurance	\$402	\$800	\$798	\$2,000
Staff Training				
Staff Travel-(Local & Out of Town)	\$182	\$400	\$364	\$946
Rental of Equipment			<u> </u>	
				······································
Consultant				
Consultant A				
				<u> </u>
Other				
Activities Supplies and Program Expenses	\$3,600	\$5,400	\$1,623	\$10,623
				<del></del>
Total Operating Expenses	¢44.004	£0E 40E	<b>4</b> 25 405	\$62,354
Total Operating Expenses	\$11,984	\$25,185	\$25,185	<b>Φ</b> 02,334
HSA #3				11/18/2020

## APPENDIX A-1 – SERVICES TO BE PROVIDED

## Golden Gate Senior Services: Castro Center

#### **COMMUNITY SERVICES**

# Effective January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### 11. Definitions

Adult with a

Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Golden Gate Senior Services

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States

Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native

Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

## V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

# VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- 1) Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Enhanced outreach efforts will not be provided under this specific grant.

## VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

## VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>75</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>635</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide  $\underline{0}$  units of service of translation.
- Grantee will provide 0 units of service of social services.
- Grantee will provide **0** units of service of enhanced outreach.

For the period July 1, 2021 – June 30, 2022:

- Grantee will serve <u>225</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>938</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide **0** units of service of translation.
- Grantee will provide  $\underline{0}$  units of service of social services.
- Grantee will provide  $\underline{\mathbf{0}}$  units of service of enhanced outreach.

For the period July 1, 2022 – June 30, 2023:

- Grantee will serve <u>300</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>2500</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide  $\underline{\mathbf{0}}$  units of service of translation.
- Grantee will provide  $\underline{0}$  units of service of social services.
- Grantee will provide **0** units of service of enhanced outreach.

## IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).

- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Rick Appleby Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3644 Rick. appleby@sfgov.org

or

Ella Lee Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6134 Ella.lee@sfgov.org

# XI. Monitoring Activities

A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always

- available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

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7	Name	•	ı	Terr	
8	Golden Gate Senior Services			Jan 2021 -	Jun 2023
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	If modification, Effective Date of Mod. No. of M	lod.			
	Program: Community Services, Castro	<u> </u>			
	Budget Reference Page No.(s)	<u> </u>			
	Program Term	1/1/21 - 6/30/21	FY 21/22	FY 22/23	Total
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16	<b></b>		]		
	Salaries & Benefits	\$57,387	\$109,800	\$109,800	\$276,987
	Operating Expenses	\$32,647	\$62,668	\$62,668	\$157,983
_	Subtotal	\$90,034	\$172,468	\$172,468	\$434,970
	Indirect Percentage (%)	15.00%	<del> </del>	15.00%	10.00%
21		\$13,505	\$25,869	\$25,869	\$51,738
22					·
23	<u> </u>	<u> </u>			
24	Total Expenditures	\$103,539	\$198,337	\$198,337	\$486,708
25					
26	HSA Revenues			ł	
27	General Fund	\$103,539	\$198,337	\$198,337	\$500,213
28					
29					
30					
31					
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34					
35	Total HSA Revenue	\$103,539	\$198,337	\$198,337	\$500,213
36					
37	Other Revenues				
38			}		
39					
40					
41			-		
42					
Γ_					
43	TOTAL DAS AND NON DAS REVENUE	\$103,539	\$198,337	\$198,337	\$500,213
44					
	Full Time Equivalent (FTE)				
	Prepared by:			[	Date: 5/10/18
	HSA-CO Review Signature:				
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5	{			Salaries	s & Benefits C	Detali			}				
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7	•	Agency	Totals	HSA P	rogram	1/1/21 - 6/30/21	FY 21/22	FY 22/23	Total				
l	Į.	Annual Full		% FTE funded	ĺ		}	}	j				
	Position	Time Salary for FTE	Total FTE	by HSA (Max 100%)	Adjusted FTE	Budget	Budget	Budget	Budget				
	Executive Olrector	\$89,600	0.50	50.00%	0.25	\$11,200	\$17,920	\$17,920	\$47,040				
	CSS Director	\$81,000	1.00	100.00%	1.00	\$40,500	\$81,000	\$81,000	\$202,500				
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	Totals	\$170,600	1.50	150.00%	1.25	\$51,700	\$98,920	\$98,920	\$249,540				
20	•	11,00%							1				
	Fringe Benefits Rate Employee Fringe Benefits	\$18,766				\$5,687	\$10,880	\$10,880	\$27,447				
23	4	410,700 j				100,04	\$10,000	\$10,000 }	\$21,441				
24		\$189,366				\$57,387	\$109,800	\$109,800	\$276,987				
25		<u>\$100,000 }</u>		<u> </u>		Ψ01,001 [	\$103,000	3,00,000	3210,001				
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1	Program: Community Services,		<u>n                                      </u>	[3]	0	P)	<u> </u>		ndix B, Page 3
2	(Same as Line 11 on HSA #1)	Castio					Document		December 2020
3							Document	Date, i	December 2020
4	†								
5			Operating	Exper	se Detail				
6	1		-						
7	·	Term	1/1/21 - 6/30/2		FY 21/22		FY 22/23		Total
	Expenditure Category								
	Rental of Property		\$18,58	7	\$39,035	,	\$39,035		\$96,657
_	Utilities (Elec, Water, Gas, Pho	ne. Garbage)			\$11,700		\$11,700		\$26,860
	Office Supplies, Postage		\$2,10		\$500		\$500		\$3,100
	Building Maintenance Supplies	and Repair	\$4,70		\$11,433	 }	\$11,433		\$27,566
	Printing and Reproduction	•	- <u></u>				<u>,</u>		
	Insurance								
16	Staff Training								
17	Staff Travel-(Local & Out of Tov	vn)						<del></del>	
18	Rental of Equipment								
19	}								
20	Consultant								1
21	Consultant A								
22									
23									
24									
25	Higher Learning		•						
26	Accessible Yoga		\$3,80	0					\$3,800
27							<u>, , , , , , , , , , , , , , , , , , , </u>		
28		<del></del>					· · · · · · · · · · · · · · · · · · ·		
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32									
	Total Operating Expenses	<del></del>	\$32,64	<u>7                                    </u>	\$62,668	<u> </u>	\$62,668		\$157,983
34	<b>.</b>								
35	HSA #3								10/25/2016

#### APPENDIX A-1 – SERVICES TO BE PROVIDED

Golden Gate Senior Services: Richmond Senior Services

#### **COMMUNITY SERVICES**

# Effective January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Golden Gate Senior Services

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

# VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting.

  Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Enhanced outreach efforts will not be provided under this specific grant.

## VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

For the period January 1, 2021 - June 30, 2021:

- Grantee will serve <u>82</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>588</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 100 units of service of translation.
- Grantee will provide 113 units of service of social services.
- Grantee will provide 0 units of service of enhanced outreach.

For the period July 1, 2021 – June 30, 2022:

- Grantee will serve <u>244</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1763</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 300 units of service of translation.
- Grantee will provide <u>338</u> units of service of social services.
- Grantee will provide <u>TBD</u> units of service of enhanced outreach. (Enter 0 if no enhanced outreach.)

For the period July 1, 2022 – June 30, 2023:

- Grantee will serve <u>325</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>2350</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 400 units of service of translation.
- Grantee will provide 450 units of service of social services.
- Grantee will provide <u>TBD</u> units of service of enhanced outreach. (Enter 0 if no enhanced outreach.)

## IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).

- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Rick Appleby Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3644 Rick. appleby@sfgov.org

or

Ella Lee Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6134 Ella.lee@sfgov.org

# XI. Monitoring Activities

A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always

- available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM		A	В	C	D I	E
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Name   Term	3	HUMAN SERVICES AGE	NCY BUDGET SUI	MMARY		11/23/2020
GOLDEN GATE SENIOR SERVICES   1/1/21-6/30/23   (Check One) New Renewal x Modification	4		BY PROGRA	<u> </u>		
Check One   New   Renewal x Modification	5	Name		Term		
If modification, Effective Date of Mod.   No. of Mod.	6	GOLDEN GATE SENIOR SERVICES		1/1/21-6/30/23		
Program: Community Services - Richmond Senior Center	7	(Check One) New Renewal x M	odification			
Budget Reference Page No.(s)	8	If modification, Effective Date of Mod.	No. of Mod.			
Program Term	9	Program: Community Services - Richm	ond Senior Center			
Program Term	10	Budget Reference Page No.(s)			-	1/1/21-6/30/23
Salaries & Benefits         \$154,023         \$262,886         \$262,886         \$679,795           Operating Expenses         \$18,486         \$10,649         \$39,784           Subtotal         \$172,509         \$273,535         \$273,535         \$719,579           Indirect Percentage (%)         15%         15%         15%           Indirect Cost (Line 16 X Line 15)         \$25,876         \$41,030         \$107,937           Subcontractor/Capital Expenditures         \$0         \$0         \$0           Total Expenditures         \$198,385         \$314,565         \$314,565         \$827,516           HSA Revenues         \$198,385         \$314,565         \$314,565         \$827,515           TOTAL HSA REVENUES         \$198,385         \$314,565         \$314,565         \$827,515           Other Revenues         \$198,385         \$314,565         \$314,565         \$827,515           Total Revenues         \$198,385         \$314,565         \$314,565         \$827,515           Full Time Equivalent (FTE)         Telephone No.:         Telephone No.:	11	Program Term	1/1/21-6/30/21	7/1/21-6/30/22	7/1/22-6/30/23	Total
Operating Expenses	12	·				
Subtotal   \$172,509   \$273,535   \$273,535   \$719,579     Indirect Percentage (%)   15%   15%   15%     Indirect Cost (Line 16 X Line 15)   \$25,876   \$41,030   \$41,030   \$107,937     Subcontractor/Capital Expenditures   \$0   \$0   \$0     Total Revenues   \$198,385   \$314,565   \$314,565   \$827,515     Full Time Equivalent (FTE)   Prepared by: Telephone No.:	13	Salaries & Benefits	\$154,023	\$262,886	\$262,886	\$679,795
Indirect Percentage (%)	14	Operating Expenses	\$18,486	\$10,649	\$10,649	\$39,784
Indirect Cost (Line 16 X Line 15)			\$172,509	\$273,535	\$273,535	\$719,579
Subcontractor/Capital Expenditures   \$0   \$0   \$0   \$0   \$0   \$0   \$0   \$			15%	15%		
Total Expenditures	17	Indirect Cost (Line 16 X Line 15)	\$25,876	\$41,030	\$41,030	\$107,937
HSA Revenues   \$198,385   \$314,565   \$314,565   \$827,515						
Seneral Fund			\$198,385	\$314,565	\$314,565	\$827,516
TOTAL HSA REVENUES \$198,385 \$314,565 \$314,565 \$827,515  Other Revenues \$198,385 \$314,565 \$314,565 \$827,515  Full Time Equivalent (FTE)  Prepared by: Telephone No.:	20	i				
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TOTAL HSA REVENUES         \$198,385         \$314,565         \$314,565         \$827,515           Other Revenues         \$198,385         \$314,565         \$314,565         \$827,515           Total Revenues         \$198,385         \$314,565         \$314,565         \$827,515           Full Time Equivalent (FTE)         Telephone No.:	27					
Other Revenues         \$ 198,385         \$ 314,565         \$ 314,565         \$ 827,515           Full Time Equivalent (FTE)         Telephone No.:	28 29	TOTAL HSA REVENUES	\$100 205	\$314 565	\$314 585	\$827.515
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Full Time Equivalent (FTE)  Prepared by: Telephone No.:		T-t-I D	41-40-	0011-0-		000- 11-
Prepared by: Telephone No.:	36	l otal Revenues	\$198,385	\$314,565	\$314,565	\$827,515
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	GOLDEN GATE SENIOR SERVICES											
4	Program: Community Services - Ric	hmond Senior	Center									
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8												
9 10	1/1/21-6/30/21 7/1/21-6/30/22 7/1/22-6/30/23 1/1/21-6/30/23											
11		Agency T	otals	HSA Pr	ogram	DAS	DAS	DAS	TOTAL			
			- inner	% FTE		_		-				
		Annual Full TimeSalary	Total	funded by HSA	Adjusted !							
12	POSITION TITLE	for FTE	FTE	(Max 100%)	FTE	Budgeted Salary	Budgeted Salary	Budgeted Salary	Budgeted Salary			
13	Executive Director	\$89,600	0.50	50%	0.25	\$11,200			\$11,200			
14	RSC Director	\$109,408	0.80	75%	0,60	\$32,822	\$65,645	\$65,645	\$164,112			
15	Bilingual Center Coordinator	\$47,840	1.00	80%	0.80	\$19,136	\$38,272	\$38,272	\$95,680			
16	Activity Liason	\$52,000	1.00	50%	0.50	\$13,000	\$26,000	\$26,000	\$65,000			
17	Community Programs Director	\$68,640	1.00	80%	0.80	\$34,320	\$54,912	\$54,912	\$144,144			
18	Custodian	\$41,600	0.20	100%	0.20	\$4,160	\$8,320	\$8,320	\$20,800			
19	Volunteer Manager	\$68,640	0.625	40%	0.25	\$8,580	\$17,160	\$17,160	\$42,900			
20												
21					'							
22							i		·			
23												
24	<u> </u>		5.13	475%	3.40							
25	TOTALS			900%	6.55	\$123,218	\$210,309	\$210,309	\$543,836			
26 27	FRINGE BENEFIT RATE	25%		<del>-</del>								
	EMPLOYEE FRINGE BENEFITS	ii				\$30,805	\$52,577	\$52,577	\$135,959			
29	THE COULCE INITION DELECTION					φου,υσο	Ψ32,011	\$02,011	\$100,000			
30		\$0										
31	TOTAL SALARIES & BENEFITS					\$154,023	\$262,886	\$262,886	\$679,795			
32	HSA #2								12/2/2020			
		•										

				r				TT		1	
1	Α	В	<u></u>	D	E	F	G	H		J K Appendix B	Page 3
2		-								Appendix D	, rage 3
3		TE SENIOR S									
4	Program: Co	ommunity Ser	vices - Richmo	nd Ser	ior Center						
5 6											
7				Ope	rating Exper	ise De	tail				
8					3 7						
9											1
10 11										7	OTAL
	Expenditure C	Category		TERM	1/1/21-6/30/21	7/	1/21-6/30/22	1/1	/21-6/30/23		21-6/30/23
	1		ies and Repair		1,1,121 0100,12	<u></u>	1721 0700722		721 0/00/20	\$ \$	-
	IT & Web Sup	•		•	\$2,000		\$2,000		\$2,000		6,000
	Office Supplie	_		•	\$3,200		\$1,500		\$1,500		6,200
	Printing & Re	-		•	\$500		\$250		\$250		1,000
17	Programs & E	vents		·	\$4,900	)	\$4,000		\$4,000	\$	12,900
18	Rental of Equ	ipment								\$	-
19	Rental of Pro	perty			\$6,805	5	\$2,899		\$2,899	\$	12,603
20	Staff/Vol train	ing/recognition								\$	-
21	Transport/Tra	vel-(Local & O	ut of Town)		\$481						481
22	Utilities(Elec,	Water, Gas, P	hone, Garbage)	,	\$600			_			600
23	CONSULTAN	ITS									
24				_			<u></u>			\$	-
25		,		_							
26											
27 28	OTHER									æ	
29	<u> </u>			-	<u></u>						-
30		<u></u>		-						<del></del>	
	TOTAL OPE	RATING EXPE	NSE	_	\$ 18,486	<u> </u>	10,649	<u>\$</u>	10,649	. \$	39,784
32				-							
33	HSA #3										12/2/2020

## APPENDIX A - SERVICES TO BE PROVIDED

# Independent Living Resource Center San Francisco: Community Services

## **COMMUNITY SERVICES**

## Effective January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others.

mar radar or

Grantee

Independent Living Resource Center San Francisco

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

OCP

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

SOGI

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

# III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

# VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- 1) Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Enhanced outreach efforts will not be provided under this specific grant.

# VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>30</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>150</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 63 units of service of translation.
- Grantee will provide <u>75</u> units of service of social services.
- Grantee will provide  $\underline{0}$  units of service of enhanced outreach.

For the period July 1, 2021 – June 30, 2022:

- Grantee will serve <u>90</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>450</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>188</u> units of service of translation.
- Grantee will provide <u>225</u> units of service of social services.
- Grantee will provide  $\underline{\mathbf{0}}$  units of service of enhanced outreach.

For the period July 1, 2022 – June 30, 2023:

- Grantee will serve <u>120</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>600</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>250</u> units of service of translation.
- Grantee will provide <u>300</u> units of service of social services.
- Grantee will provide <u>0</u> units of service of enhanced outreach.

# IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).

- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Rick Appleby Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3644 Rick. Applebyl@sfgov.org

or

Steve Kim
Contract Manager
Human Services Agency
PO Box 7988
San Francisco, CA 94120
(415) 557-6335
Steve.Kim@sfgov.org

## XI. Monitoring Activities

<u>Program Monitoring</u>: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always

- available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. Fiscal Compliance and Contract Monitoring: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1
Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Term	
Independent Living Resource Center San Francis			Jan 2021 - J	un 2023
(Check One) New x Renewal Mod				
If modification, Effective Date of Mod. No. of N	10a.			
Program: Community Services				
Budget Reference Page No.(s)	14464 000004 1	74/04 0/00/00	744/90 0100100	T-1-1
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures	405.000	#70 000	470.000	#475.040
Salaries & Benefits	\$35,009	\$70,020	\$70,020	\$175,049
Operating Expenses	\$16,910	\$33,818	\$33,818	\$84,546
Subtotal Indirect Percentage (%)	\$51,919	\$103,838	\$103,838	\$259,595
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%
Subcontractor/Capital Expenditure	\$7,788	\$15,576	\$15,576	\$38,940
Total Expenditures	\$59,707	\$440.444	\$119,414	\$298,535
Total Expellutures	\$39,707	\$119,414	\$119,414	<u>ΨΖ90,533</u>
HSA Revenues				
General Fund	\$59,707	\$119,414	\$119,414	\$298,535
				<u></u>
Total HSA Revenue	\$59,707	\$119,414	\$119,414	\$298,535
Other Revenues				
				. <u> </u>
TOTAL DAS AND NON DAS REVENUE	\$59,707	\$119,414	\$119,414	\$298,535
Full Time Equivalent (FTE)				
Prepared by: Jerome Lourme	Telephone No.:	415-717-3563	D	ate: 11/16/2020
HSA-CO Review Signature:				• -
HSA #1				10/25/2016

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2

Document Date: December 2020

# Salaries & Benefits Detail

	Agency Tol	als	HSA Pro	gram		DAS budge	eted salary	
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Community Activities Coordinator	\$52,704	1.00	40.00%	0.40	\$10,541	\$21,082	\$21,082	\$52,705
Community Activities Assistant	\$35,166	0.80	20.00%	0.16	\$2,813	\$5,627	\$5,627	\$14,067
Systems Change Director	\$63,100	1.00	30.00%	0.30	\$9,465	\$18,930	\$18,930	\$47,325
Administrative Director	\$63,839	1.00	8.00%	0.08	\$2,554	\$5,107	\$5,107	\$12,768
Executive Director	\$108,096	1.00	5.00%	0.05	\$2,702	\$5,405	\$5,405	\$13,512
Totals	\$322,905	4.80	103.00%	0.99	\$28,075	\$56,151	\$56,151	\$140,377
Fringe Benefits Rate	24.70%							
Employee Fringe Benefits	\$79,757				\$6,934	\$13,869	\$13,869	\$34,672
Total Salaries and Benefits	\$402,662				\$35,009	\$70,020	\$70,020	\$175,049
HSA #2								10/25/2016

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 3

Document Date: December 2020

# **Operating Expense Detail**

	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Rental of Property	\$8,041	<u>\$16,082</u>	\$16,082	\$40,205
Utilities (Elec, Water, Gas, Phone, Garbage)	\$1,773	\$3,546	\$3,546	\$8,865
Office Supplies, Postage	\$434	\$868	\$868	\$2,170
Building Maintenance Supplies and Repair	\$377	\$752	\$752	\$1,881
Printing and Reproduction	\$100	\$200	\$200	\$500
Insurance	\$653	\$1,306	\$1,306	\$3,265
Staff Training	<u>\$100</u>	\$200	\$200	\$500
Staff Travel-(Local & Out of Town)	<u>\$500</u>	\$1,000	\$1,000	\$2,500
Rental of Equipment	\$206	\$412	\$412	\$1,030
Consultant				
Sign Language, Translationn, Workshop Facilitation	<u>\$1,000</u>	\$2,000	\$2,000	\$5,000
IT Support	\$388	\$776	<u>\$776</u>	\$1,940
Miscellaneous Shared Support	\$88	\$176	<u>\$176</u>	\$440
<u>Other</u>				
Dues and Subscriptions	\$800	\$1,600	\$1,600	\$4,000
Program Supplies	\$750	\$1,500	\$1,500	\$3,750
Client Activities Food	\$700	\$1,400	\$1,400	\$3,500
Outreach and Education	\$500	\$1,000	\$1,000_	\$2,500
Client Activities Events	\$500	\$1,000	\$1,000	\$2,500
Total Operating Expenses	\$16,910	\$33,818	\$33,818	\$84,546
HSA #3				10/25/2016

## APPENDIX A - SERVICES TO BE PROVIDED

#### KIMOCHI INC

### **COMMUNITY SERVICES**

# Effective January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

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contracted agencies to use to perform consumer

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Contracts Administration, Reporting and Billing On Line System

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City and County of San Francisco, a municipal corporation.

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Department of Disability and Aging Services

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An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others.

Grantee

Kimochi Inc.

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

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An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

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Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

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Defined as one hour of service

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- Frail
- Member of the LGBTQ+ community

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The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

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There are four categories of services:

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- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts will not be provided under this specific grant.

Adult Day Program – From January 1 through June 30, 2021, Grantee will provide non-medical day program services to functionally impaired adults through an Adult Day Program currently licensed by the California Department of Social Services/Community Care Licensing. Grantee will ensure services are provided by trained, competent staff. Services will include an individual plan of care in a structured comprehensive program that will provide a variety of social, psychological, and related support services. Services offered will typically include socialization and recreational activities, health monitoring, meals and snacks, assistance with ADL (Activities of Daily Living) and supportive counseling. Due to social distancing guidelines and health orders related to COVID-19, most services are to be conducted virtually or telephonically. Units of service are measured by the number of hours spent to provide adult day program services.

## VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>200</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>500</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>625</u> units of service of translation.
- Grantee will provide 1,000 units of service of social services.
- Grantee will provide 0 units of service of enhanced outreach.

On an annual basis starting July 1, 2021:

- Grantee will serve <u>400</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1,000</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 1,250 units of service of translation.
- Grantee will provide <u>2,000</u> units of service of social services.
- Grantee will provide  $\underline{0}$  units of service of enhanced outreach.

For Adult Day Program services provided from January 1 through June 30, 2021:

- Grantee will serve **20** unduplicated Adult Day Program consumers.
- Grantee will provide 10,000 Adult Day Program hours to consumers.

# IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

For Adult Day Program services provided from January 1 through June 30, 2021:

- At least 85% of survey respondents will indicate that the Adult Day Program has helped the participants remain safely in their current living/housing situation.
- At least 70% of participants enrolled in the Adult Day Program will avoid institutionalization as evidenced by participating in the program for at least 6 months from their date of enrollment.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The

- report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

or

Ella Lee Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6134 Ella.Lee@sfgov.org

## XI. Monitoring Activities

A. Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff

have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

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Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Tei	rm .
Kimochi Inc.			Jan 2021 -	Jun 2023
(Check One) New _x_ Renewal Modi	fication			
If modification, Effective Date of Mod. No. of Mo	od.			
Program: Community Services				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
DAS Expenditures				
Salaries & Benefits	\$112,764	\$164,672	\$164,672	\$442,108
Operating Expenses	\$9,462	\$25,055	\$25,055	\$59,572
Subtotal	\$122,226	\$189,727	\$189,727	\$501,680
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%
Indirect Cost	\$18,334	\$28,459	\$28,459	\$75,252
Subcontractor/Capital Expenditure				
Total Expenditures	\$140,560	\$218,186	\$218,186	\$576,932
HSA Revenues		Í		•
General Fund	\$140,560	\$218,186	\$218,186	\$576,932
Total HSA Revenue	\$140,560	\$218,186	\$218,186	\$576,932
Non DAS Expenditures				
Salaries & Benefits	\$36,172			\$36,172
Operating Expenses	\$5,138	\$18,445	\$18,445	\$42,028
Subtotal	\$41,310	\$18,445	\$18,445	\$78,200
Other Revenues				
Fundraising	\$41,310	<b>\$18,44</b> 5	\$18,445	\$78,200
In-Kind Volunteer				
Total Non DAS Revenues	\$41,310	\$18,445	\$18,445	\$78,200
TOTAL DAS AND NON DAS REVENUE	\$181,870	\$236,631	\$236,631	\$655,132
Full Time Equivalent (FTE)				
Prepared by: Shawne O'Connell	Telephone No.:			Date: 11/18/20
HSA-CO Review Signature:				
-				
HSA #1				

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2 Document Date: December 2020

### Salaries & Benefits Detail

	Agency	Totals	HSA P	rogram	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Budget	Budget	- Budget
Social Services Coordinator	\$56,160	1.00	10.00%	0.10	\$2,808	\$5,616	\$5,616	\$14,040
Senior Center Coordinator	\$50,918	1.00	20.00%	0.20	\$5,092	\$10,184	\$10,184	\$25,460
Transportation Coordinator	\$50,960	1.00	20.00%	0.20	\$5,096	\$10,192	\$10,192	\$25,480
ADP Coordinator	\$40,000	1.00	100.00%	1,00	\$20,000			\$20,000
Senior Center Assistant	\$41,600	1.00	50.00%	0.50	\$10,400	\$20,800	\$20,800	\$52,000
ADP Asst./Program Manager	\$34,580	0.88	30.00%	0.26	\$4,539			\$4,539
Program Specialist	\$41,600	1,00	100.00%	1.00	\$20,800	\$41,600	\$41,600	\$104,000
Case Manager, Japanese	\$45,760	1.00	50.00%	0.50	\$11,440	\$22,880	\$22,880	\$57,200
Case Manager, Korean	\$47,840	1.00	45,00%	0.45	\$10,764	\$21,528	\$21,528	\$53,820
Totals	\$409,418	8.88	425.00%	4.21	\$90,939	\$132,800	\$132,800	\$356,539
Fringe Benefits Rate	24.00%							
Employee Fringe Benefits	\$98,260				\$21,825	\$31,872	\$31,872	\$85,569
Total Salaries and Benefits	\$507,678		3		\$112,764	\$164,672	\$164,672	\$442,108

Program: Community Services				pendix B, Page :
Same as Line 11 on HSA #1)			Document Date:	December 202
	Operating Expense	Detail		
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
OAS Expenditure Category				
Rental of Property	\$3,000	\$12,000	\$12,000	\$27,00
Utilities (Elec, Water, Gas, Phone, Garbage)	\$1,162	\$2,000	\$2,000	\$5,16
Office Supplies, Postage				
Building Maintenance Supplies and Repair				
Printing and Reproduction				
Insurance	\$2,000	\$2,000	\$2,000	\$6,00
Staff Training			<u> </u>	
Computer/IT/Website	\$700	\$2,955	\$2,955	\$6,61
Rental of Equipment	\$1,000	\$1,000	\$1,000	\$3,00
Consultant				
Prof. Svcs. Acctg.		\$1,100	\$1,100	\$2,20
:				
<u>Other</u>				
Data Plan				\$10
Dues & Subscriptions	\$100		\$1,500	\$3,00
Outside Services		\$1,500	\$1,500	φ3,00
Auto Fuel		\$2,500	\$2,500	\$6,50
Telephone	\$1,500	φ2,000	Ψ2,300	ΨΟ,Ο
Maintenance Contracts				
Total Operating Expenses	\$9,462	\$25,055	\$25,055	\$59,5
Non DAS Expenditure Category				
ADP Utilities (Elec, Water, Gas, Phone, Garbage)	\$2,000	\$6,000	\$6,000	\$14,0
<u> </u>	0,00	#4 74F	¢4 745	<b>ቁ</b> ቁ 0

\$500

\$138

\$500

\$1,000

\$1,000

\$5,138

\$1,745

\$1,000

\$3,000

\$2,000

\$3,000

\$18,445 #

\$700

\$1,000\_#

\$1,745

\$1,000

\$1,000

\$3,000

\$2,000

\$3,000

\$18,445

\$700

ADP Office Supplies, Postage

ADP Computer/IT/Website

CS Office Supplies, Postage

ADP Outside Services

CS Outside Services

Total Operating Expenses

ADP Insurance

ADP License

\$3,990

\$2,000

\$2,000

\$1,538

\$7,000

\$4,500

\$7,000

\$42,028

#### APPENDIX A – SERVICES TO BE PROVIDED

## LIGHTHOUSE FOR THE BLIND AND VISUALLY IMPAIRED

## **COMMUNITY SERVICES**

## Effective January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON Contracts Administration, Reporting and Billing On Line System

City and County of San Francisco, a municipal corporation.

DAS Department of Disability and Aging Services

Disability A condition or combination of conditions that is attributable to a mental,

cognitive or physical impairment, including hearing and visual

impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL);

b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail An individual determined to be functionally impaired in one or both of

the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee LightHouse for the Blind and Visually Impaired

HSA

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States

Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native

Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

# III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

# VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- 1) Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-to-one assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Grantee will outreach to develop relationships with eye care professionals (ophthalmologists, optometrists, etc.) to raise awareness about Grantee services and facilitate referrals. Grantee has the capability to develop outreach materials in braille and other accessible formats and will do so to provide information to consumers about Lighthouse and other community providers.

# VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or

health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

# For Community Services provided from January 1, 2021 to June 30, 2021:

- Grantee will serve <u>100</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>360</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 12 units of service of translation.
- Grantee will provide <u>420</u> units of service of social services.
- Grantee will provide 40 units of service of enhanced outreach.

# For Community Services provided from July 1, 2021 to June 30, 2022:

- Grantee will serve <u>150</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>540</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 18 units of service of translation.
- Grantee will provide <u>562</u> units of service of social services.
- Grantee will provide 63 units of service of enhanced outreach.

# For Community Services provided from July 1, 2022 to June 30, 2023:

- Grantee will serve <u>200</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>720</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>24</u> units of service of translation.
- Grantee will provide <u>750</u> units of service of social services.
- Grantee will provide <u>84</u> units of service of enhanced outreach.

# IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to

- HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Reanna Albert
Program Analyst
P.O. Box 7988
San Francisco, CA 94120
(415) 557-6693
reanna.albert@sfgov.org

or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 patrick.garcia@sfgov.org

# XI. Monitoring Activities

A. <u>Program Monitoring</u>: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected

and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

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Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Ter	m
LightHouse for the Blind and Visually Impaired			Jan 2021 -	Jun 2023
(Check One) New _x_ Renewal Mo				
If modification, Effective Date of Mod. No. of No.	Mod.			
Program: Community Services				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$49,866	\$99,731	\$99,731	\$249 <u>,32</u> 8
Operating Expenses	\$172	\$342	\$342	\$856
Subtotal	\$50,038	\$100,073	\$100,073	\$250,184
Indirect Percentage (%)	10.00%	10.00%	10.00%	10.00%
Indirect Cost	\$5,003	\$10,008	\$10,008	\$25,019
Subcontractor/Capital Expenditure				
Total Expenditures	\$55,041	\$110,081	\$110,081	\$275,203
HSA Revenues General Fund	\$55,041	\$110,081	\$110,081	\$275,203
General Fund	Ψ00,041	\$110 <sub>1</sub> 001	Ψ110,001	Ψ210,200
Total HSA Revenue	\$55,041	\$110,081	\$110,081	\$275,203
Other Revenues				
			1	
TOTAL DAS AND NON DAS REVENUE	\$55,041	\$110,081	\$110,081	\$275,203
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:			Date: 11/19/20
HSA-CO Review Signature:				40/25/2040
HSA #1				10/25/2016

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2

Document Date: December 2020

# Salaries & Benefits Detail

	B								
	Agency	Totals	HSA P	rogram	DAS budgeted salary				
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)		1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total	
Position									
Information concierge	\$44,752	1.00	12.00%	0.12	\$2,685	\$5,370	\$5,370	\$13,425	
Jr. Executive Assistant	\$51,090	1.00	40.00%	0.40	\$10,218	\$20,436	\$20,436	\$51,090	
Adult Program Manager	\$58,370	1.00	50.00%	0.50	\$14,593	\$29,185	\$29,185	\$72,963	
Director	\$108,535	1.00	15.00%	0.15	\$8,140	\$16,280	\$16,280	\$40,700	
Senior Director	\$170,280	1.00	5.00%	0.05	\$4,257	\$8,514	\$8,514	\$21,285	
Totals	\$433,027	5.00	122.00%	1.22	\$39,893	\$79,785	\$79,785	\$199,463	
Fringe Benefits Rate	25.00%								
Employee Fringe Benefits	\$108,257				\$9,973	\$19,946	\$19,946	\$49,865	
Total Salaries and Benefits	\$541,284				\$49,866	\$99,731	\$99,731	\$249,328	
HSA #2								10/25/2016	

Program: Community Services				Appendix B, Page 3
(Same as Line 11 on HSA #1)			Document [	Date: December 2020
	Operating Expens	e Detail		
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Rental of Property			·	<u></u>
Utilities (Elec, Water, Gas, Phone, Garbage)	·			
Office Supplies, Postage				
Building Maintenance Supplies and Repair				
Printing and Reproduction				
Insurance				
Staff Training	\$172	\$342	\$342	\$856
Staff Travel-(Local & Out of Town)				<u> </u>
Rental of Equipment				
<u>Consultant</u>				!
Consultant A			·	
<u>Other</u>				
				<u> </u>
·		<u> </u>		
Total Operating Expenses	\$172	\$342	\$342	\$856
				I
HSA #3				10/25/2016

#### APPENDIX A - SERVICES TO BE PROVIDED

# Mission Neighborhood Centers

#### **COMMUNITY SERVICES**

# Effective January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Mission Neighborhood Centers

HSA Human Services Agency of the City and County of San Francisco

LGBTQ+ An acronym/term used to refer to persons who self-identify as non -

heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual,

transgender, genderqueer, and gender non-binary.

Low Income Having income at or below 300% of the federal poverty line defined by

the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means

test to qualify for the program.

Minority An ethnic person of color who is any of the following: a) Black -a

person having origins in any of the Black racial groups of Africa, b)
Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South
American, or other Spanish or Portuguese culture or origin regardless of
race, c) Asian/Pacific Islander – a person whose origins are from India,
Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos,

Cambodia, the Philippines, Samoa, Guam, or the United States

Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native

Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult Person who is 60 years or older, used interchangeably with "senior"

OCP Office of Community Partnerships (Previously Office on the

Aging/OOA)

Senior Person who is 60 years or older, used interchangeably with "older adult"

SOGI Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended

the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of

the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service Defined as one hour of service

Unduplicated A unique participant receiving services in Grantee's Community Service

Consumer (UDC) program and reflected via enrollment in CA GetCare.

# III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

## VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- 1) Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Grantee owns a ten-passenger van which is used to pick-up and drop-off clients at Mission Housing Development Corporation senior housing sites.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

For the period of January 1, 2021 – June 30, 2021:

- Grantee will serve <u>391</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>913</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>303</u> units of service of translation.
- Grantee will provide <u>775</u> units of service of social services.
- Grantee will provide <u>525</u> units of service of enhanced outreach.

On an annual basis starting July 1,2021:

- Grantee will serve <u>782</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1825</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>605</u> units of service of translation.
- Grantee will provide <u>1550</u> units of service of social services.
- Grantee will provide 1050 units of service of enhanced outreach.

# IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Manager and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Fanny Lapitan, Program Manager P.O. Box 7988
San Francisco, CA 94120
(415) 355-3696
fanny.lapitan@sfgov.org

or

Steve Kim, Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6335 steve.kim@sfgov.org

## XI. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. Fiscal Compliance and Contract Monitoring: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1
Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name	Term			
Mission Neighborhood Centers			Jan 2021 -	Jun 2023
(Check One) NewX_ Renewal Mod	***			
If modification, Effective Date of Mod. No. of Mo	od.			
Program: Community Services				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$114,578	\$236,255	\$243,567	\$594,400
Operating Expenses	\$39,856	\$66,230	\$66,153	\$172,239
Subtotal	\$154,434	\$302,485	\$309,720	\$766,639
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%
Indirect Cost	\$23,165	\$45,373	\$46,458	\$114,996
Subcontractor/Capital Expenditure	\$38,070	\$83,480	\$75,160	\$196,710
Total Expenditures	\$215,669	\$431,338	\$431,338	\$1,078,345
HSA Revenues				
General Fund	\$188,169	\$376,338	\$376,338	\$940,845
ото	\$27,500	\$55,000	\$55,000	\$137,500
Total HSA Revenue	\$215,669	\$431,338	\$431,338	\$1,078,345
Other Revenues				
	}			
TOTAL DAS AND NON DAS REVENUE	\$215,669	\$431,338	\$431,338	\$1,078,345
TO THE DISCUSSION OF THE PROPERTY OF THE PROPE	Ψ2.10,000	, <del>0401,000</del>	\$401,000	\$1,010,04 <u>0</u>
Full Time Equivalent (FTE)		-	-	
Prepared by: Aurora Alvarado	Telephone No.: 415.	.206.7750		Date: 11/16/2020
HSA-CO Review Signature:	<u></u>			
HSA #1				10/25/2016

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2
Document Date: December 2020

#### Salaries & Benefits Detail

		Agenc	y Totals	100 St. 150 AU	HSA P	HSA Program			DAS budgeted salary		
Position	Annual Full Time Salary for FTE	FY 21/22 Full Time Salary for FTE	FY 22/23 Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total	
Activities & Outreach Specialist	\$52,000	\$53,610	\$55,270	1,00	86.00%	0.86	\$22,360	\$46,105	\$47,532	\$115,997	
Community Services & Act Speci	\$52,000	\$53,610	\$55,270	1.00	90.00%	0.90	\$23,400	\$48,249	\$49,743	\$121,392	
Information and Assistance Spec	\$49,920	<b>\$</b> 51,465	\$53,060	1.00	35.00%	0.35	\$8,736	\$18,013	\$18,571	\$45,320	
Senior Program Manager	\$68,640	\$70,765	\$72,955	1,00	87,00%	0.87	\$29,858	\$61,566	\$63,471	\$154,895	
Janitor	\$37,128	\$38,280	\$39,460	1.00	13.00%	0.13	\$2,413	\$4,976	\$5,130	\$12,519	
Jr. Accountant	\$46,488	\$47,925	\$49,410	1.00	3,00%	0.03	\$697	\$1,438	\$1,482	\$3,617	
Totals	\$306,176	\$315,655	\$325,425	6.00	314.00%	3.14	\$87,464	\$180,347	\$185,929	\$453,740	
Fringe Benefits Rate	31.00%										
Employee Fringe Benefits	\$94,915	\$97,853	\$100,882				\$27,114	\$55,908	\$57,638	\$140,660	
l r											
Total Salaries and Benefits	\$401,091			Bulk Waller			\$114,578	\$236,255	\$243,567	\$594,400	
HSA #2										10/25/2016	

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 3

Document Date: December 2020

# **Operating Expense Detail**

	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total_
Expenditure Category				
Utilities (Elec, Water, Gas, Phone, Garbage)	\$7,500	\$15,000	\$16,000	\$38,500
Office Supplies, Postage	\$1,500	\$1,700	\$1,800	\$5,000
Building Maintenance Supplies and Repair	\$2,300	\$2,500	\$2,500	\$7,300
Printing and Reproduction	\$800			
•		\$1,200	\$1,200	\$3,200
Insurance	\$2,500	\$5,000	\$5,200	\$12,700
Staff Training	\$1,000	\$1,000	\$1,000	\$3,000
Rental of the property	<u>\$1,500</u>	\$3,600	\$3,600	\$8,700
Other				
Fuel Maintenance & Repair	\$1,800	\$3,000	\$3,000	\$7,800
Advertising	\$2,000	\$2,000	\$2,000	\$6,000
Program Supplies	\$2,520	\$5,040	\$5,040	\$12,600
Food Supplies	\$2,000	\$4,000	\$4,000	\$10,000
Janitorial Supplies	\$3,000	\$4,500	\$4,500	\$12,000
Stipend for Participants	\$2,000	\$2,000	\$2,000	\$6,000
Transportation	\$1,300	\$2,600	\$2,600	\$6,500
Covid-19 Emergency Response	\$5,136			\$5,136
Educational Fieldtrips		\$9,090	\$7,713	\$16,803
Recruitment & Outreach	\$3,000	\$4,000	\$4,000	\$11,000
Total Operating Expenses	\$39,856	\$66,230	\$66,153	\$172,239
HSA #3				10/25/2016

Program: Community Services Appendix B, Page 4 (Same as Line 11 on HSA #1) Document Date: December 2020 Subcontractor & Capital Expenditure Detail Subcontractor Expenditure 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/22 - 6/30/23 Total Nurse \$300 \$300 \$300 \$900 Nutritionist/Cooking Class \$1,200 \$1,200 \$1,200 \$3,600 \$6,630 Fitness Trainer \$14,040 \$14,040 \$34,710 **Group Therapist** \$13,000 \$2,600 \$5,200 \$5,200 Latin Dance Instructor \$6,500 \$13,000 \$13,000 \$32,500 \$7,840 \$32,800 Art For Elders Instructor \$16,640 \$8,320 \$20,500 \$54,000 Music Instructor \$13,000 \$20,500 Music Performer / DJ \$12,600 \$12,600 \$25,200 Total Subcontractor Expenditure \$38,070 \$83,480 \$75,160 \$196,710 1/1/21 - 6/30/21 Equipment (Qty) 7/1/21 - 6/30/22 7/1/22 - 6/30/23 Total Equipment A Total Equipment Cost Remodeling 1/1/21 - 6/30/21 7/1/21 - 6/30/22 7/1/22 - 6/30/23 Total Remodel A Total Remodeling Cost Total Capital Expenditure \$38.070 \$83,480 \$75,160 \$196,710

HSA #4

10/25/2016

#### APPENDIX A - SERVICES TO BE PROVIDED

On Lok Day Services: 30th Street Center

#### **COMMUNITY SERVICES**

# Effective January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others.

Grantee

On Lok

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

# III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

# VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- 2) Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Enhanced outreach efforts will not be provided under this specific grant.

# VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>388</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>864</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 114 units of service of translation.
- Grantee will provide 473 units of service of social services.
- Grantee will provide  $\underline{\mathbf{0}}$  units of service of enhanced outreach.

For the period July 1, 2021 – June 30, 2022:

- Grantee will serve <u>1163</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>6075</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>1545</u> units of service of translation.
- Grantee will provide <u>1418</u> units of service of social services.
- Grantee will provide 0 units of service of enhanced outreach.

For the period July 1, 2022 – June 30, 2032:

- Grantee will serve <u>1550</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>8100</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>2060</u> units of service of translation.
- Grantee will provide <u>1890</u> units of service of social services.
- Grantee will provide  $\underline{\mathbf{0}}$  units of service of enhanced outreach.

# IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).

- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Rick Appleby Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3644 Rick. appleby@sfgov.org

or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 patrick.garcia@sfgov.org

# XI. Monitoring Activities

Program Monitoring: Program monitoring will include review of compliance to specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always

- available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1

Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Term	
On Lok Day Services			Jan 2021 - J	un 2023
(Check One) New _x_ Renewal Mo	dification			
If modification, Effective Date of Mod. No. of	Mod.			
Program: Community Services				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$173,138	\$366,336	\$366,336	\$905,810
Operating Expenses	\$24,393	\$2,457	\$2,457	\$29,307
Subtotal	\$197,531	\$368,793	\$368,793	\$935,117
Indirect Percentage (%)	9%	9%	9%	9.00%
Indirect Cost	\$17,777	\$33,192	\$33,192	\$84,161
Subcontractor/Capital Expenditure	\$5,707	\$11,414	\$11,414	\$28,535
Total Expenditures	\$221,015	\$413,399	\$413,399	\$1,047,813
HSA Revenues General Fund	\$221,015	\$413,399	\$413,399	\$1,047,813
Total HSA Revenue	\$221,015	\$413,399	\$413,399	\$1,047,813
Other Revenues Fundraising	\$86,060	\$271,585	\$271,585	\$629,230
Volunteers	\$8,344	\$16,688	\$16,688	\$41,720
TOTAL DAS AND NON DAS REVENUE	\$315,419	\$701,672	\$701,672	\$1,718,763
Full Time Equivalent (FTE)	4.74	5.08	5.08	
Prepared by: Meko Ma	Telephone No.:	(628) 208-8546		ate: 11/19/2020
HSA-CO Review Signature:				
HSA #1				11/19/2020

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2 Document Date: December 2020

# Salaries & Benefits Detail

Activities Program Manager \$51.006 1.00 65.00% 0.65 \$19.827 1.00 65.00% 0.65 \$39.654 \$99.11 Activities Program Manager \$51.006 1.00 25.00% 0.25 \$14.753 \$14.753 \$3.838 Activities Program Manager \$59.010 1.00 25.00% 0.25 \$7.376 1.00 25.00% 0.25 \$14.753 \$14.753 \$3.838 Activities Program Manager \$59.010 1.00 25.00% 0.25 \$7.376 1.00 25.00% 0.25 \$14.753 \$14.753 \$3.838 Activities Program Manager \$90.002 1.00 25.00% 0.25 \$11.250 1.00 25.00% 0.25 \$22.501 \$22.				2002000	and the state of t	DAO I I - oto d	ancinti il	annet (1886) (Bearinger German)	(632550)087830(gp)0000/505()			
Annual Full   Time Salary for   FTE   Total FTE   Total FTE   Total FTE   Total FTE   Total FTE   (Max 100%)   Adjusted FTE   1/1/21 - 6/30/21   Total FTE   (Max 100%)   Adjusted FTE   6/30/22   6/30/23   Total FTE   6/30/21   Total FTE   6/30/21   Total FTE   6/30/22   6/30/23   Total FTE   6/30/22   6/30/23   Total FTE   6/30/22   6/30/23   Total FTE   6/30/21   Total FTE   6/30/22   6/30/23   Total FTE   6/30/22   6/30/23   Total FTE   6/30/21   Total FTE   6/30/22   6/30/23   Total FTE   6/30/23   5/3		Agency T	otals	HSA Pr	24ffff35543662 (04552245)(02405)(9765	•	Kara senika	HSA Program		DA	S budgeted sala	ıry
Accountant \$62,130 1.00 30.00% 0.30 \$9,320 1.00 30.00% 0.30 \$18,639 \$18,639 \$46,55   Activities Program Manager \$61,006 1.00 65.00% 0.65 \$19,827 1.00 65.00% 0.65 \$39,654 \$93,654 \$99,15   Activities Program Manager \$61,006 1.00 25.00% 0.25 \$7,376 1.00 25.00% 0.25 \$14,753 \$14,753 \$36,85   Assistant Director \$90,002 1.00 25.00% 0.25 \$11,250 1.00 25.00% 0.25 \$22,501 \$22,501 \$36,25   Assistant Director \$90,002 1.00 25.00% 0.25 \$11,250 1.00 25.00% 0.25 \$22,501 \$22,501 \$36,25   Assistant Director \$48,152 1.00 100.00% 1.00 \$24,076 1.00 100.00% 1.00 \$48,152 \$48,152 \$120,31 \$36,85   Senior Center Associate #1 \$48,152 1.00 100.00% 1.00 \$24,076 1.00 100.00% 1.00 \$47,840 \$47,840 \$119,61   Hospitality Ctr Coord \$48,422 1.00 43,00% 0.43 \$10,411 1.00 43,00% 0.43 \$20,821 \$20,821 \$20,821 \$20,821 \$20,821 \$20,821 \$20,821 \$20,821 \$20,821 \$30,821 \$20,821 \$30,821 \$20,821 \$30,821 \$20,821 \$30,821 \$	P . 75	Annual Full Time Salary for	,	% FTE funded by HSA		1/1/21 - 6/30/21	Total FTF	by HSA	Adjusted FTE			Total
Activities Program Manager \$61,00 1.00 65.00% 0.65 \$19,927 1.00 85.00% 0.65 \$39,654 \$99,11 Activities Program Manager \$61,006 1.00 65.00% 0.65 \$19,927 1.00 85.00% 0.25 \$14,753 \$14,753 \$36,81 Administrative Secretary \$59,010 1.00 25.00% 0.25 \$7,376 1.00 25.00% 0.25 \$14,753 \$14,753 \$36,81 Administrative Secretary \$90,002 1.00 25.00% 0.25 \$11,250 1.00 25.00% 0.25 \$22,501 \$22										\$18,639	\$18,639	\$46,598
Administrative Secretary \$59,010 1.00 25.00% 0.25 \$7,376 1.00 25.00% 0.25 \$14,753 \$14,753 \$36.81 Administrative Secretary \$90,002 1.00 25.00% 0.25 \$11,250 1.00 25.00% 0.25 \$22,501 \$22,501 \$36.81 Assistant Director \$90,002 1.00 25.00% 0.25 \$11,250 1.00 100.00% 0.25 \$22,501 \$32,501 \$36.81 Senior Center Associate #1 \$48,152 1.00 100.00% 1.00 \$24,076 1.00 100.00% 1.00 \$48,152 \$46,152 \$120,31 Senior Center Associate #2 \$47,840 1.00 100.00% 1.00 \$23,020 1.00 100.00% 1.00 \$47,840 \$47,840 \$119,61 Senior Center Associate #2 \$47,840 1.00 100.00% 0.43 \$10,411 1.00 43.00% 0.43 \$20,821 \$20,821 \$20,821 \$52,00 Volunteer Program Manager \$72,800 1.00 70.00% 0.70 \$25,480 1.00 70.00% 0.70 \$50,960 \$50,960 \$127,44 Com Serv Progr Asst. \$45,760 0.25 63.00% 0.16 \$3,604 1.00 50.00% 0.50 \$22,880 \$22,880 \$49,30 \$49,30 \$40,40 \$40,												\$99,135
Assistant Director \$90,002 1.00 25,00% 0.25 \$11,250 1.00 25,00% 0.25 \$22,501 \$22,501 \$56,22 \$25,001 \$22,501 \$2											\$14,753	\$36,882
Assistant Differ   \$48,152   1.00   100.00%   1.00   \$24,076   1.00   100.00%   1.00   \$48,152   \$48,152   \$120,30											\$22,501	\$56,252
Senior Center Associate #2   \$47,840   1.00   100.00%   1.00   \$23,920   1.00   100.00%   1.00   \$47,840   \$47,840   \$119,60										\$48,152	\$48,152	\$120,380
Hospitality Ctr Coord \$48,422 1.00 43.00% 0.43 \$10,411 1.00 43.00% 0.43 \$20,821 \$20,821 \$52,05   Volunteer Program Manager \$72,800 1.00 70.00% 0.70 \$25,480 1.00 70.00% 0.70 \$50,960 \$50,960 \$127,40   Com Serv Progr Asst. \$45,760 0.25 63.00% 0.16 \$3,604 1.00 50.00% 0.50 \$22,880 \$22,880 \$49,30    Totals \$535,122 8.25 521.00% 4.74 \$135,264 9.00 508.00% 5.08 \$286,200 \$707.60    Fringe Benefits Rate Employee Fringe Benefits \$149,834 \$149,834 \$37,874 \$37,874 \$386,336 \$366,336 \$3905,8			<del> </del>						1.00	\$47,840	\$47,840	\$119,600
Volunteer Program Manager         \$72,800         1.00         70.00%         0.70         \$25,480         1.00         70.00%         0.70         \$50,960         \$50,960         \$127,44           Com Serv Progr Asst.         \$45,760         0.25         63.00%         0.16         \$3,604         1.00         50.00%         0.50         \$22,880         \$22,880         \$49,34           Totals         \$535,122         8.25         521.00%         4.74         \$135,264         9.00         508.00%         5.08         \$286,200         \$707.64           Fringe Benefits Rate         28.00%         \$149,834         \$37,874         \$80,136         \$80,136         \$198,1           Total Salaries and Benefits         \$684,956         \$173,138         \$366,336         \$366,336         \$905,8							1.00	43.00%	0.43	\$20,821	\$20,821	\$52,053
Com Serv Progr Asst. \$45,760 0.25 63.00% 0.16 \$3.604 1.00 50.00% 0.50 \$22,880 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$49,30 \$40,30 \$			<del></del>				1.00	70.00%	0.70	\$50,960	\$50,960	\$127,400
Totals \$535,122 8.25 521.00% 4.74 \$135,264 9.00 508.00% 5.08 \$286,200 \$286,200 \$707.60  Fringe Benefits Rate					-	\$3,604	1.00	50.00%	0.50	\$22,880	\$22,880	\$49,364
Totals \$535,122 8.25 521.00% 4.74 \$135,264 9.00 508.00% 5.08 \$286,200 \$286,200 \$707.60  Fringe Benefits Rate Employee Fringe Benefits \$149,834 \$37,874 \$80,136 \$80,136 \$198,1  Total Salaries and Benefits \$684,956 \$366,336 \$366,336 \$366,336 \$905,8									·			
Totals \$535,122 8.25 521.00% 4.74 \$135,264 9.00 508.00% 5.08 \$286,200 \$286,200 \$707.60  Fringe Benefits Rate Employee Fringe Benefits \$149,834 \$37,874 \$37,874 \$80,136 \$80,136 \$198,1  Total Salaries and Benefits \$684,956 \$366,336 \$366,336 \$366,336 \$905,8											*	
Totals \$535,122 8.25 521.00% 4.74 \$133,264 5.00 500.00 \$10											:-	
Totals \$535,122 8.25 521.00% 4.74 \$133,264 5.00 500.00 \$10										<u> </u>	£206 200	\$707 664
Employee Fringe Benefits \$149,834 \$80,136 \$198,1  Total Salaries and Benefits \$684,956 \$173,138 \$366,336 \$366,336 \$905,8	Totals	\$535,122	8.25	521.00%	4.74	\$135,264	9.00	508.00%	[ 5.08]	\$286,200	\$200,200	\$107,004
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Total Salaries and Benefits \$149,834 \$173,138 \$366,336 \$366,336 \$905,8	_					007.074				\$80.136	\$80 136	\$198,146
Total Salaries and Benefits \$684,956   \$173,136   \$173,136   \$174,	Employee Fringe Benefits	\$149,834		1		\$37,874			<u>                                     </u>	Ψου,100		
Total Salaries and Benefits \$684,956 \ \$173,150 \ \$173,150 \ \$173,150 \			T									
11/19/2	Total Calarice and Banefite	\$684.056				\$173,138				\$366,336	\$366,336	\$905,810
11/19/2	Total Salaties and Denetits	\$004,900	J. S.	1		1	# 17-WEBSSERVED TO SERVED	-				
LICA #9	HSA #2											11/19/2020

Appendix B, Page 3 Program: Community Services Document Date: December 2020 (Same as Line 11 on HSA #1) **Operating Expense Detail** 7/1/21 - 6/30/22 7/1/22 - 6/30/23 Total: 1/1/21 - 6/30/21 Expenditure Category Rental of Property \$7,434 6,188 623 623 Utilities (Elec, Water, Gas, Phone, Garbage) \$334 278 28 28 Office Supplies, Postage \$21,539 1,806 17,927 1,806 **Building Maintenance Supplies and Repair** Printing and Reproduction Insurance Staff Training Staff Travel-(Local & Out of Town) Rental of Equipment Consultant Other \$29,307 \$2,457 \$2,457 Total Operating Expenses \$24,393 11/19/2020 HSA #3

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 4

Document Date: December 2020

# **Subcontractor & Capital Expenditure Detail**

Subcontractor Expenditure	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Subcontractor A				
Body Dynamics-Tanako Hagiwara	\$5,400	\$10,800	\$10,800	\$27,000
Art Class-Esperanza Villanueva	\$307	\$614	\$614	\$1,535
Total Subcontractor Expenditure	\$5,707	\$11,414	\$11,414	\$28,535
Equipment (Qty)	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Equipment A				
			-	
Total Equipment Cost				
Remodeling	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Remodel A				
·				
Total Remodeling Cost				
Total Capital Expenditure	\$5,707	\$11,414	\$11,414	\$28,535
HSA #4				11/19/2020

# APPENDIX A - SERVICES TO BE PROVIDED

# **Openhouse**

#### **COMMUNITY SERVICES**

# Effective January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others.

Grantee

Openhouse

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTO+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

SOGI

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

# III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

## V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

# VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

In addition to general outreach to raise community awareness of Openhouse's offerings, Openhouse will be engaging in Enhanced Outreach by specifically targeting additional outreach to the Transgender community and LGBTQ+ older adults of color. In order to reach and engage these "communities within communities," Openhouse will develop specific programming in-house as well as fostering cross-organizational programming with other local organizations. Openhouse will also continue collaborations with organizations such as API Wellness/Trans Thrive, Lyric, Positive Resource Center, and the City's Office of Transgender Initiatives.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health

(CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

### VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve 100 unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>325</u> units of service of Activity Scheduling at a center or venues approved by the Office on the Aging.
- Grantee will provide 0 units of service of Translation.
- Grantee will provide <u>275</u> units of service of Social Services.
- Grantee will provide 23 units of service of Enhanced Outreach

For the period July 1, 2021 – June 30, 2022:

- Grantee will serve 300 unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>975</u> units of service of Activity Scheduling at a center or venues approved by the Office on the Aging.
- Grantee will provide  $\underline{\mathbf{0}}$  units of service of Translation.
- Grantee will provide <u>825</u> units of service of Social Services.
- Grantee will provide 68 units of service of Enhanced Outreach

For the period July 1, 2022 – June 30, 2023:

- Grantee will serve 400 unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1.300</u> units of service of Activity Scheduling at a center or venues approved by the Office on the Aging.
- Grantee will provide 0 units of service of Translation.
- Grantee will provide <u>1,100</u> units of service of Social Services.
- Grantee will provide 90 units of service of Enhanced Outreach

#### IX. Outcome Objectives

80% of participants surveyed will receive the services and/or activities they need

from the agency.

- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

### X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.

- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Richard Appleby Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3644 Rick.appleby@sfgov.org

or

Steve Kim
Contract Manager
Human Services Agency
PO Box 7988
San Francisco, CA 94120
(415) 557-6335
Steve.kim@sfgov.org

# XI. Monitoring Activities

Program Monitoring: Program monitoring will include review of compliance to Α. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.

B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1 Document Date: 11/16/20

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name		Term		
Openhouse	······································		Jan 2021 - Jι	ın 2023
(Check One) New _x_ Renewal I	Modification			
If modification, Effective Date of Mod. No. o	of Mod.			
Program: Community Services				-
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				•
Salaries & Benefits	\$161,892	\$236,827	\$236,827	\$635,546
Operating Expenses				
Subtotal	\$161,892	\$236,827	\$236,827	\$635,546
Indirect Percentage (%)	15%	15%	15%	15.00%
Indirect Cost	\$24,284	\$35,524	\$35,524	\$95,332
Subcontractor/Capital Expenditure				
Total Expenditures	\$186,176	\$272,351	\$272,351	\$730,878
				•
HSA Revenues				
General Fund	\$136,176	\$272,351	\$272,351	\$680,878
OTO Funds (01/01/21 - 06/30/21)	\$50,000			\$50,000
Total HSA Revenue	\$186,176	\$272,351	\$272,351	\$730,878
Other Revenues	·			
TOTAL DAS AND NON DAS REVENUE	\$186,176	\$272,351	\$272,351	\$730,878
Full Time Equivalent (FTE)				
Prepared by: Matthew Cimino	Telephone No.: 415	5-530-2783	D	ate: 11/16/20
HSA-CO Review Signature:				
	····	***************************************		
  HSA #1				10/25/2016
· · · · · ·				

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2 Document Date: 11/16/20

#### Salaries & Benefits Detail

	Agency	/ Totals	HSA P	rogram	DAS budgeted salary			
·	Annual Full Time Salary for		% FTE funded - by HSA					
Position	FTE	Total FTE	(Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Director of Programs	\$110,281	1.00	19.28%	0.19	\$21,263	\$42,527	\$42,527	\$106,317
Comm. Eng. Mgr	\$72,420	1.00	11.74%	0.12	\$8,500	\$17,000	\$17,000	\$42,500
SW Program Spv	\$61,214	1.00	35.50%	0.35	\$21,730	\$43,460	\$43,460	\$108,650
Staff Training & Dev	\$84,760	0.60	10.18%	0.06	\$5,178			\$5,178
Education Coordinator	\$50,648	0.50	50.00%	0.25	\$12,662	\$25,324	\$25,324	\$63,310
Activities Coordinator	\$49,275	1.00	45.18%	0.45	\$22,265	\$25,545	\$25,545	\$73,355
Men's Group Facilitator	\$96,000	0.13	34.82%	0.04	\$4,178	\$13,000	\$13,000	\$30,178
Community Engagement Coord	\$48,984	1.00	18.42%	0.18	\$9,024	\$15,000	\$15,000	\$39,024
Data Coordinator	\$48,000	0.25	64.58%	0.16	\$7,750	\$15,500	\$15,500	\$38,750
Food Coordinator	\$44,720	1.00	50.00%	0.50	\$22,360			\$22,360
		-						
Takala	\$666,303	7.48	339.70%	2.32	\$134,910	\$197,356	\$197,356	\$529,622
Totals	\$600,303	1.40	339.7070	2,02	4.0.1,010			
Fringe Benefits Rate	20.00%	]						
Employee Fringe Benefits	\$133,261				\$26,982	\$39,471	\$39,471	\$105,924
		l research services						
Total Salaries and Benefits	\$799,564				\$161,892	\$236,827	\$236,827	\$635,546
HSA #2								10/25/2016

Program: Community Services	<del></del>		A	ppendix B, Page 3
(Same as Line 11 on HSA #1)			Docum	ent Date: 11/16/20
	·			
	Operating Expens	e Detail		
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Rental of Property				
Utilities (Elec, Water, Gas, Phone, Garbage)				
Office Supplies, Postage				
Building Maintenance Supplies and Repair				
Printing and Reproduction				
Insurance				
Staff Training				
Staff Travel-(Local & Out of Town)				
Rental of Equipment				
Consultant				
Consultant A				
		<u></u>		
	<del></del>			
				· ·
<u>Other</u>			•	
	<del> </del>			
Total Operating Expenses	·			
HSA #3				10/25/2016

#### APPENDIX A - SERVICES TO BE PROVIDED

#### RUSSIAN AMERICAN COMMUNITY SERVICES

#### **COMMUNITY SERVICES**

### Effective January 1, 2021 to June 30, 2023

### I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Russian American Community Services

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

OCP

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

### III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

#### IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

## VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

No enhanced outreach is being funded through this grant.

## VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

#### VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>175</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>291</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>125</u> units of service of translation.
- Grantee will provide <u>625</u> units of service of social services.
- Grantee will provide **0** units of service of enhanced outreach.

On an annual basis starting July 1, 2021:

- Grantee will serve <u>350</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>582</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 250 units of service of translation.
- Grantee will provide <u>1250</u> units of service of social services.
- Grantee will provide **0** units of service of enhanced outreach.

#### IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

#### X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Ofelia Trevino Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3652 ofelia.trevino@sfgov.org

O1

Ella Lee Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6134 ella.lee@sfgov.org

# XI. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to Α. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1

Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Terr	n
Russian American Community Services			Jan 2021 - 、	Jun 2023
(Check One) New _x_ Renewal N	Modification			
If modification, Effective Date of Mod. No. of	of Mod.			
Program: Community Services				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$26,381	\$52,761	\$52,761	\$131,903
Operating Expenses	\$15,707	\$31,413	\$31,413	\$78,533
Subtotal	\$42,088	\$84,174	\$84,174	\$210,436
Indirect Percentage (%)	14.00%	14.00%	14.00%	14.00%
Indirect Cost	\$5,892	\$11,785	\$11,785	\$29,462
Subcontractor/Capital Expenditure				
Total Expenditures	\$47,980	\$95,959	\$95,959	\$239,898
•				
HSA Revenues				
General Fund	\$47,980	\$95,959	\$95,959	\$239,898
	100100000000000000000000000000000000000			
				***************************************
Total HSA Revenue	\$47,980	\$95,959	\$95,959	\$239,898
		· · · · · · · · · · · · · · · · · · ·		
Other Revenues				
		``	***************************************	
TOTAL DAS AND NON DAS REVENUE	\$47,980	\$95,959	\$95,959	\$239,898
TO THE DAY AND HOR DAY INCIDEN	Ψ47,000	Ψ00,000	<del>+++++++++++++++++++++++++++++++++++++</del>	72071000
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:	<u>                                     </u>	1	Date: 5/10/18
HSA-CO Review Signature:	. 0.001101101101.	-		
The too hove organizate.				
HSA #1				10/25/2016

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2 Document Date: December 2020

#### Salaries & Benefits Detail

			Jaiarie:	s & Deficition	ctan			
	Agency	Totals	HSA P	rogram	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Tolal
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Budget	Budget	Budget
Community Social Worker, Olga Medvedko	\$73,000	1.00	13.70%	0.14	\$5,001	\$10,002	\$10,002	\$25,005
Activities Coordinator, Alexandra Whooley	\$44,720	0.33	48.75%	0.16	\$3,597	\$7,194	\$7,194	\$17,985
Social Worker, Vera DuBois	\$41,600	0,68	100.00%	0.68	\$14,144	\$28,288	\$28,288	\$70,720
Tolals	\$159,320	2.01	162.45%	0.98	\$22,742	\$45,484	\$45,484	\$113,710
Fringe Benefits Rale	16.00%	]					<b>Y</b>	
Employee Fringe Benefils	\$25,491				\$3,639	\$7,277	\$7,277	\$18,193
Total Salaries and Benefits	\$184,811			81.85 E	\$26,381	\$52,761	\$52,761	\$131,903
HSA #2			•					10/25/201

Program: Community Services				pendix B, Page 3
(Same as Line 11 on HSA #1)			Document Date	: December 2020
	Operating Expense	Detail		
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Rental of Property				
Utilities (Elec, Water, Gas, Phone, Garbage)	\$4,500	\$9,000	\$9,000	\$22,500
Office Supplies, Postage	\$3,500	\$6,999	\$6,999	\$17,498
Building Maintenance Supplies and Repair	\$1,800	\$3,600	\$3,600	\$9,000
Printing and Reproduction	\$207	\$414	\$414	\$1,035
Insurance	\$4,500	\$9,000	\$9,000	\$22,500
Staff Training				
Staff Travel-(Local & Out of Town)				
Rental of Equipment			7,014	
<u>Consultant</u>				
Consultant A			****	
		-		
<u>Other</u>		** ***	, 44.000	64.000
Performers, Speakers	\$800	\$1,600		\$4,000
Festivity enhancement, Cultural Supplies	\$400	\$800	#\$800	\$2,000
Total Operating Expenses	. \$15,707	\$31,413	\$31,413	\$78,533

HSA #3

10/25/2016

#### APPENDIX A - SERVICES TO BE PROVIDED

#### SELF-HELP FOR THE ELDERLY

#### **COMMUNITY SERVICES**

### Effective January 1, 2021 to June 30, 2023

#### I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Self-Help for the Elderly

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

# III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

### IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

## VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

In order to raise awareness of program services and locations, Grantee will attend and participate in multiple community fairs that occur each year in the City, including Aging Your Way, Sunday Streets, and the Chinese Lunar New Year Fair. Grantee will continue to organize its annual Longevity Walk-A-Thon to raise both awareness and funds for older adult programming. Grantee will continue its newspaper, radio, and TV media campaigns. Grantee will continue to utilize in-house transportation services to enhance access to their services, including a van shuttle service in the Visitacion Valley neighborhood.

Adult Day Program and Alzheimer's Day Care Resource Center (ADCRC) - From 5) January 1 through June 30, 2021, Grantee will provide non-medical day program services through an Adult Day Program currently licensed by the California Department of Social Services/Community Care Licensing. Services will be provided to functionally impaired adults and those with Alzheimer's disease or other dementia related disorders. Grantee will ensure services are provided by trained, competent staff. Services will include an individual plan of care in a structured comprehensive program that will provide a variety of social, psychological, and related support services. Services offered will typically include socialization and recreational activities, health monitoring, meals and snacks, assistance with ADL (Activities of Daily Living) and supportive counseling. Education on resources and respite are also provided to the participant families and caregivers. Additionally, Grantee will enlist volunteers to help with the provision of services. Due to social distancing guidelines and health orders related to COVID-19, most services are to be conducted virtually or telephonically. Units of service are measured by the number of hours spent to provide adult day program and ADCRC services.

## VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

# For Community Services provided from January 1, 2021 to June 30, 2021:

- Grantee will serve <u>1,710</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>3,936</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>1,764</u> units of service of translation.
- Grantee will provide 2,496 units of service of social services.
- Grantee will provide 788 units of service of enhanced outreach.

For Community Services provided from July 1, 2021 to June 30, 2022:

- Grantee will serve <u>2,138</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>7,380</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 1,890 units of service of translation.
- Grantee will provide 3,120 units of service of social services.
- Grantee will provide <u>984</u> units of service of enhanced outreach.

# For Community Services provided from July 1, 2022 to June 30, 2023:

- Grantee will serve <u>2,850</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>9,840</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 2,540 units of service of translation.
- Grantee will provide 3,120 units of service of social services.
- Grantee will provide <u>984</u> units of service of enhanced outreach.

# For Adult Day Program and ADCRC services provided from January 1, 2021 to June 30, 2021:

- Grantee will serve 12 unduplicated Adult Day Program consumers.
- Grantee will service <u>13</u> unduplicated ADCRC consumers.
- Grantee will provide 7,160 Adult Day Program hours to consumers.
- Grantee will provide 7,076 ADCRC hours to consumers.
- Grantee will provide **6** caregiver support contacts.
- Grantee will provide **1** education session.
- Grantee will enlist 50 volunteers.
- Grantee will provide **500** volunteer hours.

# IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

For Adult Day Program and ADCRC services provided from January 1 through June 30, 2021:

- At least 85% of survey respondents will indicate that the Adult Day Program has helped the participants remain safely in their current living/housing situation.
- At least 70% of participants enrolled in the Adult Day Program will avoid institutionalization as evidenced by participating in the program for at least 6 months from their date of enrollment.
- At least 85% of caregivers who participate in trainings will indicate that they are more aware of Alzheimer's and dementia related resources.
- At least 85% of caregivers surveyed report feeling less exhausted and isolated by the chronic stress of caregiving, and better able to attend to their own personal needs.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.

- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Reanna Albert Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 557-6693 reanna.albert@sfgov.org

or

Tahir Shaikh Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6085 tahir.shaikh@sfgov.org

### XI. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1 Document Date: 11/16/2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Tor	
SELP-HELP FOR THE ELDERLY	I	Term Jan 2021 - Jun 2023		
(Check One) New _x_ Renewal Mo			Jan 2021 -	Juli 2023
If modification, Effective Date of Mod. No. of				
Program: Community Services	1,1100.	<del></del>		
Budget Reference Page No.(s)		<u></u>		
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	1/1/21 - 6/30/23
Expenditures	111121 3,00121		7,1,22 0,00,20	Total
Salaries & Benefits	\$372,521	\$572,942	\$572,942	\$1,518,405
Operating Expenses	\$127,768	\$126,423	\$126,423	\$380,614
Subtotal	\$500,289	\$699,365	\$699,365	\$1,899,019
Indirect Percentage (%)	15%	15%	15%	15%
Indirect Cost	\$75,044	\$104,905	\$104,905	\$284,854
Subcontractor/Capital Expenditure	, , , , , , , , , , , , , , , , , , ,			
Total Expenditures	\$575,333	\$804,270	\$804,270	\$2,183,873
HSA Revenues General Fund	\$575,333	\$804,270	\$804,270	\$2,183,873
Total HSA Revenue	\$575,333	\$804,270	\$804,270	\$2,183,873
Other Revenues				
TOTAL DAS AND NON DAS REVENUE	\$575,333	\$804,270	\$804,270	\$2,183,873
Full Time Equivalent (FTE)				
Prepared by: Leny Nair	Telephone No.:	415-677-7682		Date: 11/16/2020
HSA-CO Review Signature:				
HSA #1				10/25/2016

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2

Document Date: 11/16/2020

## Salaries & Benefits Detail

					· · · · · · · · · · · · · · · · · · ·			
	Agency	/ Totals	HSA P	rogram		DAS budg	eted salary	
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	1/1/21 - 6/30/23
Director of Nutrition	\$90,000	1.00	30.00%	0.30	\$22,500	\$27,000	\$27,000	\$76,500
Community Outreach Worker	\$44,824	1.00	50,00%	0.50	\$11,206	\$22,412	\$22,412	\$56,030
Community Service Manager	\$56,000	1.00	100,00%	1.00	\$28,000	\$56,000	\$56,000	\$140,000
Nutrition Manager	\$70,000	1,00	17.00%	0.17	\$26,250	\$11,900	\$11,900	\$50,050
Outreach Activity Coordinator	\$45,000	1.00	100.00%	1.00	\$22,500	\$45,000	\$45,000	\$112,500
Program Supervisor	\$47,840	1.00	25.00%	0.25	\$23,920	\$11,960	\$11,960	\$47,840
Program Coordinator	\$47,840	1.00	65,00%	0.65	\$15,548	\$31,096	\$31,096	\$77,740
Center Coord, Supervisor	\$45,760	1.00	45.00%	0.45	\$10,296	\$20,592	\$20,592	\$51,480
Program Assistant	\$39,500	0.75	50.00%	0.38	\$7,406	\$14,813	\$14,813	\$37,032
Program Assistant	\$35,360	0.75	50.00%	0.38	\$6,630	\$13,260	\$13,260	\$33,150
Program Assistant	\$35,360	1.00	64.00%	0.64	\$11,315	\$22,630	\$22,630	\$56,575
Program Assistant	\$37,440	1.00	60.00%	0.60	\$11,232	\$22,464	\$22,464	\$56,160
Center Coord	\$37,440	1.00	31.50%	0.32	\$9,360	\$11,794	\$11,794	\$32,948
Center Coord	\$37,440	1.00	50.00%	0.50	\$9,360	\$18,720	\$18,720	\$46,800
Center Coord	\$37,440	1.00	37.50%	0.38	\$9,360	\$14,040	\$14,040	\$37,440
Center Coord	\$37,440	1.00	44.00%	0.44	\$9,360	\$16,474	\$16,474	\$42,308
Center Coord	\$37,440	1.00	50.00%	0.50	\$9,360	\$18,720	\$18,720	\$46,800
Center Coord	\$37,440	1.00	50,00%	0.50	\$9,360	\$18,720	\$18,720	\$46,800
Contracts Manager	\$55,120	1.00	10.00%	0.10	\$13,780	\$5,512	\$5,512	\$24,804
Mealsite Worker	\$35,360	1.00	50.00%	0.50	\$8,840	\$17,680	\$17,680	\$44,200
Center Coord	\$35,360	0.75	50.00%	0.38	\$6,630	\$13,260	\$13,260	\$33,150
Totals	\$945,404	20.25	1029,00%	9.92	\$282,213	\$434,047	\$434,047	\$1,150,307
. 5 (4.7)			1023.00 %	<u> </u>	\$202,210 <sub>1</sub>	<u> </u>	<u> </u>	Ψ1,100,007
Fringe Benefits Rate	32%							
Employee Fringe Benefits	\$302,529				\$90,308	\$138,895	\$138,895	\$368,098
Total Salaries and Benefits	\$575,332	80427000%	80427000%		\$372,521	\$572,942	\$572,942	\$1,518,405
HSA #2				·		***************************************		10/25/2016

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 3

Document Date: 11/16/2020

# **Operating Expense Detail**

	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	1/1/21 - 6/30/23
Expenditure Category				
Rental of Property	\$36,219	\$58,000	\$58,000	\$152,219
Utilities (Elec, Water, Gas, Phone, Garbage)	\$23,300	\$39,000	\$39,000	\$101,300
Office Supplies, Postage	\$2,624	\$1,000	\$1,000	\$4,624
Building Maintenance Supplies and Repair	\$2,500	\$3,000	\$3,000	\$8,500
Printing and Reproduction	\$1,500	\$2,000	\$2,000	\$5,500
Insurance	\$3,700	\$6,000	\$6,000	\$15,700
Staff Training	\$250	\$500	\$500	\$1,250
Staff Travel-(Local & Out of Town)	\$250	\$500	\$500	\$1,250
Rental of Equipment	\$250	\$349	\$349	\$948
Consultant				
Professional Fee	\$30,000			\$30,000
Curriculum & Translation Costs	\$10,000			\$10,000
Tai-chi at Jackie Chan SC	\$1,900	<del></del>		\$1,900
<u>Other</u>				
Program & Class Supplies	\$10,000	\$10,000	\$10,000	\$30,000
Vehicle Expenses	\$1,500	\$1,500	\$1,500	\$4,500
Communications	\$1,500	\$3,000	\$3,000	\$7,500
Vehicle Insurance	\$1,275	\$1,274	\$1,274	\$3,823
Recruitment Exp	\$1,000	\$300	\$300	\$1,600
	·			
Total Operating Expenses	\$127,768	\$126,423	\$126,423	\$380,614
,				
HSA #3				10/25/2016

#### APPENDIX A - SERVICES TO BE PROVIDED

# SEQUOIA LIVING

# SAN FRANCISCO SENIOR CENTER – AQUATIC PARK

#### **COMMUNITY SERVICES**

### Effective January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the individual or others.

Grantee

Sequoia Living

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

#### III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

## IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

### VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- 1) Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting.

  Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Enhanced outreach will help grow participation and knowledge of the various components of the Community Services program. The strategy consists of four parts: tabling at community centers and libraries alongside the center's Aging and Disability Resource Center staff when it is safe to do so, use of social media platforms and email contact lists to share program information, partnering with other older adult serving agencies to administer programs and services, and engaging with nutrition consumers in the weekends, when their work week programs are closed.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory

requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>500</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>4,800</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide **360** units of service of translation.
- Grantee will provide <u>480</u> units of service of social services.
- Grantee will provide <u>360</u> units of service of enhanced outreach.

On an annual basis starting July 1, 2021:

- Grantee will serve <u>1,000</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>9,600</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 720 units of service of translation.
- Grantee will provide <u>960</u> units of service of social services.
- Grantee will provide <u>720</u> units of service of enhanced outreach.

#### IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.

• 80% of participants surveyed will increase their socialization opportunities and interaction with others.

### X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo Salta@sfgov.org

Or

Ella Lee Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6134 Ella.Lee@sfgov.org

#### XI. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1
Document Date:

## HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Ter	1
Sequoia Living			1/1/21-6	5/30/23
(Check One) New _x_ Renewal _	Modification			
If modification, Effective Date of Mod.	No. of Mod.			
Program: Aquatic Park Community Serv	rices			
Budget Reference Page No.(s)				
Program Term	1/1/21-6/30/21	7/1/21-6/30/22	7/1/22-6/30/23	Total
Expenditures				
Salaries & Benefits	\$135,348	\$260,913	\$260,913	\$657,174
Operating Expenses	\$70,675	\$21,320	\$21,320	\$113,315
Subtotal	\$206,023	\$282,233	\$282,233	\$770,489
Indirect Percentage (%)	15.00%	15.00%	15.00%	11.25%
Indirect Cost	\$30,904	\$42,335	\$42,335	\$115,574
Capital/Sub-Contractor Expenditure	\$5,058			\$5,058
Total DAS Expenditures	\$241,985	\$324,568	\$324,568	\$891,121
HSA Revenues General Fund	\$224,485	\$324,568	\$324,568	\$873,621
ото	\$17,500			\$17,500
Total DAS Revenues	\$241,985	\$324,568	\$324,568	\$891,121
Other Revenues				
	40.44.005	**************************************	#204 EGQ	\$901.121
Total DAS and Non-DAS Revenues	\$241,985	\$324,568	\$324,568	\$891,121
Full Time Equivalent (FTE)				
Prepared by:				Date: 11/17/20
HSA-CO Review Signature:	- America - Amer			
Tion Co Novion Digitatoro.				•
HSΔ #1				

Program: Aquatic Park Community Services

Appendix B, Page 2 Document Date:

#### Salaries & Benefits Detail

	Agency T	otals	HSA Pro	gram	1/1/21-6/30/21		HSA Program		7/1/21-6/30/22	7/1/22-6/30/23	Total
DAS Salary	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Budget	Budget
Service Coordination	\$67,475	0.65	100.00%	0.65	\$21,929	0.65	100.00%	0.65	\$43,859	\$43,859	\$109,647
Program Supervisor	\$69,992	0.24			\$8,399	0.19	100.00%	0.19	\$13,298	\$13,298	\$34,995
Program Assisant	\$52,104	0.46		0,46	\$12,049	0.46	100.00%	0.46	\$24,098	\$24,098	\$60,245
LWAW program assistane	\$52,104	0.46			\$12,049	0.46	100.00%	0.46	\$24,098	\$24,098	\$60,245
Chinese Outreach Worker	\$48,797	0.80			\$19,519	0.80	100.00%	0.80	\$39,038	\$39,038	\$97,595
Center Direct	\$84,406	0.48		0.48	\$20,257	0.48	100.00%	0.48	\$40,515	\$40,515	\$101,287
LWAW data entry	\$38,230	0.22		†····	\$4,181	0.22	100.00%	0.22	\$8,363	\$8,363	\$20,907
Service Coordination	\$75,005	0.05		0.05	\$1,875	1.00					\$1,875
Totals	\$488,113	3.36	800.00%	3.36	\$100,258	4.26	700.00%	3.26	\$193,269	\$193,269	\$486,796
Fringe Benefits Rate	35.00%						T"	I to a to	******		
Employee Fringe Benefits	\$170,840	756.00 67.5	(6) (6) (6) (8) (4)	10/15/12/13/14	\$35,090	4 ( <u>9</u> 18 - 1980 - 1981) 415	25 250 000 000		\$67,644	\$67,644	\$170,378
	\$658,953	cessionistical vertex in a	Lienssenskielendelleskend	STRANGE VALUE AND STAN	\$135,348	I sulface and the second secon	16010-1277-1518-1627-1628-1	20100204000000000	\$260,913	\$260,913	\$657,174

DAS Operating Expenses   Term   1/1/21-6/30/21   7/1/21-6/30/22   7/1/22-6/30/23	Appendix B, Page Document Date	•				rogram: Aquatic Park Community Services							
DAS Operating Expenses   Term   1/1/21-6/30/21   7/1/21-6/30/22   7/1/22-6/30/23	Dodinon bar												
Excenditure Category         \$2,600         \$5,000         \$5,000           Rental of Property         \$2,600         \$5,000         \$5,000         \$5,000           Office Supplies, Postage         \$4,035         \$6,820         \$6,820           Building Maintenance Supplies and Repair         Printing and Reproduction         \$1,000         \$3,000         \$3,000           Insurance         Staff Training         \$500         \$1,000         \$1,000           Staff Travel-(Local & Out of Town)         \$250         \$500         \$500           Rental of Equipment         \$2,400         \$2,400           Consultant           Web Design & Implementation         \$2,400           Hidher Learning         \$3,328           Office Supplies, Postage         \$1,000           Rental of Property         \$3,000           Program Supplies         \$2,500           LIVAW Through Movement         \$3,060           Woman's Literature         \$4,250           Joy Through Movement         \$4,750           Lola;s Act Club         \$2,678           Music Appeciation         \$5,200           Creative Writing         \$3,360           Painting and Drawing         \$3,349           Acting & S	Operating Expense Detail												
Rental of Property	Total	7/1/22-6/30/23	7/1/21-6/30/22	1/1/21-6/30/21	Term	AS Operating Expenses							
Utilities (Elec, Water, Gas, Phone, Garbage)         \$2,700         \$5,000         \$5,000           Office Supplies, Postage         \$4,035         \$6,820         \$6,820           Building Maintenance Supplies and Repair         Printing and Reproduction         \$1,000         \$3,000         \$3,000           Insurance         Staff Training         \$500         \$1,000         \$1,000         \$1,000           Staff Travel-(Local & Out of Town)         \$250         \$500         \$500         \$600           Rental of Equipment         \$2,400         \$600						xpenditure Category							
Office Supplies, Postage         \$4,035         \$6,820         \$6,820           Building Maintenance Supplies and Repair         \$1,000         \$3,000         \$3,000           Insurance         \$250         \$3,000         \$1,000         \$1,000           Staff Travel-(Local & Out of Town)         \$250         \$500         \$500           Rental of Equipment         \$250         \$500         \$500           Consultant         Web Design & Implementation         \$2,400           Higher Learning         \$3,328         \$3,328         \$3,328           Office Supplies, Postage         \$1,000         \$3,000         \$3,000           Rental of Property         \$3,000         <	\$12,60	\$5,000	\$5,000	\$2,600		• •							
Building Maintenance Supplies and Repair	\$12,70			<del></del>	-								
Printing and Reproduction         \$1,000         \$3,000         \$3,000           Insurance         \$500         \$1,000         \$1,000           Staff Training         \$500         \$1,000         \$1,000           Staff Travel-(Local & Out of Town)         \$250         \$500         \$600           Rental of Equipment         \$2,400         \$500         \$600           Consultant         \$2,400         \$2,400         \$600	\$17,67	\$6,820	\$6,820	\$4,035		•							
Insurance   Staff Training   \$500   \$1,000   \$1,000   \$1,000   \$1500					-	- ,,							
Staff Training   \$500   \$1,000   \$1,000     Staff Travel-(Local & Out of Town)   \$250   \$500     Rental of Equipment	\$7,00	\$3,000	\$3,000	\$1,000									
Staff Travel-(Local & Out of Town)         \$250         \$500         \$500           Rental of Equipment         \$2,400         \$500         \$500           Consultant         Web Design & Implementation         \$2,400         \$2,400           Hidher Learning         Utilities         \$3,328         \$3,328           Office Supplies, Postage         \$1,000         \$3,000         \$500           Rental of Property         \$3,000         \$2,500         \$2,500         \$2,500         \$2,500         \$2,500         \$2,500         \$2,500         \$2,500         \$2,500         \$3,060         \$4,250         \$3,060 </td <td></td> <td></td> <td></td> <td></td> <td>-</td> <td></td>					-								
Rental of Equipment           Consultant         Web Design & Implementation         \$2,400           Higher Learning         Utilities         \$3,328           Office Supplies, Postage         \$1,000           Rental of Property         \$3,000           Program Supplies         \$2,500           LWAW Through Movement         \$3,060           Woman's Literature         \$4,250           Joy Through Movement         \$4,750           Lola;s Act Club         \$2,678           Music Appeciation         \$5,200           Creative Writing         \$3,060           Painting and Drawing         \$3,349           Acting & Self-Expression         \$2,210           Chair Ballet Exercise         \$2,125           Teacher 1 (TBD)         \$3,060           Teacher 2 (TBD)         \$3,060           Teacher 3 (TBD)         \$3,060           Other	\$2,50	····				5							
Web Design & Implementation         \$2,400           Higher Learning         Utilities         \$3,328           Office Supplies, Postage         \$1,000           Rental of Property         \$3,000           Program Supplies         \$2,500           LWAW Through Movement         \$3,060           Woman's Literature         \$4,250           Joy Through Movement         \$4,750           Lola;s Act Club         \$2,678           Music Appeciation         \$5,200           Creative Writing         \$3,060           Painting and Drawing         \$3,349           Acting & Self-Expression         \$2,210           Chair Ballet Exercise         \$2,125           Teacher 1 (TBD)         \$3,060           Teacher 2 (TBD)         \$3,060           Other	\$1,25	\$500	\$500 	\$250									
Web Design & Implementation         \$2,400           Higher Learning         Utilities         \$3,328           Office Supplies, Postage         \$1,000           Rental of Property         \$3,000           Program Supplies         \$2,500           LWAW Through Movement         \$3,060           Woman's Literature         \$4,250           Joy Through Movement         \$4,750           Lola;s Act Club         \$2,678           Music Appeciation         \$5,200           Creative Writing         \$3,060           Painting and Drawing         \$3,349           Acting & Self-Expression         \$2,210           Chair Ballet Exercise         \$2,125           Teacher 1 (TBD)         \$3,060           Teacher 2 (TBD)         \$3,060           Other						onsultant							
Utilities         \$3,328           Office Supplies, Postage         \$1,000           Rental of Property         \$3,000           Program Supplies         \$2,500           LWAW Through Movement         \$3,060           Woman's Literature         \$4,250           Joy Through Movement         \$4,750           Lola;s Act Club         \$2,678           Music Appeciation         \$5,200           Creative Writing         \$3,060           Painting and Drawing         \$3,349           Acting & Self-Expression         \$2,210           Chair Ballet Exercise         \$2,125           Teacher 1 (TBD)         \$3,060           Teacher 2 (TBD)         \$3,060           Other	\$2,40			\$2,400									
Office Supplies, Postage         \$1,000           Rental of Property         \$3,000           Program Supplies         \$2,500           LWAW Through Movement         \$3,060           Woman's Literature         \$4,250           Joy Through Movement         \$4,750           Lola;s Act Club         \$2,678           Music Appeciation         \$5,200           Creative Writing         \$3,060           Painting and Drawing         \$3,349           Acting & Self-Expression         \$2,210           Chair Ballet Exercise         \$2,125           Teacher 1 (TBD)         \$3,060           Teacher 2 (TBD)         \$3,060           Other         \$3,060						igher Learning							
Rental of Property       \$3,000         Program Supplies       \$2,500         LWAW Through Movement       \$3,060         Woman's Literature       \$4,250         Joy Through Movement       \$4,750         Loia;s Act Club       \$2,678         Music Appeciation       \$5,200         Creative Writing       \$3,060         Painting and Drawing       \$3,349         Acting & Self-Expression       \$2,210         Chair Ballet Exercise       \$2,125         Teacher 1 (TBD)       \$3,060         Teacher 2 (TBD)       \$3,060         Dither       \$3,060	\$3,32			\$3,328		<u>Utilities</u>							
Program Supplies         \$2,500           LWAW Through Movement         \$3,060           Woman's Literature         \$4,250           Joy Through Movement         \$4,750           Lola; S Act Club         \$2,678           Music Appeciation         \$5,200           Creative Writing         \$3,060           Painting and Drawing         \$3,349           Acting & Self-Expression         \$2,210           Chair Ballet Exercise         \$2,125           Teacher 1 (TBD)         \$3,060           Teacher 2 (TBD)         \$3,060           Teacher 3 (TBD)         \$3,060	\$1,00	·		\$1,000									
LWAW Through Movement       \$3,060         Woman's Literature       \$4,250         Joy Through Movement       \$4,750         Lola;s Act Club       \$2,678         Music Appeciation       \$5,200         Creative Writing       \$3,060         Painting and Drawing       \$3,349         Acting & Self-Expression       \$2,210         Chair Ballet Exercise       \$2,125         Teacher 1 (TBD)       \$3,060         Teacher 2 (TBD)       \$3,060         Teacher 3 (TBD)       \$3,060	\$3,00	<del></del>											
Woman's Literature       \$4,250         Joy Through Movement       \$4,750         Lola;s Act Club       \$2,678         Music Appeciation       \$5,200         Creative Writing       \$3,060         Painting and Drawing       \$3,349         Acting & Self-Expression       \$2,210         Chair Ballet Exercise       \$2,125         Teacher 1 (TBD)       \$3,060         Teacher 2 (TBD)       \$3,060         Teacher 3 (TBD)       \$3,060													
Joy Through Movement         \$4,750           Lola;s Act Club         \$2,678           Music Appeciation         \$5,200           Creative Writing         \$3,060           Painting and Drawing         \$3,349           Acting & Self-Expression         \$2,210           Chair Ballet Exercise         \$2,125           Teacher 1 (TBD)         \$3,060           Teacher 2 (TBD)         \$3,060           Teacher 3 (TBD)         \$3,060	\$3,06		<del></del>	<del></del>		<del></del>							
Lola;s Act Club       \$2,678         Music Appeciation       \$5,200         Creative Writing       \$3,060         Painting and Drawing       \$3,349         Acting & Self-Expression       \$2,210         Chair Ballet Exercise       \$2,125         Teacher 1 (TBD)       \$3,060         Teacher 2 (TBD)       \$3,060         Teacher 3 (TBD)       \$3,060	\$4,250												
Music Appeciation       \$5,200         Creative Writing       \$3,060         Painting and Drawing       \$3,349         Acting & Self-Expression       \$2,210         Chair Ballet Exercise       \$2,125         Teacher 1 (TBD)       \$3,060         Teacher 2 (TBD)       \$3,060         Teacher 3 (TBD)       \$3,060	\$4,75												
Creative Writing         \$3,060           Painting and Drawing         \$3,349           Acting & Self-Expression         \$2,210           Chair Ballet Exercise         \$2,125           Teacher 1 (TBD)         \$3,060           Teacher 2 (TBD)         \$3,060           Teacher 3 (TBD)         \$3,060	\$2,67				<del></del>								
Painting and Drawing       \$3,349         Acting & Self-Expression       \$2,210         Chair Ballet Exercise       \$2,125         Teacher 1 (TBD)       \$3,060         Teacher 2 (TBD)       \$3,060         Teacher 3 (TBD)       \$3,060	\$5,200												
Acting & Self-Expression       \$2,210         Chair Ballet Exercise       \$2,125         Teacher 1 (TBD)       \$3,060         Teacher 2 (TBD)       \$3,060         Teacher 3 (TBD)       \$3,060	\$3,06i \$3,34												
Chair Ballet Exercise         \$2,125           Teacher 1 (TBD)         \$3,060           Teacher 2 (TBD)         \$3,060           Teacher 3 (TBD)         \$3,060	\$2,210												
Teacher 1 (TBD)       \$3,060         Teacher 2 (TBD)       \$3,060         Teacher 3 (TBD)       \$3,060	\$2,12												
Teacher 2 (TBD)         \$3,060           Teacher 3 (TBD)         \$3,060	\$3,060												
Teacher 3 (TBD) \$3,060 Other	\$3,060			·									
<del></del>	\$3,060												
<del></del>						ther							
	\$7,500			\$7,500		<del></del>							
Tatal DAS Oncerting Everynan	2440.04	en4 000	201.000	670.075		tal DAS On action Fun							
Total DAS Operating Expenses         \$70,675         \$21,320         \$21,320	\$113,315	\$21,320	\$21,320	\$70,675	<del></del> -	oral DAS Operating Expenses							

Program: Aquatic Park Community Services

Appendix B, Page 4

Document Date:

# Sub-contractor and Capital Expenditure Detail

	1/1/21-6/30/21	7/1/21-6/30/22	7/1/22-6/30/23	Total
Subcontractor				
Higher Learning JCC	\$5,058			\$5,058
Total Sub-Contractor Expenditure	\$5,058			\$5,058
Equipment (Qty)				
100				
Total Equipment Cost	·			
Remodeling				4
Total Remodeling Cost				
Total DAS Capital Expenditure	\$5,058			\$5,058
HSA #4	-		•	10/25/2016

#### APPENDIX A - SERVICES TO BE PROVIDED

### SEQUOIA LIVING

### SAN FRANCISCO SENIOR CENTER – DOWNTOWN

#### **COMMUNITY SERVICES**

#### Effective January 1, 2021 to June 30, 2023

#### I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL);

b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Sequoia Living

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as nonheterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual,

transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race. c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native

Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

SOGI

Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

### IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

#### VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-to-one assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Enhanced outreach will help grow participation and knowledge of the various components of the Community Services program. The strategy consists of four parts: tabling at community centers and libraries alongside the center's Aging and Disability Resource Center staff when it is safe to do so, use of social media platforms and email contact lists to share program information, partnering with other older adult serving agencies to administer programs and services, and engaging with nutrition consumers in the weekends, when their work week programs are closed.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory

requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

## VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>350</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1,998</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>120</u> units of service of translation.
- Grantee will provide <u>391</u> units of service of social services.
- Grantee will provide <u>240</u> units of service of enhanced outreach.

On an annual basis starting July 1, 2021:

- Grantee will serve <u>700</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>3,996</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>240</u> units of service of translation.
- Grantee will provide 782 units of service of social services.
- Grantee will provide <u>480</u> units of service of enhanced outreach.

## IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.

• 80% of participants surveyed will increase their socialization opportunities and interaction with others.

## X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

Or

Ella Lee Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6134 Ella.Lee@sfgov.org

#### XI. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1
Document Date:

## HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Ter	
Sequoia Living			1/1/21-6	/30/23
(Check One) New _x_ Renewal _	Modification	_	:	
If modification, Effective Date of Mod.				
Program: Downtown Community Service	es			
Budget Reference Page No.(s)				<u></u>
Program Term	1/1/21-6/30/21	7/1/21-6/30/22	7/1/22-6/30/23	Total
Expenditures				
Salaries & Benefits	\$127,015	\$264,704	\$198,179	\$589,898
Operating Expenses	\$8,728	\$6,780	\$12,436	\$27,944
Subtotal	\$135,743	\$271,484	\$210,615	\$617,842
Indirect Percentage (%)	15.00%	15.00%	15.00%	11.25%
Indirect Cost	+ \$20,361	\$40,723	\$31,592	\$92,676
Capital/Sub-Contractor Expenditure				<u> </u>
Total DAS Expenditures	\$156,104	\$312,207	\$242,207	\$710,518
HSA Revenues General Fund	\$121,104	\$242,207	\$242,207	\$605,518
	\$35,000	\$70,000	4-1-1-1	\$105,000
ОТО	\$33,000	Ψ70,000		
				· · · · · · · · · · · · · · · · · · ·
Total DAS Revenues	\$156,104	\$312,207	\$242,207	\$710,518
Other Revenues				
Total DAS and Non-DAS Revenues	\$156,104	\$312,207	\$242,207	\$710,518
Full Time Equivalent (FTE)			-MAN	
Prepared by:				Date: 11/17/20
HSA-CO Review Signature:				
Tron Contoview dignature.	····			
HSA #1				

Program: Downtown Community Services

Appendix B, Page 2 Document Date:

#### Salaries & Benefits Detail

	Agency	Totals	HSA Pro	gram	1/1/21-6/30/21		HSA Program		7/1/21-6/30/22		HSA Program	Auditare align	7/1/22-6/30/23	Total
AS Salarv	Annual Full Time Salary for FTE		% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	Budget	Budget
Service Coordination	\$75,005	0,65	100.00%	0.65	\$24,377	0.65	100.00%	0.65	\$48,753	0.65	100.00%	0.65	\$48,753	\$121,883
Program Supervisor	\$71,510	0,50	100.00%	0.50	\$17,878	0.45	100.00%	0.45	\$32,180	0.50	100.00%	0.50	\$35,755	\$85,813
Activity Assisant	\$45,947	0.20	100.00%	0.20	\$4,595	0.45	100.00%	0,45	\$20,676	0,45	100,00%	0,45	\$20,676	\$45,947
Receiptionist	\$38,771	0.12		0,12	\$2,423	0.12	100.00%	0.12	\$4,846	0.12	100.00%	0.12	\$4,846	\$12,115
Outreach Work	\$48,797	0.20	100.00%	0,20	\$4,880	0.20	100.00%	0.20	\$9,759	0.20	100.00%	0.20	\$9,759	\$24,398
Center Direct	\$84,406	0.32	100.00%	0,32	\$13,505	0,32	100.00%	0.32	\$27,010	0.32	100.00%	0.32	\$27,010	\$67,525
LWAW program coordinator	\$52,853	1.00	100.00%	1,00	\$26,427	1.00	100.00%	1.00	\$52,853	1.00				\$79,280
otals	\$417,289	2.99	700.00%	2.99	\$94,065	3.19	700.00%	3,19	\$196,077	3,24	600.00%	2.24	\$146,799	\$436,961
ringe Benefits Rate	35.00%									SSM Jacobs Steel Section 1990		10000000000000000000000000000000000000	054.000	\$152,937
mployee Fringe Benefits	\$146,051		00.000.000	105000000000000000000000000000000000000	\$32,930	356,0004455000	10,000,000,000,000	35 (48) (46)	\$68,627			(400 Hills 1966)	\$51,380	
otal DAS Salaries and Benefits	\$563,340	30.0000000000	600 PARTIES (\$5.44)	7,000 (Ep. (%)	\$127,015	alignetti utti		680 6681 660 GA	\$264,704	(0.076))))88.708			\$198,179	\$589,898
														10/25/2016

Program: Downtown Community Services					Appendix B, Page 3  Document Date:						
Operating Expense Detail											
DAS Operating Expenses	Term	1/1/21-6/30/21	7/1/21-6/30/22	7/1/22-6/30/23	Total						
Expenditure Category											
Rental of Property			\$1,000	\$2,000	\$3,000						
Utilities (Elec, Water, Gas, Phone, Garbage)	,	\$2,500	\$1,280	\$2,000	\$5,780						
Office Supplies, Postage Building Maintenance Supplies and Repair	٠,	\$2,728	\$2,500	\$2,436	\$7,664						
Printing and Reproduction		\$1,000	\$1,000	\$1,000	\$3,000						
Insurance Staff Training	•	\$500			\$500						
Staff Travel-(Local & Out of Town) Rental of Equipment											
Program Supplies	,	\$2,000	\$1,000	\$2,000	\$5,000						
Security				\$3,000	\$3,000						
<u>Consultant</u>											
<u>Other</u>											
Total DAS Operating Expenses		\$8,728	\$6,780	\$12,436	\$27,944						
HSA #3	<u> </u>				10/25/2016						

### APPENDIX A - SERVICES TO BE PROVIDED

#### SOUTHWEST COMMUNITY CORP

#### **COMMUNITY SERVICES**

### Effective January 1, 2021 to June 30, 2023

#### I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

Southwest Community Corp

HSA

Human Services Agency of the City and County of San Francisco

An acronym/term used to refer to persons who self-identify as non -LGBTQ+

> heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual,

transgender, genderqueer, and gender non-binary.

Having income at or below 300% of the federal poverty line defined by Low Income

> the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means

test to qualify for the program.

Minority An ethnic person of color who is any of the following: a) Black -a

> person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos,

Cambodia, the Philippines, Samoa, Guam, or the United States

Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native

Hawaiian. Source: California Code of Regulation Sec. 7130.

Person who is 60 years or older, used interchangeably with "senior" Older Adult

Office of Community Partnerships (Previously Office on the **OCP** 

Aging/OOA)

Person who is 60 years or older, used interchangeably with "older adult" Senior

SOGI Sexual Orientation and Gender Identity; Ordinance No. 159-16 amended

the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of

the clients they serve (Chapter 104, Sections 104.1 through 104.9.)

Unit of Service Defined as one hour of service

A unique participant receiving services in Grantee's Community Service Unduplicated

program and reflected via enrollment in CA GetCare. Consumer (UDC)

### III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

## IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

### VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- Social Services Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Grantee will provide a culturally appropriate food assistance program for the purpose of engaging with the District 11 community. The meal program will provide a variety of offerings that meet the cultural and nutritional needs of the participants.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

#### VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>63</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>600</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>25</u> units of service of translation.
- Grantee will provide <u>200</u> units of service of social services.
- Grantee will provide 50 units of service of enhanced outreach.

On an annual basis starting July 1, 2021:

- Grantee will serve <u>125</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1,200</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>50</u> units of service of translation.
- Grantee will provide <u>400</u> units of service of social services.
- Grantee will provide 100 units of service of enhanced outreach.

### IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

## X. Reporting and Other Requirements

Appendix A

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 Patrick.Gracia@sfgov.org

#### XI. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to Α. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

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Document Date: December 2020

### HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

, Nana			Tern	n
Name	Jan 2021 - Jun 2023			
SouthWest Community Corp	*Indification		Jan Zuz I * u	Jun ZUZU
	Modification			
	f Mod.			
Program: Community Services			· · · · · · · · · · · · · · · · · · ·	
Budget Reference Page No.(s)	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Program Term	1/1/21 - 0/30/21	111121 - 0130122	111122 - 0100120	Total
Expenditures	\$68,450	\$136,900	\$136,900	\$342,250
Salaries & Benefits Operating Expenses	\$131,649	\$89,384	\$89,384	\$310,417
	\$200,099	\$226,284	\$226,284	\$652,667
Subtotal	15.00%	15.00%	15.00%	15.00%
Indirect Cost	\$30,015	\$33,943	\$33,943	\$97,901
Indirect Cost Subcontractor/Capital Expenditure	Ψοσίστο	φου,υ-10	<b>V</b> CC, <b>V</b> , <b>V</b>	
Total Expenditures	\$230,114	\$260,227	\$260,227	\$750,568
Total Experiences	Ψ200,114	Ψ=00,221	+	
HSA Revenues				
General Fund	\$130,114	\$260,227	\$260,227	\$650,568
OTO 20/21 (Nutrition)	\$100,000	www.co.jamin.i	,,	\$100,000
OTO 20/21 (redeficin)	¥,00,000			
,				
Total HSA Revenue	\$230,114	\$260,227	\$260,227	\$750,568
19441191191919	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,			
Other Revenues				
,				
TOTAL DAS AND NON DAS REVENUE	\$230,114	\$260,227	\$260,227	\$750,568
	***			
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:			Date: 11/19/20
HSA-CO Review Signature:				
v v				
HSA #1				10/25/2010

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 2
Document Date: December 2020

### Salaries & Benefits Detail

	areconstruction and a construction		- Anna Maria			DAS budge	ated salary	
	Agency	Totals	HSA P	rogram		DAS budge	steu salary	
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Executive Director	\$85,000	1.00			\$21,250	\$42,500	\$42,500	\$106,250
Program Manager	\$45,760	0.75				\$34,320	\$34,320	\$85,800
Program Assistant/Facilities	\$35,360	0.75			\$6,630	\$13,260	\$13,260	\$33,150
Program Assistant/Translator	\$38,880	0.50		0.50	\$9,720	\$19,440	\$19,440	\$48,600
						<u>,                                      </u>		
Totals	\$205,000	3.00	300.00%	2.13	\$54,760	\$109,520	\$109,520	\$273,800
1								
Fringe Benefits Rate	25.00%	102401000000000000000000000000000000000			\$13,690	\$27,380	\$27,380	\$68,450
Employee Fringe Benefits	\$51,250				\$13,090	\$27,500	ψ21,000 [	<b>400</b> , 100
			40000					
Total Salaries and Benefits	\$256,250				\$68,450	\$136,900	\$136,900	\$342,250
HSA #2				•				10/25/2016

Program: Community Services (Same as Line 11 on HSA #1)

Appendix B, Page 3

Document Date: December 2020

## **Operating Expense Detail**

	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				A00 000
Rent		\$14,400	\$14,400	\$28,800
Utilities	\$15,000	\$30,000	\$30,000	\$75,000
Office Supplies	\$99_	\$5,000	\$5,000	\$10,099
Building Maintenance		\$3,000	\$3,000	\$6,000
Printing and Reproduction		\$1,500	\$1,500	\$3,000
Insurance (Bus, Liab, E&O)				
Workers Comp				
Staff Travel-(Local & Out of Town)		\$2,400	\$2,400	\$4,800
Rental of Equipment (Copier)	\$2,050	\$4,084	\$4,084	\$10,218
Delivery Fuel	\$5,000			\$5,000
Kitchen Prep (Wares/Togo)	\$30,000			\$30,000
Consultant				
Driver	\$20,000			\$20,000
Sous Chef	\$30,000			\$30,000
Custodian	\$15,000			, \$15,000
Accounting	\$2,000	\$4,000	\$4,000	\$10,000
Other				***
Senior Health/Brain (Soulphony)	\$10,000	\$20,000	\$20,000	\$50,000
Senior Health/ Low (Storytelling)	\$800	\$1,600	\$1,600	\$4,000
Senior Health/Mod (QiGong)	\$800	\$1,600	\$1,600	\$4,000
Senior Health/High (Line)	\$800	<u>\$1,600</u>	<u>\$1,600</u>	\$4,000
Fitness Supplies	\$100	\$200	\$200	\$500
				,
Total Operating Expenses	\$131,649	\$89,384	\$89,384	\$310,417
HSA #3				10/25/2016

#### APPENDIX A - SERVICES TO BE PROVIDED

## YMCA OF SAN FRANCISCO - CHINATOWN

#### **COMMUNITY SERVICES**

### Effective January 1, 2021 to June 30, 2023

#### I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

YMCA of San Francisco - Chinatown

HSA

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

OCP

Office of Community Partnerships (Previously Office on the

Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

#### III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

### IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

#### VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- 1) Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-to-one assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

Enhanced outreach efforts will not be provided under this specific grant.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

### VIII. Service Objectives

## For Community Services provided from January 1, 2021 to June 30, 2021:

- Grantee will serve <u>50</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>175</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>38</u> units of service of translation.
- Grantee will provide **0** units of service of social services.
- Grantee will provide  $\underline{0}$  units of service of enhanced outreach.

## For Community Services provided from July 1, 2021 to June 30, 2022:

- Grantee will serve <u>100</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>350</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>75</u> units of service of translation.
- Grantee will provide  $\underline{0}$  units of service of social services.
- Grantee will provide **0** units of service of enhanced outreach.

## For Community Services provided from July 1, 2022 to June 30, 2023:

- Grantee will serve <u>100</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>350</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>75</u> units of service of translation.
- Grantee will provide <u>0</u> units of service of social services.
- Grantee will provide  $\underline{\mathbf{0}}$  units of service of enhanced outreach.

#### IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

#### X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HŞA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).

- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.
- K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Reanna Albert Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 557-6693 reanna.albert@sfgov.org

or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-6693 patrick.garcia@sfgov.org

#### XI. Monitoring Activities

Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers

- who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1

Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Ten	
YMCA			Jan 2021 -	Jun 2023
(Check One) New _x_ Renewal N				
If modification, Effective Date of Mod. No. o	of Mod.			
Program: Community Services, Chinatown				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$17,052	\$30,264	\$31,475	\$78,791
Operating Expenses	\$1,768	\$7,376	\$6,165	\$15,309
Subtotal	\$18,820	\$37,640	\$37,640	\$94,100
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%
Indirect Cost	\$2,823	\$5,646	\$5,646	\$14,115
Subcontractor/Capital Expenditure				
Total Expenditures	\$21,643	\$43,286	\$43,286	\$108,215
HSA Revenues General Fund	\$21,643	\$43,286	\$43,286	\$108,215
			,	
		040,000	640.000	\$400.04E
Total HSA Revenue	\$21,643	\$43,286	\$43,286	\$108,215
Other Revenues				
TOTAL DAS AND NON DAS REVENUE	\$21,643	\$43,286	\$43,286	\$108,215
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:			Date: 11/19/20
HSA-CO Review Signature:	TOO PHONO TON			
TIDA-CO REVIEW DIGITALLITE.				
HSA #1				10/25/2016

Program: Community Services, Chinatown

(Same as Line 11 on HSA #1)

Appendix B, Page 2 Document Date: December 2020

## Salaries & Benefits Detail

	Agency	Totals	HSA Program		DAS budgeted salary			
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Program Coordinator	\$49,920	1.00	25.00%	0.25	\$5,760	\$12,480	\$12,979	\$31,219
Group Ex Instructors	\$83,200	0.50	5.00%	0.03	\$5,200	\$6,240	\$6,490	\$17,930
Translation Services	\$52,000	1.00	20.00%	0.20	\$3,250	\$6,500	\$6,760	\$16,510
Totals	\$185,120	2.50	50.00%	0.48	\$14,210	\$25,220	\$26,229	\$65,659
Fringe Benefits Rate Employee Fringe Benefits	20.00% \$37,024				\$2,842	\$5,044	\$5,246	\$13,132
Total Salaries and Benefits	\$222,144				\$17,052	\$30,264	\$31,475	\$78,791
HSA #2								10/25/201

Program: Community Services, Chinatown			Ap	ppendix B, Page 3
(Same as Line 11 on HSA #1)			Document Date	: December 2020
	Operating Expense	e Detail		
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category	***************************************			
Rental of Property				
Utilities (Elec, Water, Gas, Phone, Garbage) Office Supplies, Postage	\$200	\$300	\$65	\$565
Building Maintenance Supplies and Repair		•••		
Printing and Reproduction				
Insurance				
Staff Training				
Staff Travel-(Local & Out of Town)				
Rental of Equipment				
			•	
Consultant				
			· ·	
<u>Other</u>				
Food	\$900_	\$1,800	\$1,800	\$4,500
Program Supplies	\$668_	\$500	\$500	\$1,668
Entrance Fees		\$1,526	\$800	\$2,326
Bus Rental		\$3,250	\$3,000	\$6,250
Total Operating Expenses	\$1,768	\$7,376	\$6,165	\$15,309
Total Operating Expenses	Ψ1,700	Ψ1,310	Ψ0,100	ψ10,000
HSA #3	•			10/25/201

#### APPENDIX A - SERVICES TO BE PROVIDED

#### YMCA SAN FRANCISCO - MISSION

#### **COMMUNITY SERVICES**

# Effective January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

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contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

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Department of Disability and Aging Services

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functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

YMCA San Francisco

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

## VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

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  Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

**HSA** 

Human Services Agency of the City and County of San Francisco

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Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaijan. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve *(Chapter 104, Sections 104.1 through 104.9.)* 

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts will not be provided under this specific grant.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
  - Provide physical activities that may improve the health of participants.
  - Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
  - Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>250</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1,296</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>75</u> units of service of translation.
- Grantee will provide <u>325</u> units of service of social services.
- Grantee will provide **0** units of service of enhanced outreach.

On an annual basis starting July 1, 2021:

- Grantee will serve <u>500</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>2,592</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>150</u> units of service of translation.
- Grantee will provide <u>650</u> units of service of social services.
- Grantee will provide  $\underline{\mathbf{0}}$  units of service of enhanced outreach.

# IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

## X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

Or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 Patrick.Gracia@sfgov.org

## XI. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

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Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Title			Ter	m
YMCA			Jan 2021 -	Jun 2023
(Check One) New _x_ Renewal Mo	dification			
If modification, Effective Date of Mod. No. of N	Vlod.			
Program: Community Services, Mission				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$40,723	\$81,446	\$81,446	\$203,615
Operating Expenses				
Subtotal	\$40,723	\$81,446	\$81,446	\$203,615
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%
Indirect Cost	\$6,109	\$12,218	\$12,218	\$30,545
Subcontractor/Capital Expenditure				
Total Expenditures	\$46,832	\$93,664	\$93,664	\$234,160
HSA Revenues				
General Fund	\$46,832	\$93,664	\$93,664	\$234,160
Total HSA Revenue	\$46,832	\$93,664	\$93,664	\$234,160
Other Revenues				
·				
		· · · · · · · · · · · · · · · · · · ·		
			<b>.</b>	AAA
TOTAL DAS AND NON DAS REVENUE	\$46,832	\$93,664	\$93,664	\$234,160
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:			Date: 11/19/20
HSA-CO Review Signature:				
		•		
HSA #1				10/25/2016

Program: Community Services, Mission (Same as Line 11 on HSA #1)

Appendix B, Page 2

Document Date: December 2020

## Salaries & Benefits Detail

	Agency	Totals	HSA Pi	rogram		DAS budge	eted salary	
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
AOA Coordinator (Luis Hernandez)	\$45,760	1.00	39.85%	0.25	\$11,489	\$22,978	\$22,978	\$57,445
Sr. Director (Christy Wagnon)	\$90,000	1.00		0.13	\$11,802	\$23,604	\$23,604	\$59,010
Executive Director (Marissa Cowan)	\$120,000	1.00	3.96%	0.04	\$4,748	\$9,496	\$9,496	\$23,740
Director of Programs (Shak Karim)	\$66,000	1.00	5.32%	0.05	\$3,511	\$7,022	\$7,022	\$17,555
Director of Family Engagement (Karla Diaz)	\$68,000	1.00	3.30%	0.03	\$2,241	\$4,482	\$4,482	\$11,205
Program Staff (Deja Spell)	\$37,400	1.00	1.54%	0.01	\$289	\$578	\$578	<b>\$</b> 1,445
			•	·				
Totals	\$427,160	6.00	67.08%	0.51	\$34,080	\$68,160	\$68,160	\$170,400
Fringe Benefits Rate Employee Fringe Benefits	19.00% \$81,160		A CONTROL OF THE STATE OF THE S		\$6,643	\$13,286	\$13,286	\$33,215
Total Salaries and Benefits	\$508,320				\$40,723	\$81,446	\$81,446	\$203,615

#### APPENDIX A - SERVICES TO BE PROVIDED

#### YMCA SAN FRANCISCO – PARK MERCED

#### **COMMUNITY SERVICES**

# Effective January 1, 2021 to June 30, 2023

# I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

#### II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

**CARBON** 

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

**DAS** 

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

YMCA San Francisco

HSA

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

OCP

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

# VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- 2) Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-to-one assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

The Parkmerced Senior Program by the Stonestown Family YMCA will conduct flier distribution, tabling at local events, and facilitate word of mouth recommendations by current participating clients. YMCA staff will ensure that flier communications are dropped off at local agencies and locations where older adults congregate (libraries, banks, other community centers, etc.). Staff will attend local farmer's markets which provides a great opportunity to outreach to new older adults who may need our services. Other tools such as Stonestown Family YMCA's website, Parkmerced website and communication outlets, social media (e.g. Facebook, Instagram, and Twitter) and email are also utilized to reach older adults who have access to these platforms.

## VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the

Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>63</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>325</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>38</u> units of service of translation.
- Grantee will provide 50 units of service of social services.
- Grantee will provide <u>50</u> units of service of enhanced outreach.

On an annual basis starting July 1, 2021:

- Grantee will serve <u>125</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>650</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>75</u> units of service of translation.
- Grantee will provide <u>100</u> units of service of social services.
- Grantee will provide <u>100</u> units of service of enhanced outreach.

## IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their

lives.

• 80% of participants surveyed will increase their socialization opportunities and interaction with others.

# X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

Or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 Patrick.Gracia@sfgov.org

# XI. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

Appendix B, Page 1

Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name		1	Ter	
YMCA			Jan 2021 -	Jun 2023
(Check One) New _x_ Renewal Mod	dification			
If modification, Effective Date of Mod. No. of N	/lod.			
Program: Community Services, Parkmerced				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$33,518	\$67,036	\$67,036	\$167,590
Operating Expenses	\$68	\$136	\$136	\$340
Subtotal	\$33,586	\$67,172	\$67,172	\$167,930
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%
Indirect Cost	\$5,039	\$10,078	\$10 <sub>,</sub> 078	\$25,195
Subcontractor/Capital Expenditure				
Total Expenditures	\$38,625	\$77,250	\$77,250	\$193,125
HSA Revenues	#20.005	<b>677 050</b>	\$77,250	\$193,125
General Fund	\$38,625	\$77,250	\$77,200	ψ190,120
Total HSA Revenue	\$38,625	\$77,250	\$77,250	\$193,125
Other Revenues				
		·		
TOTAL DAS AND NON DAS REVENUE	\$38,625	\$77,250	\$77,250	\$193,125
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:			Date: 11/19/20
HSA-CO Review Signature:				÷
				40/05/0040
HSA #1				10/25/2016

Program: Community Services, Parkmerced (Same as Line 11 on HSA #1)

Appendix B, Page 2
Document Date: December 2020

## Salaries & Benefits Detail

YMCA (Stonestown Family YMCA)	Agency	Totals	als HSA Program DAS budgeted salary					
TWOA (Stollestown Family TWOA)	Annual Full Time Salary for	- IVIIII	% FTE funded by HSA					
Position	FTE	Total FTE	(Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Program Director	\$85,424	1.00	20.00%	0.20	\$8,542	\$17,085	\$17,085	\$42,712
Program Coordinator	\$66,186	1.00	42.34%	0.42	\$14,012	\$28,023	\$28,023	\$70,058
Food Pantry Support	\$36,800	0.20	25.97%	0.05	\$1,911	\$3,822	\$3,822	\$9,555
								-
			•					
Totals	\$188,410	2.20	88.31%	0.68	\$24,465	\$48,930	\$48,930	\$122,325
	07.000							
Fringe Benefits Rate Employee Fringe Benefits	37.00% \$69,712	100000000000000000000000000000000000000			\$9,053	\$18,106	\$18,106	\$45,265
Emblokee Luide peneur	400,112	Parente Santa S	CONTRACTOR STATE OF THE STATE O	THE STATE OF THE S				
Total Salaries and Benefits	\$258,122				\$33,518	\$67,036	\$67,036	\$167,590
HSA #2								10/25/201

Program: Community Services, Parkmerced				Appendix B, Page 3
(Same as Line 11 on HSA #1)			Document D	ate: December 2020
	Operating Expense	e Detail		
	<b>5</b> p + + + + + + + + + + + + + + + + + +			
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Building Maintenance Supplies and Repair Printing and Reproduction				
Insurance				
Staff Training				
Staff Travel-(Local & Out of Town)				
Rental of Equipment				
Consultant				
Consultant A				
<u>Other</u>				
Program Subscriptions	\$68	\$136	\$136	\$340
	******		****	
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			***************************************	
Total Operating Expenses	\$68	\$136	\$136	\$340
HSA #3				10/25/2016

#### APPENDIX A - SERVICES TO BE PROVIDED

#### YMCA SAN FRANCISCO – RICHMOND

#### **COMMUNITY SERVICES**

# Effective January 1, 2021 to June 30, 2023

## I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

## II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

YMCA San Francisco

**HSA** 

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

## IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

# VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting. Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts will not be provided under this specific grant.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

# VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>50</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>240</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide **0** units of service of translation.
- Grantee will provide <u>38</u> units of service of social services.
- Grantee will provide **0** units of service of enhanced outreach.

On an annual basis starting July 1, 2021:

- Grantee will serve <u>100</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>480</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide  $\underline{\mathbf{0}}$  units of service of translation.
- Grantee will provide 75 units of service of social services.
- Grantee will provide **0** units of service of enhanced outreach.

# IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their lives.
- 80% of participants surveyed will increase their socialization opportunities and interaction with others.

## X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

Or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 Patrick.Gracia@sfgov.org

# XI. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

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Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Te	
YMCA			Jan 2021 -	Jun 2023
(Check One) New _x_ Renewal Modif				
If modification, Effective Date of Mod. No. of Mo	d			
Program: Community Services, Richmond				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$32,728	\$65,456	\$65,456	\$163,640
Operating Expenses	\$2,216	\$4,433	\$4,433	\$11,082
Subtotal	\$34,944	\$69,889	\$69,889	\$174,722
Indirect Percentage (%)	13.00%	13.00%	13.00%	13.00%
Indirect Cost	\$4,543	\$9,086	\$9,086	\$22,715
Subcontractor/Capital Expenditure				
Total Expenditures	\$39,487	\$78,974	\$78,974	\$197,435
HSA Revenues General Fund	\$39,487	\$78,974	\$78,974	\$197,435
Total HSA Revenue	\$39,487	\$78,974	\$78,974	\$197,435
Other Revenues				
TOTAL DAS AND NON DAS REVENUE	\$39,487	\$78,974	\$78,974	\$197,435
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:			Date: 11/19/20
HSA-CO Review Signature: HSA #1			111111111111111111111111111111111111111	10/25/2016

Program: Community Services, Richmond

(Same as Line 11 on HSA #1)

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# Salaries & Benefits Detail

			anvilares	/9/45 (none in control / / / / / / / / / / / / / / / / / / /		5467		
•	Agency	Totals	HSA P	rogram		DAS budge	eted salary	
Position	Annual Full Time Salary for FTE	Total FTE	% FTE funded by HSA (Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Senior Director of Engagement	\$85,812	1.00	25.00%	0.25	\$10,727	\$21,453	\$21,453	\$53,633
AOA Lead Staff	\$43,056	1.00	50.00%	0.50	\$10,764	\$21,528	\$21,528	\$53,820
Chair Yoga Instructor	\$37,198	0.50	24.00%	0.12	\$2,232	\$4,464	\$4,464	\$11,160
AOA Strength Instructor	\$63,710	1.00	4.50%	0.05	\$1,433	\$2,867	\$2,867	\$7,167
Totals	\$229,776	3.50	103.50%	0.92	\$25,156	\$50,312	\$50,312	\$125,780
Fringe Benefits Rate	30.10%							
Employee Fringe Benefits	\$69,163				\$7,572	\$15,144	\$15,144	\$37,860
Total Salaries and Benefits					\$32,728	\$65,456	\$65,456	\$163,640
HSA #2								10/25/2016

Program: Community Services, Richmond			· · · · · · · · · · · · · · · · · · ·	opendix B, Page 3 e: December 2020
(Same as Line 11 on HSA #1)		-	Document Date	e: December 2020
	Operating Expense	e Detail		• •
	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category				
Rental of Property				
Utilities (Elec, Water, Gas, Phone, Garbage)				
Office Supplies, Postage				
Building Maintenance Supplies and Repair				
Printing and Reproduction				
Insurance				
Staff Training				
Staff Travel-(Local & Out of Town)				
Rental of Equipment				
Consultant				
Consultant A				
Other	_#	4 004 00	4 004 00	ቀ2 በበጋ
Food Delivery Vehicle Maintenance	1,000.00	1,001.00	1,001.00	\$3,002 \$4,080
Program Supplies	1,216.00	1,432.00	1,432.00	\$4,000 \$4,000
Food & Beverage		2,000.00	2,000.00	\$4,000
		-		
Total Operating Expenses	\$2,216	\$4,433	\$4,433	\$11,082
HSA #3				10/25/201

#### APPENDIX A - SERVICES TO BE PROVIDED

#### YMCA SAN FRANCISCO – STONESTOWN

#### COMMUNITY SERVICES

## Effective January 1, 2021 to June 30, 2023

#### I. Purpose

The purpose of this grant is to maintain or improve the well-being of older adults and adults with disabilities through the provision of a variety of services and activities through site based Community Centers.

## II. Definitions

Adult with a Disability

Person 18 years of age or older living with a disability

CA GetCare

A web-based application that provides specific functionalities for

contracted agencies to use to perform consumer

intake/assessment/enrollment, record service objectives, run reports, etc.

CARBON

Contracts Administration, Reporting and Billing On Line System

City

City and County of San Francisco, a municipal corporation.

DAS

Department of Disability and Aging Services

Disability

A condition or combination of conditions that is attributable to a mental, cognitive or physical impairment, including hearing and visual impairments, that results in substantial functional limitations in one (1) or more of the following areas of major life activity: a) Self-care: activities of daily living (ADL), and instrumental activities of daily living (IADL); b) Capacity for independent living and self-direction; c) Cognitive

functioning, and emotional adjustment

Frail

An individual determined to be functionally impaired in one or both of the following areas: (a) unable to perform two or more activities of daily living (such as bathing, toileting, dressing, eating, and transferring) without substantial human assistance, including verbal reminding, physical cueing or supervision; (b) due to a cognitive or other mental impairment, requires substantial supervision because the individual behaves in a manner that poses a serious health or safety hazard to the

individual or others.

Grantee

YMCA San Francisco

HSA

Human Services Agency of the City and County of San Francisco

LGBTQ+

An acronym/term used to refer to persons who self-identify as non-heterosexual and/or whose gender identity does not correspond to their birth sex. This includes, but is not limited to, lesbian, gay, bisexual, transgender, genderqueer, and gender non-binary.

Low Income

Having income at or below 300% of the federal poverty line defined by the federal Bureau of the Census and published annually by the U.S. Department of Health and Human Services. This is only to be used by consumers to self-identify their income status, not to be used as a means test to qualify for the program.

Minority

An ethnic person of color who is any of the following: a) Black – a person having origins in any of the Black racial groups of Africa, b) Hispanic – a person of Mexican, Puerto Rican, Cuban, Central or South American, or other Spanish or Portuguese culture or origin regardless of race, c) Asian/Pacific Islander – a person whose origins are from India, Pakistan or Bangladesh, Japan, China, Taiwan, Korea, Vietnam, Laos, Cambodia, the Philippines, Samoa, Guam, or the United States Territories of the Pacific including the Northern Marianas, d) American Indian/Alaskan Native – an American Indian, Eskimo, Aleut, or Native Hawaiian. Source: California Code of Regulation Sec. 7130.

Older Adult

Person who is 60 years or older, used interchangeably with "senior"

**OCP** 

Office of Community Partnerships (Previously Office on the Aging/OOA)

Senior

Person who is 60 years or older, used interchangeably with "older adult"

**SOGI** 

Sexual Orientation and Gender Identity; *Ordinance No. 159-16* amended the San Francisco Administrative Code to require City departments and contractors that provide health care and social services to seek to collect and analyze data concerning the sexual orientation and gender identity of the clients they serve (*Chapter 104, Sections 104.1 through 104.9.*)

Unit of Service

Defined as one hour of service

Unduplicated Consumer (UDC)

A unique participant receiving services in Grantee's Community Service program and reflected via enrollment in CA GetCare.

## III. Target Population

Services must target those older adults and adults with disabilities (aged 18-59) who are members of one or more of the following target groups that have been identified as demonstrating the greatest economic and social need. In particular:

- Low-income
- Non or limited English speaking
- Minority
- Frail
- Member of the LGBTQ+ community

# IV. Eligibility for Community Services

- Resident of San Francisco and
- Person aged 60 and above or
- Person 18 years of age or older with a disability

#### V. Location and Time of Services

The details of the sites and operation hours are as attached in the Site Chart (Appendix F).

## VI. Service Description

Community Services consist of activities/services that maintain or improve the quality of life of participants. Activities and services focus on the physical, social, psychological, economic, educational, recreational, and/or creative needs of older persons and adults with disabilities. Activities and services may be provided in the Grantee's Community Center, in the community, via telephone, virtually over the internet, and through other effective means of communication and connection.

There are four categories of services:

- Activity Scheduling Units of service are measured by the number of scheduled activity hours sponsored by the Community Centers. Activities may include educational presentations, workshops, trainings, cultural events, food bag programs, social events, exercise classes, arts and crafts classes, discussion groups, sports activities, support groups, field trips, and any other group activity that brings people together for education or wellness purposes, provides opportunities for connection with other participants, and that help participants maintain or enhance their level of functioning.
- Translation Units of service are measured by the number of hours of translation assistance provided to consumers that cannot speak/read English. In addition, translation may also include the use of American Sign Language, braille, or teleprompting.

  Translation services may include translation of forms, letters, applications, phone calls, etc. for an individual. It can also include written translation from English of monthly activity calendars, flyers, and verbal translation for group announcements, presentations, etc.

- 3) <u>Social Services</u> Units of service are measured by the number of hours providing one-toone assistance for individuals to enable them to resolve problems. Assistance may include information and referral, forms/application completion, home visits, medical escort services, and emotional support by phone or in person.
- 4) Enhanced Outreach While there is an expectation that Community Centers will do outreach within their existing budgets to reach their target populations, some agencies may decide to propose more formal outreach plans or a specific campaign to address access barriers in the community. Examples of this may include working with a community collaborative group, designing and implementing an outreach plan for an underserved area, problem-solving certain barriers to service, i.e., safety issues, transportation needs, etc. Enhanced outreach efforts must receive prior review and approval from the Office of Community Partnerships staff before commencing. Units of service are measured by the number of hours spent working on enhanced outreach.

Enhanced outreach efforts under this specific grant are summarized as follows:

The Stonestown Family Active Adult (Senior) Program will conduct flier distribution, tabling at local events, and facilitate word of mouth recommendations by current participating clients. YMCA staff will ensure that flier communications are dropped off at local agencies and locations where older adults congregate (libraries, banks, other community centers, etc.). Staff will attend local farmer's markets which provides a great opportunity to outreach to new older adults who may need our services. Other tools such as Stonestown Family YMCA's website, social media (e.g. Facebook, Instagram, and Twitter) and email are also utilized to reach older adults who have access to these platforms.

#### VII. Contractor Responsibilities

Services should be provided according to Office of Community Partnerships / Office on the Aging Community Services Standards, Program Memorandum #41.

Service offerings in the four categories of Community Services should be designed to:

- Provide quality services that attain a high satisfaction level from participants.
- Provide services that meet the needs of individual participants.
- Provide physical activities that may improve the health of participants.
- Increase access to information and educational materials that help enable individual consumers to maximize independence while living in the community.
- Provide activities to increase socialization opportunities for individual consumers.

Grantee will administer an annual participant survey, pre-approved by the Office of Community Partnerships staff, to consumers with a response rate of at least 35% of the annual unduplicated consumer service objective as specified in the Service Objectives section below.

\*\*\*Grantee shall continue to follow guidance in or instructions from health care providers, the

Centers for Disease Control and Prevention (CDC), California Department of Public Health (CDPH), and local health departments relating to COVID-19. If there are contradictory requirements between the most current CDC, CDPH, and local health department guidance or health orders, providers should follow the strictest requirements. These requirements shall be followed with the intent to maximize the health and safety of Grantee staff and clients receiving services.

#### VIII. Service Objectives

For the period January 1, 2021 – June 30, 2021:

- Grantee will serve <u>1,000</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>1,500</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide <u>60</u> units of service of translation.
- Grantee will provide <u>500</u> units of service of social services.
- Grantee will provide <u>50</u> units of service of enhanced outreach.

On an annual basis starting July 1, 2021:

- Grantee will serve <u>2,000</u> unduplicated consumers, older adults and adults with disabilities.
- Grantee will provide <u>3,000</u> units of service of activity scheduling at a center or venues approved by the Office of Community Partnerships.
- Grantee will provide 120 units of service of translation.
- Grantee will provide 1,000 units of service of social services.
- Grantee will provide 100 units of service of enhanced outreach.

## IX. Outcome Objectives

- 80% of participants surveyed will receive the services and/or activities they need from the agency.
- 80% of participants surveyed who participate in physical activity programming will report positive impact on their health.
- 80% of participants surveyed who received social services or translation assistance, or participated in an educational program, will report that this helped to improve their

lives.

• 80% of participants surveyed will increase their socialization opportunities and interaction with others.

## X. Reporting and Other Requirements

Grantee will provide various reports during the term of the grant agreement:

- A. The Grantee will enter consumers' data into the CA GetCare Community Services module.
- B. The Grantee will enter into the CA GetCare Service Unit section all the units of service by the 5<sup>th</sup> working day of the month for the preceding month.
- C. Monthly, quarterly, and annual reports must be entered into the Contracts Administration, Reporting, and Billing Online (CARBON) system as required by DAS and Contracts Department staff.
- D. Grantee will submit response rates and aggregated data from the annual participant survey to OCP staff by March 15<sup>th</sup> of each grant year.
- E. Grantee shall submit Community Services Block Grant (CSBG) time study to HSA/DAS for the months of February, May, August and November. The time study is due on the 10<sup>th</sup> day following the time study month.
- F. Grantee shall issue a Fiscal Closeout Report at the end of the fiscal year. The report is due to HSA no later than July 31<sup>st</sup> of each grant year. This report must be submitted to the CARBON system.
- G. Grantee shall develop and deliver ad hoc reports as requested by HSA/DAS/OCP.
- H. Grantee shall develop and deliver a bi-annual summary report of SOGI data collected as requested by DAS/HSA. The due dates for submitting the summary reports are January 10 (for July 1 December 31 data) and July 10 (for January 1 June 30 data).
- I. Grantee will develop and maintain with OCP's approval, an updated Site Chart (using OCP's format) with details about the program.
- J. Grantee shall be compliant with the Health Insurance Portability and Accountability Act of 1996 (HIPAA) privacy and security rules to the extent applicable and to take all reasonable efforts to implement HIPAA requirements.

K. Apart from reports requested to be sent via e-mail to the Program Analyst and/or Contract Manager, all other reports and communications should be sent to the following addresses:

Paulo Salta Program Analyst P.O. Box 7988 San Francisco, CA 94120 (415) 355-3551 Paulo.Salta@sfgov.org

Or

Patrick Garcia Contract Manager Human Services Agency PO Box 7988 San Francisco, CA 94120 (415) 557-5597 Patrick.Gracia@sfgov.org

# XI. Monitoring Activities

- Program Monitoring: Program monitoring will include review of compliance to A. specific program standards or requirements; client eligibility and targeted mandates, back up documentation for the units of service and all reporting, and progress of service and outcome objectives; how participant records are collected and maintained; reporting performance including monthly service unit reports on CA-GetCare, maintenance of service unit logs; agency and organization standards, which include current organizational chart, evidence of provision of training to staff regarding the Elder Abuse Reporting; evidence that program staff have completed the California Department of Aging (CDA) Security Awareness Training; review of program operation, which includes a review of a written policies and procedures manual of all OCP funded programs, written project income policies if applicable, grievance procedure posted in the center/office, and also given to the consumers who are homebound, hours of operation are current according to the site chart; a board of director list and whether services are provided appropriately according to Sections VI and VII, the log of service units which are based on the hours of scheduled activities; sign-in sheets of consumers who participated in each activity; documentation that shows reported units of service are based on scheduled activities at the site, not activities that are always available at the facility such as cards or pool, translation and social services are based on staff hours.
- B. <u>Fiscal Compliance and Contract Monitoring</u>: Fiscal monitoring will include review of the Grantee's organizational budget, the general ledger, quarterly balance sheet, cost allocation procedures and plan, State and Federal tax forms, audited financial statement, fiscal policy manual, supporting documentation for

selected invoices, cash receipts and disbursement journals. The compliance monitoring will include review of Personnel Manual, Emergency Operations Plan, Compliance with the Americans with Disabilities Act, subcontracts, and MOUs, and the current board roster and selected board minutes for compliance with the Sunshine Ordinance.

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Document Date: December 2020

# HUMAN SERVICES AGENCY BUDGET SUMMARY BY PROGRAM

Name			Ter	m
YMCA			Jan 2021 -	Jun 2023
(Check One) New x_ Renewal Modifi	ication			
If modification, Effective Date of Mod. No. of Mo	d			
Program: Community Services, Stonestown Family				
Budget Reference Page No.(s)				
Program Term	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditures				
Salaries & Benefits	\$92,751	\$185,502	\$185,502	\$463,755
Operating Expenses	\$35,914	\$13,668	\$13,668	\$63,250
Subtotal	\$128,665	\$199,170	\$199,170	\$527,005
Indirect Percentage (%)	15.00%	15.00%	15.00%	15.00%
Indirect Cost	\$19,524	\$29,873	\$29,873	\$79,270
Subcontractor/Capital Expenditure				
Total Expenditures	\$148,189	\$229,043	\$229,043	\$606,275
HSA Revenues				
General Fund	\$138,189	\$229,043	\$229,043	\$596,275
OTO 20/21 (Taiko program)	\$10,000			\$10,000
Total HSA Revenue	\$148,189	\$229,043	\$229,043	\$606,275
·				
Other Revenues				
TOTAL DAS AND NON DAS REVENUE	\$148,189	\$229,043	\$229,043	\$606,275
Full Time Equivalent (FTE)				
Prepared by:	Telephone No.:			Date: 11/19/20
HSA-CO Review Signature:				
HSA #1				10/25/2016

Program: Community Services, Stonestown Family

(Same as Line 11 on HSA #1)

Appendix B, Page 2

Document Date: December 2020

#### Salaries & Benefits Detail

YMCA (Stonestown Family YMCA)	Agency Totals		HSA Program		DAS budgeted salary			
	Annual Full Time Salary for	T-4-1 FTF	% FTE funded by HSA	Adinated ETE	4/4/04 6/20/04	7/4/04 6/20/00	7/4/09 6/20/03	Total
Position	FTE	Total FTE	(Max 100%)	Adjusted FTE	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	
Program Director	\$85,424	1.00		0.75		\$64,068	\$64,068	\$160,170
Program Coordinator	\$66,186	1.00	54.82%	0.55	\$18,140	\$36,280	\$36,280	\$90,700
Analyst	\$43,680	1.00	100.00%	1.00	\$19,620	\$39,240	\$39,240	\$98,100
Group Ex	\$97,760	1.00	6.68%	0.07	\$6,530	\$13,060	\$13,060	\$32,650
								-
Totals	\$293,050	4.00	236.50%	2.37	\$76,324	\$152,648	\$152,648	\$381,620
Fringe Benefits Rate	21.00%				21.00%	21.00%	21.00%	
Employee Fringe Benefits	\$61,541				\$16,427	\$32,854	\$32,854	\$82,135
Total Salaries and Benefits	¢254.504				<b>#</b> 02.754	\$185,502	\$185,502	\$463,755
HSA #2	\$354,591	<u> </u>			\$92,751	\$100,002	ψ100,302_	10/25/2016

Program: Community Services, Stonestown Family (Same as Line 11 on HSA #1)	Appendix B, Page 3 Document Date: December 2020			
	Operating Expens	se Detail		
Name Parkmerced YMCA (Stonestown Family YMCA)	1/1/21 - 6/30/21	7/1/21 - 6/30/22	7/1/22 - 6/30/23	Total
Expenditure Category	_			
Rental of Property				
Utilities (Elec, Water, Gas, Phone, Garbage)	#			
Building Maintenance Supplies and Repair				
Printing and Reproduction				
Insurance				
Staff Training				
Staff Travel-(Local & Out of Town)				
Rental of Equipment				
Consultant				
Higher Education Learning	\$20,580			\$20,580
Other  Decrease Cub societions	\$24	\$48	\$48	\$120
Program Subscriptions	\$44	\$88	\$88	\$220
Food and Beverage Program Supplies	# \$5,550		\$11,100	\$27,750
Phone Service	\$1,216		\$2,432	\$6,080
Taiko Drumming	\$8,500			\$8,500
Total Operating Expenses	\$35,914	\$13,668	\$13,668	\$63,250
HSA #3				10/25/2016