SAN FRANCISCO DEPARTMENT OF AGING AND ADULT SERVICES PLANNING & SERVICES AREA 6

2017-2018 AREA PLAN UPDATE

For Submission to the California Department of Aging 5/2017

AREA PLAN UPDATE (APU) CHECKLIST

Check <u>one</u>: **☑ FY 17-18** □ FY 18-19 □ FY 19-20

Use for APUs only

| AP Guidance Section | APU Components (To be attached to the APU) | Chec Inclu | | Page # |
|------------------------|--|-------------------------|------------------|-----------|
| | Update/Submit A) through I) ANNUALLY: | | | |
| n/a | A) Transmittal Letter- (requires <u>hard copy</u> with original ink signatures or official signature stamp- <u>no</u> photocopies) | V | ľ | 1 |
| n/a | B) APU- (submit entire APU electronically only) | V | ľ | all |
| 2, 3, or 4 | C) Estimate- of the number of lower income minority older individuals in the PSA for the coming year | Z | i | 2 |
| 7 | D) Public Hearings- that will be conducted | V | ľ | 4 |
| n/a | E) Annual Budget | | | |
| 9 | F) Title IIIB/VIIA Long-Term Care Ombudsman Objectives | V | Ì | 6 |
| 9 | G) Title VIIA Elder Abuse Prevention Objectives | V | Ì | 7 |
| 10 | H) Service Unit Plan (SUP) Objectives and LTC Ombudsman Program Outcomes | Z | Í | 8 |
| 18 | I) Legal Assistance | V | Ì | 28 |
| | Update/Submit the following only if there has been a CHANGE or the section was not included in the 2016-2020 Area Plan: | | | |
| 5 | Minimum Percentage/Adequate Proportion | | \triangleright | |
| 5 | Needs Assessment | | Ŋ | |
| 9 | AP Narrative Objectives: | \square | | 32 |
| 9 | System-Building and Administration | | \square | |
| 9 | Title IIIB-Funded Programs | | \square | |
| 9 | Title IIIB-Transportation | | \square | |
| 9 | Title IIIB-Funded Program Development/Coordination (PD or C) | | \square | |
| 9 | Title IIIC-1 | | \square | |
| 9 | Title IIIC-2 | | \square | |
| 9 | Title IIID | | \square | |
| 20 | Title IIIE-Family Caregiver Support Program | | \square | |
| 9 | Title V-SCSEP Program | | \square | |
| 9 | HICAP Program | | \square | |
| 14 | Notice of Intent-to Provide Direct Services | | \square | |
| 15 | Request for Approval-to Provide Direct Services | | \square | |
| 16 | Governing Board | $\overline{\mathbf{Z}}$ | | 42 |
| 17 | Advisory Council | <u> </u> | | 43 |
| 21 | Organizational Chart(s) | \square | | 45 |

TRANSMITTAL LETTER

2016-2020 Four Year Area Plan/ Annual Update Check one: □ FY 16-20 ☑ **FY 17-18** □ FY 18-19 □ FY 19-20

AAA Name: San Francisco Department of Aging & Adult Services PSA 6

This Area Plan is hereby submitted to the California Department of Aging for approval. The Governing Board and the Advisory Council have each had the opportunity to participate in the planning process and to review and comment on the Area Plan. The Governing Board, Advisory Council, and Area Agency Director actively support the planning and development of community-based systems of care and will ensure compliance with the assurances set forth in this Area Plan. The undersigned recognize the responsibility within each community to establish systems in order to address the care needs of older individuals and their family caregivers in this planning and service area.

| 1. | |
|---|------|
| (Type Name) | |
| Signature: Governing Board Chair 1 | Date |
| 2. <u>Leon Schmidt</u> (Type Name) | |
| Signature: Advisory Council Chair | Date |
| 3. <u>Shireen McSpadden</u> (Type Name) | |
| Signature: Area Agency Director | Date |

¹ Original signatures or official signature stamps are required.

POPULATION ESTIMATES

The charts below show a demographic breakdown of (A) all older adults (age 60+) in San Francisco, and (B) older adults with incomes at or below the federal poverty threshold. Note that recent estimates from the California Department of Finance suggest that San Francisco's senior population (age 65+) will grow at an average rate of 3% per year over the next ten years.²

According to the American Community Survey 2014 5-year estimates, there were 166,158 seniors age 60 or older in San Francisco, of whom 23,422 (14%) had incomes at or below the poverty threshold.

Chart A. San Francisco Seniors (Age 60+) Total = 166,158

Chart B. San Francisco Seniors (Age 60+) in Poverty Total = 23,422



Source: American Community Survey 2014 5-Year Estimates. Accessed through University of Minnesota IPUMS-USA datasets.

As shown above, seniors aged 60 and older are primarily Asian/Pacific Islander (API) and white. However, almost half of seniors living in poverty are API. Latino and African-American seniors are also overrepresented in the low-income population.

However, it is important to note that the federal poverty threshold does not fully capture all low-income seniors. As a static measure that does not factor in cost of living, the federal poverty threshold is arguably more a measure of destitution.

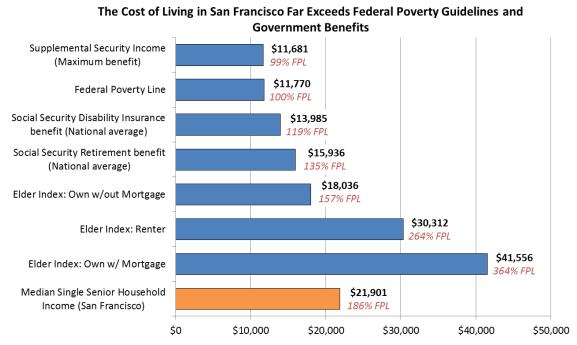
The limitations of relying on FPL to assess need are highlighted by a recent study by the UCLA Center for Health Policy Research.³ This study used the Elder Economic Security Standard

² California Department of Finance Research Demographic Unit, *Report P-1 (Age) State and County Population Projections by Major Age Groups.* Available online: http://www.dof.ca.gov/research/demographic/reports/projections/P-1/

³ Padilla-Frausto, DI and Wallace, SP. (2015). The Hidden Poor: Over Three-Quarters of a Million Older Adults Overlooked by Official Poverty Line. Los Angeles, CA: UCLA Center for Health Policy Research. Accessed online November 3, 2015, at http://healthpolicy.ucla.edu/publications/search/pages/detail.aspx?PubID=1417.

Index, which incorporates variation in cost of living by county and by housing tenure to estimate a basic self-sufficiency standard, to identify the hidden poor. Findings from this study suggest that approximately 30% of single seniors and 29% of senior couples age 65 and older are among the hidden poor – their income is above the federal poverty line but below the Elder Index thresholds for a decent standard of living. In total, an estimated 57% of single senior households and 39% of two-person senior households have inadequate income to meet a basic standard of living, representing at least 38,000 San Franciscans age 65 and older.

As shown in the chart below, the estimated cost of living in San Francisco far exceeds federal poverty guidelines and government benefits. Supplemental Security Income (SSI), the federal supplemental income stipend for the most impoverished older adults and persons with disabilities, provides a maximum benefit lower than the federal poverty line; anyone receiving SSI benefits is living in poverty. The national average Social Security retirement benefit is slightly less than \$16,000 per year (135% of FPL). Retirees without alternate retirement benefits or significant savings would likely to struggle to make ends meet in San Francisco at this income level.



Sources: Social Security Administration, Supplemental Security Income in California (2015)

U.S. Department of Health & Human Services, 2015 Poverty Guidelines

Social Security Administration, Annual Statistical Report on the Social Security Disability Insurance Program, 2014

Social Security Administration, What is the Average Monthly Benefit for a Retired Worker?, January 2015

UCLA Center for Health Policy Research, Elder Economic Security Standard Index 2013

IPUMS 2012 3-Year Samples

PUBLIC HEARINGS

At least one public hearing must be held each year of the four-year planning cycle. CCR Title 22, Article 3, Section 7302(a)(10) and Section 7308, OAA 2006 306(a)

| Fiscal Year | Date | Location | Number of Attendees | Presented in languages other than English? ⁴ Yes or No | Was hearing held at a Long-Term Care Facility? ⁵ Yes or No |
|----------------|--------------|--|---------------------------|---|---|
| | a. 4/6/2016 | a. San Francisco City Hall, Rm 416 | a. 51 | a. No | a. No |
| 2016-17 | b. 4/20/2016 | b. DAAS (1650 Mission St) | b. 22 | b. No | b. No |
| | a. 4/19/2017 | a. DAAS | a. | c. No | c. No |
| 2017-18 | b. 5/3/2017 | (1650 Mission St) b. San Francisco City Hall, Rm 416 | b. | d. No | d. No |
| 2018-19 | | | | | |
| 2019-20 | | | | | |

The following must be discussed at each Public Hearing conducted during the planning cycle:

1. Summarize the outreach efforts used in seeking input into the Area Plan from institutionalized, homebound, and/or disabled older individuals.

<u>PSA</u>: All Office on the Aging contractors and interested parties were notified of the public meetings. A public notice was also announced in the San Francisco Chronicle. The draft Area Plan was posted online with the agenda items for the April 6, 2016, meeting and an announcement was sent out. Members of the Advisory Council, DAAS Commission, and the public were asked to provide feedback in meetings or via email.

| 2. | Were proposed expenditures for Program Development (PD) or Coordination (C) discussed? |
|----|--|
| | ☐ Yes. Go to question #3 |
| | Not applicable, PD and/or C funds are not used. Go to question #4 |
| 3. | Summarize the comments received concerning proposed expenditures for PD and/or |
| DÇ | $\Lambda \cdot N/\Lambda$ |

С

⁴ A translator is not required unless the AAA determines a significant number of attendees require translation services.

⁵ AAAs are encouraged to include individuals in LTC facilities in the planning process, but hearings are not required to be held in LTC facilities.

| 4. | Attendees were provided the opportunity to testify regarding setting minimum percentages of Title III B program funds to meet the adequate proportion of funding for Priority Services |
|----|--|
| | ⊠Yes. Go to question #5 |
| | □No, Explain: |
| 5. | Summarize the comments received concerning minimum percentages of Title IIIB funds to meet the adequate proportion of funding for priority services. |

<u>PSA</u>: FY 16-17: No comments were made about the minimum percentages of Title IIIB funds.

FY 17-18:

- 6. List any other issues discussed or raised at the public hearing.
- PSA: FY 16-17: At the public meeting on April 6, DAAS Commissioner Gustavo Seriña asked about the reliability of census data and the potential for undercounting. Rose Johns discussed factors that may inhibit data collection for certain groups (e.g., persons with disabilities, low-income) but noted DAAS and HSA are confident in its usability. DAAS Commissioner Neil Sims asked about the size of the senior population living on Treasure Island and asked if the numbers were small. Ms. Johns confirmed this trend. Commission President Edna James asked about the African-American and Latino partnership groups and asked for an update on those groups at the next Commission meeting. President James also noted that isolated seniors and adults with disabilities require targeted outreach the event of a disaster. At the public meeting on April 20, there was discussion about the need to support employment opportunities for seniors and adults with disabilities.

FY 17-18:

7. Note any changes to the Area Plan which were a result of input by attendees.

PSA: *FY 16-17*: N/A

FY 17-18:

TITLE IIIB/VIIA - LONG-TERM CARE OMBUDSMAN OBJECTIVES

See the "Area Plan Narrative Objectives" Section for complete list of objectives and updates

Goal #4: Improve Service Quality

Rationale: Quality standards help maximize the positive impact of services for seniors and adults with disabilities. Key components of quality include program accountability, performance measurement, and cultural competency. Technical assistance and support supports service quality.

| Objective | Projected Start and End Dates | Title IIIB Funded PD or C |
|---|-------------------------------------|---------------------------------|
| 4e. DAAS will work with the LTC Ombudsman program to ensure service is meeting the diverse needs of the local senior and disabled populations. This includes maintaining capacity to serve Chinese-speaking clients, as well as ensuring proper implementation of recent City of San Francisco legislation related to LGBT residents. | July 2016 to June 2020 | |

FY 17/18 Update:

Starting in FY16-17, the LTC Ombudsman now has a full-time Cantonese-speaking staff person to better serve the monolingual Chinese population. This staffing level will continue in FY17-18. Work on implementation of City legislation related to LGBT residents of skilled nursing facilities and residential care facilities will continue in FY 17/18.

TITLE VIIA - ELDER ABUSE PREVENTION OBJECTIVES

See the "Area Plan Narrative Objectives" Section for complete list of objectives and updates

Goal #2: Establish Better Coordination of Services

Rationale: San Francisco has some of the most creative and effective community-based long term care programs in the country. But the City does not yet have a well-coordinated network of home, community-based and institutional long term care services. Services will need to be provided through a well-coordinated service delivery network that will enable older adults and adults with disabilities to remain as independent as possible in their homes and communities in the most integrated settings.

| Objective | Projected Start and End Dates | Title IIIB Funded PD or C |
|---|-------------------------------------|---------------------------------|
| 2a. DAAS collaborates with several community partners and criminal | July 2016 to | |
| justice agencies to prevent and mitigate abuse of elders and adults with | June 2020 | |
| disabilities. The Forensic Center convenes a multi-disciplinary team of | | |
| service providers, law enforcement, the Ombudsman and Adult Protective | | |
| Services to collaborate around the resolution of complex cases of abuse, | | |
| neglect, and self-neglect. Providing outreach and education to mandated | | |
| reporters as well as the community, is a key focus for the Elder Abuse | | |
| Prevention program. This program has recently launched a new initiative | | |
| aimed at educating veterans, their families, and service providers about | | |
| financial exploitation targeting Veterans Administration benefits. | | |
| Prevention activities will include education to veterans and their providers, | | |
| a public awareness campaign, as well as stakeholder collaboration to | | |
| improve identification and response to financial abuse. | | |

FY 17/18 Update:

Over FY 16/17, DAAS successfully assisted with the launch of a collaborative financial abuse outreach and prevention effort, the Veteran's Benefits and Protection Project (VBPP). The goals of VBPP are to develop a strong, collaborative communication system to respond to complaints, detect fraud, and stop scammers. Veterans, their families, and community providers are educated about pension poaching scams. VBPP toolkits also direct elders who have been scammed to resources that can help, such as Adult Protective Services, and connect those wishing to apply for veterans benefits to the local County Veterans Service Office. This effort is supported by a coalition of local and state entities. DAAS will continue to support this effort and other initiatives to prevent and mitigate elder abuse.

SERVICE UNIT PLAN (SUP) OBJECTIVES AND LTC OMBUDSMAN PROGRAM OUTCOMES

TITLE III/VIIA SERVICE UNIT PLAN OBJECTIVES CCR Article 3, Section 7300(d)

The Service Unit Plan (SUP) uses the National Aging Program Information System (NAPIS) Categories and units of service. They are defined in the NAPIS State Program Report (SPR) The Service Unit Plan (SUP) uses the National Aging Program Information System (NAPIS) Categories and units of service. They are defined in the NAPIS State Program Report (SPR)

For services <u>not</u> defined in NAPIS, refer to the <u>Service Categories and Data Dictionary and the National Ombudsman Reporting System (NORS) Instructions.</u>

Report the units of service to be provided with <u>ALL funding sources</u>. Related funding is reported in the annual Area Plan Budget (CDA 122) for Titles IIIB, IIIC-1, IIIC-2, IIID, and VIIA.

1. Personal Care (In-Home)

Unit of Service = 1 hour

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | 460 | 1,2,3,4 | |
| 2017-2018 | 460 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

2. Homemaker (In-Home)

Unit of Service = 1 hour

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | 520 | 1,2,3,4 | |
| 2017-2018 | 520 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

3. Chore (In-Home) 🔊

Unit of Service = 1 hour

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | 520 | 1,2,3,4 | |
| 2017-2018 | 520 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

4. Home-Delivered Meal

Unit of Service = 1 meal

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | 1,478,480 | 1,2,3,4 | |
| 2017-2018 | 1,487,600 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

5. Adult Day/ Health Care (In-Home)

Unit of Service = 1 hour

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | | | |
| 2017-2018 | | | |
| 2018-2019 | | | |
| 2019-2020 | | | |

6. Case Management (Access)

Unit of Service = 1 hour

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | | | |
| 2017-2018 | | | |
| 2018-2019 | | | |
| 2019-2020 | | | |

7. Assisted Transportation (Access)

Unit of Service = 1 one-way trip

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | | | |
| 2017-2018 | | | |
| 2018-2019 | | | |
| 2019-2020 | | | |

8. Congregate Meals **2**

Unit of Service = 1 meal

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | 797,220 | 1,2,3,4 | |
| 2017-2018 | 946,000 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

9. Nutrition Counseling

Unit of Service = 1 session per participant

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | 1,730 | 1,2,3,4 | |
| 2017-2018 | 5,820 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

10. Transportation (Access)

Unit of Service = 1 one-way trip

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | 40,000 | 1,2,3,4 | |
| 2017-2018 | 40,000 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

11. Legal Assistance

Unit of Service = 1 hour

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | 12,636 | 1,2,3,4 | |
| 2017-2018 | 12,636 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

12. Nutrition Education

Unit of Service = 1 session per participant

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | 43,000 | 1,2,3,4 | |
| 2017-2018 | 54,130 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

13. Information and Assistance (Access)

Unit of Service = 1 contact

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | 4,200 | 1,2,3,4 | |
| 2017-2018 | 4,200 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

14. Outreach (Access)

Unit of Service = 1 contact

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (if applicable) |
|-------------|------------------------------|--------------|-----------------------------------|
| 2016-2017 | | | |
| 2017-2018 | | | |
| 2018-2019 | | | |
| 2019-2020 | | | |

15. NAPIS Service Category – "Other" Title III Services

- Each <u>Title IIIB</u> "Other" service must be an approved NAPIS Program 15 service listed on the "Schedule of Supportive Services (III B)" page of the Area Plan Budget (CDA 122) and the CDA Service Categories and Data Dictionary.
- Identify <u>Title IIIB</u> services to be funded that were <u>not</u> reported in NAPIS categories 1–14 and 16. (Identify the specific activity under the Other Supportive Service Category on the "Units of Service" line when applicable.)

Title IIIB, Other Priority and Non-Priority Supportive Services

For all Title IIIB "Other" Supportive Services, use the appropriate Service Category name and Unit of Service (Unit Measure) listed in the CDA Service Categories and Data Dictionary.

Other Priority Supportive Services include: Alzheimer's Day Care, Comprehensive Assessment, Health, Mental Health, Public Information, Residential Repairs/Modifications, Respite Care, Telephone Reassurance, and Visiting

Other Non-Priority Supportive Services include: Cash/Material Aid, Community Education, Disaster Preparedness Materials, Emergency Preparedness, Employment, Housing, Interpretation/Translation,

Mobility Management, Peer Counseling, Personal Affairs Assistance, Personal/Home Security, Registry, Senior Center Activities, and Senior Center Staffing

All "Other" services must be listed separately. Duplicate the table below as needed.

Other Supportive Service Category

| Unit o | f S | ervi | ce |
|--------|-----|------|----|
|--------|-----|------|----|

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers |
|-------------|------------------------------|--------------|-------------------|
| 2016-2017 | | | |
| 2017-2018 | | | |
| 2018-2019 | | | |
| 2019-2020 | | | |

16. Title IIID/ Disease Prevention and Health Promotion

Instructions for Title IIID Disease Prevention and Health Promotion: Enter the proposed units of service and the Program Goal and Objective number(s) that provides a narrative description of the program and explains how the service activity meets the criteria for evidence-based programs described in PM 15-10.

| Unit of Service = 1 | contact |
|---------------------|---|
| Service Activities: | Chronic Disease Self-Management Program |
| | Diabetes Education Empowerment Program |

Title IIID/ Disease Prevention and Health Promotion: Enter required program goal and objective numbers in the Title III D Service Plan Objective Table below:

| Fiscal Year | Proposed Units of Service | Goal Numbers | Objective Numbers (Required) |
|-------------|------------------------------|--------------|---------------------------------|
| 2016-2017 | 730 | 1,2,3,4 | 1.a |
| 2017-2018 | 2,592 | 1,2,3,4 | 1.a |
| 2018-2019 | | | |
| 2019-2020 | | | |

TITLE IIIB and Title VIIA: LONG-TERM CARE (LTC) OMBUDSMAN PROGRAM OUTCOMES 👏

2016–2020 Four-Year Planning Cycle

As mandated by the Older Americans Act, the mission of the LTC Ombudsman Program is to seek resolution of problems and advocate for the rights of residents of LTC facilities with the goal of enhancing the quality of life and care of residents.

Each year during the four-year cycle, analysts from the Office of the State Long-Term Care Ombudsman (OSLTCO) will forward baseline numbers to the AAA from the prior fiscal year National Ombudsman Reporting System (NORS) data as entered into the Statewide Ombudsman Program database by the local LTC Ombudsman Program and reported by the OSTLCO in the State Annual Report to the Administration on Aging (AoA).

The AAA will establish targets each year in consultation with the local LTC Ombudsman Program Coordinator. Use the yearly baseline data as the benchmark for determining yearly targets. Refer to your local LTC Ombudsman Program's last three years of AoA data for historical trends. Targets should be reasonable and attainable based on current program resources.

Complete all Measures and Targets for Outcomes 1-3.

Outcome 1. The problems and concerns of long-term care residents are solved through complaint resolution and other services of the Ombudsman Program. [OAA Section 712(a)(3),(5)]

Measures and Targets:

A. Complaint Resolution Rate (AoA Report, Part I.E, Actions on Complaints)

| The average California complaint resolution rate for FY 2013-2014 was 75%. | | |
|--|--|--|
| 1. FY 2014-2015 Baseline Resolution Rate: | | |
| Number of complaints resolved 198 + Number of partially resolved complaints 175 divided by the | | |
| Total Number of Complaints Received 538 = Baseline Resolution Rate 69% | | |
| FY 2016-17 Target Resolution Rate 70% | | |
| 2. FY 2015-2016 Baseline Resolution Rate: | | |
| Number of complaints resolved 444 + Number of partially resolved complaints 248 divided by the | | |
| Total Number of Complaints Received 948 = Baseline Resolution Rate 73% | | |
| FY 2017-18 Target Resolution Rate 73% | | |
| 3. FY 2016-2017 Baseline Resolution Rate: | | |
| Number of complaints resolved + Number of partially resolved complaints divided by | | |
| the Total Number of Complaints Received = Baseline Resolution Rate % | | |
| FY 2018-19 Target Resolution Rate% | | |
| 4. FY 2017-2018 Baseline Resolution Rate: | | |
| Number of complaints resolved + Number of partially resolved complaints divided by | | |
| the Total Number of Complaints Received = Baseline Resolution Rate% | | |
| FY 2019-20 Target Resolution Rate% | | |
| | | |
| Program Goals and Objective Numbers: Goals: <u>1,2,3,4</u> Objectives: <u>2a, 4e</u> | | |
| | | |

| B. Work with Resident Councils (AoA Report, Part III.D.8) |
|--|
| FY 2014-2015 Baseline: number of Resident Council meetings attended <u>23</u> FY 2016-2017 Target: <u>23</u> |
| 2. FY 2015-2016 Baseline: number of Resident Council meetings attended 61 FY 2017-2018 Target: 61 |
| FY 2016-2017 Baseline: number of Resident Council meetings attended FY 2018-2019 Target: |
| 4. FY 2017-2018 Baseline: number of Resident Council meetings attended FY 2019-2020 Target: |
| Program Goals and Objective Numbers: Goals: <u>1,2,3,4</u> Objectives: <u>2a, 4e</u> |
| C. Work with Family Councils (AoA Report, Part III.D.9) |
| 1. FY 2014-2015 Baseline number of Family Council meetings attended <u>6</u> FY 2016-2017 Target: <u>6</u> |
| 2. FY 2015-2016 Baseline number of Family Council meetings attended <u>9</u> FY 2017-2018 Target: <u>9</u> |
| 3. FY 2016-2017 Baseline number of Family Council meetings attended FY 2018-2019 Target: |
| 4. FY 2017-2018 Baseline number of Family Council meetings attended FY 2019-2020 Target: |
| Program Goals and Objective Numbers: Goals: 1,2,3,4 Objectives: 2a, 4e |
| D. Consultation to Facilities (AoA Report, Part III.D.4) Count of instances of ombudsman representatives' interactions with facility staff for the purpose of providing general information and assistance unrelated to a complaint. Consultation may be accomplished by telephone, letter, email, fax, or in person. |
| FY 2014-2015 Baseline: number of consultations <u>90</u> FY 2016-2017 Target: <u>90</u> |
| 2. FY 2015-2016 Baseline: number of consultations <u>100</u> FY 2017-2018 Target: <u>100</u> |
| 3. FY 2016-2017 Baseline: number of consultations FY 2018-2019 Target: |
| 4. FY 2017-2018 Baseline: number of consultations FY 2019-2020 Target: |
| Program Goals and Objective Numbers: Goals: 1,2,3,4 Objectives: 2a, 4e |
| E. Information and Consultation to Individuals (AoA Report, Part III.D.5) Count of instances of ombudsman representatives' interactions with residents, family members, friends, and others in the community for the purpose of providing general information and assistance unrelated to a complaint. Consultation may be accomplished by: telephone, letter, email, fax, or in person. |
| 1. FY 2014-2015 Baseline: number of consultations <u>240</u> FY 2016-2017 Target: <u>240</u> |
| 2. FY 2015-2016 Baseline: number of consultations <u>407</u> FY 2017-2018 Target: <u>407</u> |

| _ | _ | _ | è |
|---|----|-----|---|
| n | 97 | Λ / | z |
| | | | |

| 3. FY 2016-2017 Baseline: number of consultations FY 2018-2019 Target: |
|---|
| 4. FY 2017-2018 Baseline: number of consultations FY 2019-2020 Target: |
| Program Goals and Objective Numbers: Goals: 1,2,3,4 Objectives: 2a, 4e |

F. Community Education (AoA Report, Part III.D.10) LTC Ombudsman Program participation in public events planned to provide information or instruction to community members about the LTC Ombudsman Program or LTC issues. The number of sessions refers to the number of events, not the number of participants.

| 1. FY 2014-2015 Baseline: number of sessions <u>10</u> FY 2016-2017 Target: <u>10</u> | |
|---|--|
| FY 2015-2016 Baseline: number of sessions <u>7</u> FY 2017-2018 Target: <u>7</u> | |
| 3. FY 2016-2017 Baseline: number of sessions FY 2018-2019 Target: | |
| FY 2017-2018 Baseline: number of sessions FY 2019-2020 Target: | |
| Program Goals and Objective Numbers: Goals: 1,2,3,4 Objectives: 2a, 4e | |

G. Systems Advocacy

In the box below, in narrative format, provide at least one new priority systemic advocacy effort the local LTC Ombudsman Program will engage in during the fiscal year. If the systemic advocacy effort is a multi-year initiative, provide a systemic advocacy objective that explains progress made in the initiative during the prior fiscal year and identifies specific steps to be taken during the upcoming fiscal year. A new effort or a statement of progress made and goals for the upcoming year must be entered each year of the four-year cycle.

Systems Advocacy can include efforts to improve conditions in one LTC facility or can be county-wide, State-wide, or even national in scope. (Examples: Work with LTC facilities to promote person-centered care and reduce the use of anti-psychotics, work with law enforcement entities to improve response and investigation of abuse complaints, collaboration with other agencies to improve LTC residents' quality of care and quality of life, participation in disaster preparedness planning, participation in legislative advocacy efforts related to LTC issues, etc.

Enter information in the box below.

Systemic Advocacy Effort(s) for the current fiscal year

Ombudsman will continue to work with the LGBT Aging Policy Task Force towards implementation of the LGBT Senior Long Term Care Facilities Bill of Rights legislation recently passed by the City of San Francisco. Work will include providing input during the development of a handbook and training required in the legislation. One of the authors of the local legislation is now working on similar legislation to be introduced at the State level; the SF Ombudsman program will track this new legislation and assist in the hearing and review process as needed. Ombudsman staff will also continue to closely monitor and work on systemic advocacy around the closure of SNFs and RCFEs in the City of San Francisco. SF Ombudsman was recently asked to start providing Ombudsman monitoring and report related to a RCFE going through the bankruptcy process and will continue in this role in the fiscal year. SF Ombudsman program will work on raising awareness around hospital discharge placement of San Francisco residents to geographically distant locations and the impact this has on patients and their families. Ombudsman will do this by networking with local stakeholders such as Adult Protective Services and advocacy organizations to strategize around advocacy efforts.

Outcome 2. Residents have regular access to an Ombudsman. [(OAA Section 712(a)(3)(D), (5)(B)(ii)]

Measures and Targets:

A. Facility Coverage (other than in response to a complaint), (AoA Report, Part III.D.6)

Percentage of nursing facilities within the PSA that were visited by an ombudsman representative at least once each quarter not in response to a complaint. The percentage is determined by dividing the number of nursing facilities in the PSA that were visited at least once each quarter not in response to a

| number of flursing facilities in the FSA that were visited at least once each quarter not in response to a |
|---|
| complaint by the total number of nursing facilities in the PSA. NOTE: This is not a count of visits but a |
| count of facilities. In determining the number of facilities visited for this measure, no nursing facility can |
| be counted more than once. |
| 1. FY 2014-2015 Baseline: Number of Nursing Facilities visited at least once a quarter not in |
| response to a complaint 15 divided by the total number of Nursing Facilities 21 = Baseline 71.4% |
| FY 2016-2017 Target: 71.4% |
| 2. FY 2015-2016 Baseline: Number of Nursing Facilities visited at least once a quarter not in |
| response to a complaint 16 divided by the total number of Nursing Facilities 22 = Baseline 73% |
| FY 2017-2018 Target: 73% |
| 3. FY 2016-2017 Baseline: Number of Nursing Facilities visited at least once a quarter not in |
| response to a complaint divided by the total number of Nursing Facilities = Baseline |
| % |
| FY 2018-2019 Target:% |
| 4. FY 2017-2018 Baseline: Number of Nursing Facilities visited at least once a quarter not in |
| response to a complaint divided by the total number of Nursing Facilities = Baseline |
| % |
| FY 2019-2020 Target: % |
| · |
| Program Goals and Objective Numbers: Goals: 1,2,3,4 Objectives: 2a, 4e |
| |
| B. Facility Coverage (other than in response to a complaint) (AoA Report, Part III.D.6) |
| Percentage of RCFEs within the PSA that were visited by an ombudsman representative at least once |
| each quarter during the fiscal year not in response to a complaint. The percentage is determined by |
| dividing the number of RCFEs in the PSA that were visited at least once each quarter not in response |
| to a complaint by the total number of RCFEs in the PSA. |
| NOTE: This is not a count of <i>visits</i> but a count of <i>facilities</i> . In determining the number of facilities visited |
| for this measure, no RCFE can be counted more than once. |
| ioi tilis measure, no ivoi e can be counted more than once. |
| FY 2014-2015 Baseline: Number of RCFEs visited at least once a quarter not in response to a |
| complaint 33 divided by the total number of RCFEs 79 = Baseline 41.8% |
| FY 2016-2017 Target: 41.8% |
| FY 2015-2016 Baseline: Number of RCFEs visited at least once a quarter not in response to a |
| complaint 54 divided by the total number of RCFEs 79 = Baseline 68% |
| FY 2017-2018 Target: 68% |
| FY 2016-2017 Baseline: Number of RCFEs visited at least once a quarter not in response to a |
| |
| |
| J |
| FY 2017-2018 Baseline: Number of RCFEs visited at least once a quarter not in response to a |
| complaint divided by the total number of RCFEs = Baseline% |
| FY 2019-2020 Target: % |
| Program Goals and Objective Numbers: Goals: 1,2,3,4 Objectives: 2a, 4e |

C. Number of Full-Time Equivalent (FTE) Staff (AoA Report Part III. B.2. - Staff and Volunteers)

This number may only include staff time legitimately charged to the LTC Ombudsman Program. Time spent working for or in other programs may not be included in this number. For example, in a local LTC Ombudsman Program that considers full-time employment to be 40 hour per week, the FTE for a staff member who works in the Ombudsman Program 20 hours a week should be 0.5, even if the staff member works an additional 20 hours in another program.

| 1. FY 2014-2015 Baseline: <u>6.0</u> FTEs FY 2016-2017 Target: <u>6.0</u> FTEs | |
|--|--|
| 2. FY 2015-2016 Baseline: <u>6.0</u> FTEs FY 2017-2018 Target: <u>6.0</u> FTEs | |
| 3. FY 2010-2011 Baseline: FTEs FY 2013-2014 Target: FTEs | |
| 4. FY 2010-2011 Baseline: FTEs FY 2014-2015 Target: FTEs | |
| Program Goals and Objective Numbers: Goals: <u>1,2,3,4</u> Objectives: <u>2a, 4e</u> | |

D. Number of Certified LTC Ombudsman Volunteers (AoA Report Part III. B.2. – Staff and Volunteers)

| FY 2014-2015 Baseline: Number of certified LTC Ombudsman volunteers <u>10</u> FY 2016-2017 Projected Number of certified LTC Ombudsman volunteers <u>10</u> | |
|---|--|
| FY 2015-2016 Baseline: Number of certified LTC Ombudsman volunteers 11 FY 2017-2018 Projected Number of certified LTC Ombudsman volunteers 11 | |
| FY 2016-2017 Baseline: Number of certified LTC Ombudsman volunteers FY 2018-2019 Projected Number of certified LTC Ombudsman volunteers FY 2018-2019 Projected Number of certified LTC Ombudsman volunteers FY 2018-2019 Projected Number of certified LTC Ombudsman volunteers FY 2018-2019 Projected Number of certified LTC Ombudsman volunteers | |
| FY 2017-2018 Baseline: Number of certified LTC Ombudsman volunteers FY 2019-2020 Projected Number of certified LTC Ombudsman volunteers | |
| Program Goals and Objective Numbers: Goals: 1,2,3,4 Objectives: 2a, 4e | |

Outcome 3. Ombudsman representatives accurately and consistently report data about their complaints and other program activities in a timely manner. [OAA Section 712(c)] Measures and Targets:

In the box below, in narrative format, describe one or more specific efforts your program will undertake in the upcoming year to increase the accuracy, consistency, and timeliness of your National Ombudsman Resource System (NORS) data reporting.

Some examples could include:

- Having Ombudsman Program staff and volunteers regularly attend NORS Consistency Training provided by the OSLTCO
- Hiring additional staff to enter data
- Updating computer equipment to make data entry easier
- Initiating a case review process to ensure case entry is completed in a timely manner

Ombudsman staff and volunteers with NORS access will continue to attend ongoing NORS trainings provided by the OSLTCO. Ombudsman program continues to recruit new volunteers and have them assist with NORS reporting when appropriate. Ombudsman program is also considering the implementation of new practices and procedures in the new fiscal year to focus on case closure and NORS reporting.

SERVICE UNIT PLAN OBJECTIVES SERVICE UNIT PLAN OBJECTIVES

Units of Service: AAA must complete at least one category from the Units of Service below.

Units of Service categories include public education sessions, training sessions for professionals, training sessions for caregivers served by a Title IIIE Family Caregiver Support Program, educational materials distributed, and hours of activity spent developing a coordinated system which addresses elder abuse prevention, investigation, and prosecution.

When developing targets for each fiscal year, refer to data reported on the Elder Abuse Prevention Quarterly Activity Reports. Set realistic goals based upon the prior year's numbers and the resources available. Activates reported for the Title VII Elder Abuse Prevention Program must be distinct from activities reported for the LTC Ombudsman Program. No activity can be reported for both programs.

AAAs must provide one or more of the service categories below.

NOTE: The number of sessions refers to the number of presentations and not the number of attendees

- Public Education Sessions –Indicate the total number of projected education sessions for the general public on the identification, prevention, and treatment of elder abuse, neglect, and exploitation.
- Training Sessions for Professionals –Indicate the total number of projected training sessions for professionals (service providers, nurses, social workers) on the identification, prevention, and treatment of elder abuse, neglect, and exploitation.
- Training Sessions for Caregivers Served by Title IIIE —Indicate the total number of projected training sessions for unpaid family caregivers who are receiving services under Title III E of the Older Americans Act (OAA) on the identification, prevention, and treatment of elder abuse, neglect, and exploitation. OAA 302(3) 'Family caregiver' means an adult family member, or another individual, who is an informal provider of in-home and community care to an older individual or to an individual with Alzheimer's disease or a related disorder with neurological and organic brain dysfunction.
- Hours Spent Developing a Coordinated System to Respond to Elder Abuse –Indicate the
 number of hours to be spent developing a coordinated system to respond to elder abuse. This
 category includes time spent coordinating services provided by the AAA or its contracted
 service provider with services provided by Adult Protective Services, local law enforcement
 agencies, legal services providers, and other agencies involved in the protection of elder and
 dependent adults from abuse, neglect, and exploitation.
- Educational Materials Distributed –Indicate the type and number of educational materials to be distributed to the general public, professionals, and caregivers (this may include materials that have been developed by others) to help in the identification, prevention, and treatment of elder abuse, neglect, and exploitation.
- **Number of Individuals Served** –Indicate the total number of individuals expected to be reached by any of the above activities of this program.

STITLE VIIA ELDER ABUSE PREVENTION SERVICE UNIT PLAN OBJECTIVES

The agency receiving Title VIIA Elder Abuse Prevention funding is: <u>Institute on Aging</u>

| Fiscal Year | Total # of Public Education Sessions |
|-------------|---|
| 2016-2017 | 12 |
| 2017-2018 | 12 |
| 2018-2019 | |
| 2019-2020 | |

| Fiscal Year | Total # of Training Sessions for Professionals |
|-------------|---|
| 2016-2017 | 25 |
| 2017-2018 | 25 |
| 2018-2019 | |
| 2019-2020 | |

| | Total # of Training |
|-------------|-------------------------|
| Fiscal Year | Sessions for Caregivers |
| | served by Title IIIE |
| 2016-2017 | 0 |
| 2017-2018 | 0 |
| 2018-2019 | |
| 2019-2020 | |

| Fiscal Year | Total # of Hours Spent Developing a Coordinated System |
|-------------|--|
| 2016-2017 | 160 |
| 2017-2018 | 160 |
| 2018-2019 | |
| 2019-2020 | |

| Fiscal Year | Total # of Copies of Educational Materials to be Distributed | Description of Educational Materials |
|-------------|--|--|
| 2016-2017 | 3,000 | A typical packet at a training session includes: APS's Elder Abuse information fact sheet IOA's Elder Abuse Fact Sheet (English & Spanish) Bay Area Academy's Financial abuse fact sheet SOC 341 including completion instructions UC Irvine Bruising Study Break the Silence fliers in multiple languages Copy of the PowerPoint presentation California Penal Coders: Elder abuse for law enforcement |
| 2017-2018 | 3,000 | See above. New materials include brochures about the Veterans Benefits Protection Program |
| 2018-2019 | | |
| 2019-2020 | | |

| Fiscal Year | Total Number of Individuals Served |
|-------------|------------------------------------|
| 2016-2017 | 4,000 |
| 2017-2018 | 4,000 |
| 2018-2019 | |
| 2019-2020 | |

STITLE IIIE SERVICE UNIT PLAN OBJECTIVES

CCR Article 3, Section 7300(d)

2012–2016 Four-Year Planning Period

This Service Unit Plan (SUP) uses the five broad federally-mandated service categories defined in PM 11-11. Refer to the CDA Service Categories and Data Dictionary Revisions Effective July 1, 2011 for eligible activities and service unit measures. Specify proposed audience size or units of service for <u>ALL</u> budgeted funds.

Spirect and/or Contracted IIIE Services

| CATEGORIES | 1 | 2 | 3 |
|---------------------------|--|-----------|----------------|
| Family Caregiver Services | Proposed | Required | Optional |
| Caring for Elderly | Units of Service | Goal #(s) | Objective #(s) |
| | # of activities and | | • |
| Information Services | Total est. audience | | |
| 2016-2017 | # of activities: 35 Total est. audience for above: 700 | 1,2,3,4 | |
| 2017-2018 | # of activities: 34 Total est. audience for above: 680 | 1,2,3,4 | |
| 2018-2019 | # of activities: Total est. audience for above: | | |
| 2019-2020 | # of activities: Total est. audience for above: | | |
| Access Assistance | Total contacts | | |
| 2016-2017 | 670 | 1,2,3,4 | |
| 2017-2018 | 670 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

| CATEGORIES | 1 | 2 | 3 |
|--|---------------------------|-----------------------|-------------------------|
| Family Caregiver Services Caring for Elderly | Proposed Units of Service | Required Goal #(s) | Optional Objective #(s) |
| Support Services | Total hours | | |
| 2016-2017 | 2,439 | 1,2,3,4 | |
| 2017-2018 | 2,054 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |
| Respite Care | Total hours | | |
| 2016-2017 | 2,520 | 1,2,3,4 | |
| 2017-2018 | 2,353 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |
| Supplemental Services | Total occurrences | | |
| 2016-2017 | 116 | 1,2,3,4 | |
| 2017-2018 | 91 | 1,2,3,4 | |
| 2018-2019 | | | |
| 2019-2020 | | | |

Direct and/or Contracted IIIE Services

| Grandparent Services | Proposed Proposed | Required | Optional |
|-----------------------|---|-----------|----------------|
| Caring for Children | Units of Service | Goal #(s) | Objective #(s) |
| Information Services | # of activities and | | |
| information Services | Total est. audience for above | | |
| 2016-2017 | # of activities: | | |
| | Total est. audience for above: | | |
| 2017-2018 | # of activities: Total est. audience for above: | | |
| | # of activities: | | |
| 2018-2019 | Total est. audience for above: | | |
| | # of activities: | | |
| 2019-2020 | Total est. audience for above: | | |
| Access Assistance | Total contacts | | |
| 2016-2017 | | | |
| 2017-2018 | | | |
| 2018-2019 | | | |
| 2019-2020 | | | |
| Support Services | Total hours | | |
| 2016-2017 | | | |
| 2017-2018 | | | |
| 2018-2019 | | | |
| 2019-2020 | | | |
| Respite Care | Total hours | | |
| 2016-2017 | | | |
| 2017-2018 | | | |
| 2018-2019 | | | |
| 2019-2020 | | | |
| Supplemental Services | Total occurrences | | |
| 2016-2017 | | | |
| 2017-2018 | | | |
| 2018-2019 | | | |
| 2019-2020 | | | |

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

List all SCSEP monitor sites (contract or direct) where the AAA provides SCSEP enrollment services within the PSA (Do not list host agencies)

| Enrollment Location/Name (AAA office, One Stop, Agency, etc.): |
|--|
| Street Address: |
| Name and title of all SCSEP paid project staff members (Do not list participant or participant staff names): |
| Number of paid staff Number of participant staff |
| How many participants are served at this site? |
| Enrollment Location/Name (AAA office, One Stop, Agency, etc.): |
| Street Address: |
| Name and title of all SCSEP paid project staff members (Do not list participant or participant staff names): |
| Number of paid staff Number of participant staff |
| How many participants are served at this site? |
| Enrollment Location/Name (AAA office, One Stop, Agency, etc.): |
| Street Address: |
| Name and title of all SCSEP paid project staff members (Do not list participant or participant staff names): |
| Number of paid staff Number of participant staff |
| How many participants are served at this site? |

™HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP)SERVICE UNIT PLAN CCR Article 3, Section 7300(d)

MULTIPLE PSA HICAPs: If you are a part of a <u>multiple-PSA HICAP</u> where two or more AAAs enter into an agreement with one "Managing AAA," to deliver HICAP services on their behalf to eligible persons in their AAA, then each AAA must enter State and federal performance target numbers in each AAA's respective SUP. Please do this in cooperation with the Managing AAA. The Managing AAA is responsible for providing HICAP services in the covered PSAs in a way that is agreed upon and equitable among the participating parties.

HICAP PAID LEGAL SERVICES: Complete Section 3 if your Master Contract contains a provision for using HICAP funds to provide HICAP Legal Services.

STATE & FEDERAL PERFORMANCE TARGETS: In FY 2014, the State Health Insurance Assistance Program (SHIP) was transferred from the Centers for Medicare & Medicaid Services (CMS) to the Administration for Community Living (ACL). ACL has continued CMS' policy requiring all SHIPs to meet established performance measures. Based on ACL guidelines and to assist AAAs in completing the Service Unit Plan, CDA provides State (1.1 and 1.2), and federal (2.1 through 2.7) performance measures (PM) annually. To download these measures and view definitions, visit https://www.aging.ca.gov/ProgramsProviders/AAA/Planning/

Section 1. State Performance Measures

| Fiscal Year (FY) | PM 1.1 Clients Counseled (Estimated) | Goal Numbers |
|---------------------|--------------------------------------|--------------|
| 2016-2017 | 1,864 | 1,2,3,4 |
| 2017-2018 | TBD | |
| 2018-2019 | | |
| 2019-2020 | | |

| Fiscal Year (FY) | PM 1.2 Public and Media Events (PAM) (Estimated) | Goal Numbers |
|---------------------|---|--------------|
| 2016-2017 | 110 | 1,2,3,4 |
| 2017-2018 | TBD | |
| 2018-2019 | | |
| 2019-2020 | | |

Section 2: Federal Performance Measures

| Fiscal Year (FY) | PM 2.1 Total Client Contacts (Estimated) | Goal Numbers |
|---------------------|--|--------------|
| 2016-2017 | 6,219 | 1,2,3,4 |
| 2017-2018 | TBD | |
| 2018-2019 | | |
| 2019-2020 | | |

| Fiscal Year (FY) | PM 2.2 Persons Reached at PAM Events (Estimated) | Goal Numbers |
|---------------------|--|--------------|
| 2016-2017 | 6,664 | 1,2,3,4 |
| 2017-2018 | TBD | |
| 2018-2019 | | |
| 2019-2020 | | |

| Fiscal Year (FY) | PM 2.3 Contacts with Medicare Beneficiaries Due to Disability (Estimated) | Goal Numbers |
|---------------------|---|--------------|
| 2016-2017 | 588 | 1,2,3,4 |
| 2017-2018 | TBD | |
| 2018-2019 | | |
| 2019-2020 | | |

| Fiscal Year (FY) | PM 2.4 Low-income Medicare Beneficiary Contacts (Estimated) | Goal Numbers |
|---------------------|---|--------------|
| 2016-2017 | 6,286 | 1,2,3,4 |
| 2017-2018 | TBD | |
| 2018-2019 | | |
| 2019-2020 | | |

| Fiscal Year (FY) | PM 2.5 Contacts with One or More Qualifying Enrollment Topics (Estimated) | Goal Numbers |
|---------------------|---|--------------|
| 2016-2017 | 5,603 | 1,2,3,4 |
| 2017-2018 | TBD | |
| 2018-2019 | | |
| 2019-2020 | | |

| Fiscal Year (FY) | PM 2.6 Total Part D Enrollment/Assistance Contacts (Estimated) | Goal Numbers |
|---------------------|--|--------------|
| 2016-2017 | 2,275 | 1,2,3,4 |
| 2017-2018 | TBD | |
| 2018-2019 | | |
| 2019-2020 | | |

| Fiscal Year (FY) | PM 2.7 Total Counseling Hours (Estimated) | Goal Numbers |
|---------------------|--|--------------|
| 2016-2017 | 2,983 | 1,2,3,4 |
| 2017-2018 | TBD | |
| 2018-2019 | | |
| 2019-2020 | | |

Section 3: HICAP Legal Services Units of Service (if applicable) ⁶

| Fiscal Year (FY) | 3.1 Estimated Number of Clients Represented Per FY (Unit of Service) | Goal Numbers |
|---------------------|--|--------------|
| 2016-2017 | N/A | N/A |
| 2017-2018 | N/A | |
| 2018-2019 | | |
| 2019-2020 | | |

p. 26

 $^{6\;}$ Requires a contract for using HICAP funds to pay for HICAP Legal Services.

| Fiscal Year (FY) | 3.2 Estimated Number of Legal Representation Hours Per FY (Unit of Service) | Goal Numbers |
|---------------------|---|--------------|
| 2016-2017 | N/A | N/A |
| 2017-2018 | N/A | |
| 2018-2019 | | |
| 2019-2020 | | |

| Fiscal Year (FY) | 3.3 Estimated Number of Program Consultation Hours Per FY (Unit of Service) | Goal Numbers |
|---------------------|---|--------------|
| 2016-2017 | N/A | N/A |
| 2017-2018 | N/A | |
| 2018-2019 | | |
| 2019-2020 | | |

LEGAL ASSISTANCE

2016-2020 Four-Year Area Planning Cycle

This section must be completed and submitted with the Four-Year Area Plan. Any changes to this Section must be documented on this form and remitted with Area Plan Updates.7

- 1. Specific to Legal Services, what is your AAA's Mission Statement or Purpose Statement? Statement must include Title IIIB requirements:
- PSA: Provide leadership in addressing issues that relate to older Californians; to develop community-based systems of care that provide services which support independence within California's interdependent society, and which protect the quality of life of older persons and persons with functional impairments; and to promote citizen involvement in the planning and delivery of services.
- 2. Based on your local needs assessment, what percentage of Title IIIB funding is allocated to Legal Services?

PSA: 45%

- 3. Specific to Legal Services, has there been a change in your local needs in the past four years? If so, please identify the change (include whether the change affected the level of funding and the difference in funding levels in the past four years).
- PSA: Requests for housing related legal assistance continue to be the most frequent need of LSP clients and show signs of increasing over the past two to three years. From FY 13-14 to FY 14-15, there was over a 20% increase in housing-related cases opened by LSPs. Service levels for the first half of FY 15-16 indicate this increased demand is ongoing. Additional funding has not been allocated to LSPs.
- 4. Specific to Legal Services, does the AAA's contract/agreement with the Legal Services Provider(s) (LSPs) specify that the LSPs are expected to use the California Statewide Guidelines in the provision of OAA legal services?

PSA: Yes.

- 5. Does the AAA collaborate with the Legal Services Provider(s) to jointly establish specific priorities issues for legal services? If so what are the top four (4) priority legal issues in your PSA?
- PSA: Priority areas are identified based on needs assessment analysis provided by the agency Planning Unit and input from LSPs about the areas in which they receive the most requests. The top issues currently are: Housing, Individual Rights (Elder Abuse, Immigration/Naturalization), Income Maintenance, and Consumer/Finance.

⁷ For Information related to Legal Services, contact Chisorom Okwuosa at 916 419-7500/chisorom.okwuosa@aging.ca.gov

- 6. Specific to Legal Services, does the AAA collaborate with the Legal Services Provider(s) to jointly identify the target population? If so, what is the targeted senior population in your PSA AND what mechanism is used for reaching the target population? Discussion:
- <u>PSA</u>: The AAA uses Older Americans Act guidelines, as well as needs assessment analysis prepared by the agency Planning Unit and input from the LSPs to identify target populations. (See #7 below for more detailed info on target population and outreach mechanisms.)
- 7. Specific to Legal Services, what is the targeted senior population and mechanism for reaching targeted groups in your PSA? Discussion:
- <u>PSA</u>: The targeted senior populations continue to include low-income, minorities, non-English speaking, LGBT, frail, and most vulnerable older adults. In order to reach these targeted groups, the LSPs are active in the community: attending and participating in various community events, hosting on and off-site educational events, and staffing off-site legal clinics. The LSPs also publish and widely distribute a "Senior Rights Bulletin" at least twice a year on timely and relevant topics of interest to our target population. The bulletin is available in three languages and contains contact info for each LSP.
- 8. How many legal assistance service providers are in your PSA? Complete table below.

| Fiscal Year | # of Legal Assistance Services Providers |
|-------------|---|
| 2016-2017 | 4 |
| 2017-2018 | 4 |
| 2018-2019 | |
| 2019-2020 | |

- 9. Does your PSA have a hotline for legal services?
- <u>PSA</u>: PSA 6 does not have a singular hotline for legal services but there are three major telephone based referral sources: 1) DAAS Integrated Intake Unit receives calls from consumers and caregivers and are provided appropriate referrals to the senior legal service provider(s); 2) Aging and Disability Resources Center (ADRC) provides neighborhood coverage and multi-lingual information and assistance to both phone callers and walk-in consumers; and 3) Consumers can also access information and referral services by calling "211" (new format for the previous United Way Helpline) and the City of San Francisco run "311" information line.
- 10. What methods of outreach are Legal Services providers using? Discuss:
- <u>PSA</u>: LSPs in PSA 6 frequent various community meetings, neighborhood fairs, educational forums, and network with other service providers throughout the area. Using local General Fund resources, the LSPs publish and widely distribute a Senior Rights Bulletin in multiple languages at least twice a year, which serves as a valuable outreach tool. Many providers

are well-known in San Francisco because of their organizational age and long history of service in the community as well as ongoing legal clinics and outstation services they offer.

11. What geographic regions are covered by each provider? Complete table below.

| Fiscal Year | Name of Provider | Geographic Region covered |
|-------------|--|--|
| 2016-2017 | a. Asian Americans Advancing Justice - Asian Law Caucus b. Asian Pacific Islander Legal Outreach c. La Raza Centro Legal d. Legal Assistance to the Elderly | a. Citywide (primarily in Chinatown, Visitacion Valley, North and South of Market, Richmond, etc.) b. Citywide (primarily in Chinatown, Bayview-Hunters Point, Visitacion Valley, South and North of Market, Richmond, Western Addition, etc.) c. Citywide (primarily Mission, Bernal Heights, Excelsior, North and South of Market, etc.) d. Citywide (primarily North and South of Market, Bayview-Hunters Point, Western Addition, Richmond, Sunset, etc.) |
| 2017-2018 | see above | see above |
| 2018-2019 | a. b. c. | a. b. c. |
| 2019-2020 | a. b. c. | a. b. c. |

- 12. Discuss how older adults access Legal Services in your PSA:
- <u>PSA</u>: Older adults contact the legal service providers directly by calling or dropping in to the agencies. Clients are also able to access legal services staff at various outstations or legal clinics held throughout PSA 6. Often times case managers or intake and referral specialists will refer consumers to the senior legal service providers. As more and more seniors and younger adults with disabilities become more tech savvy, they are also using the internet to search for resources.
- 13. Identify the major types of legal issues that are handled by the Title IIIB legal provider(s) in your PSA. Discuss (include new trends of legal problems in your area):

<u>PSA</u>: The major issues are described below:

• *Housing*: Housing related assistance is the top requested issue seen by LSPs. Our legal providers devote an enormous amount of time to tenant's rights and eviction prevention issues. Housing cases opened by LSPs has grown even further over the last 2 years. There is a severe shortage of accessible and affordable housing in San Francisco while rents continue to skyrocket. The shortage means that low-income seniors and adults with disabilities are at extreme risk for homelessness. Our LSPs also continue to see the trend of increasing Ellis Act and Owner-Move-In evictions as a result of the housing shortage.

- *Elder Abuse*: In the area of Elder Abuse Prevention, our legal providers remain busy working on behalf of clients for the issuance of elder abuse restraining orders and working with clients to resolve incidents of financial abuse.
- Consumer Protection: Older adults who find themselves overwhelmed with consumer
 debt problems are able to seek intervention and assistance from LSPs. Many of these
 consumer debt problems are tied to fraud and identity theft. Sometimes these types of
 cases involve predators are family members and crosses-over with Elder Abuse. LSPs are
 able to advise clients as to their rights and often intervene on their behalf to address the
 myriad of issues.
- Naturalization: PSA 6 is very rich in terms of its diverse immigrant communities, and the LSPs are key in assisting Legal Permanent Residents (LPR) to apply for citizenship. The legal service providers help resolve red flag issues that arise during the citizenship application process. These issues have increased due to the recent addition of increasingly complex questions about the "activities" of the LPRs in their home countries. These are very sensitive issues that must be guided by legal counsel.
- *Income / Benefit Maintenance*: LSPs continue to provide assistance related to Social Security, Pensions, Medicare, Medi-Cal, and other retirement benefit related issues.
- 14. In the past four years, has there been a change in the types of legal issues handled by the Title IIIB legal provider(s) in your PSA? Discuss:
- <u>PSA</u>: There is no change in the type of legal issues, but what has varied is the prevalence of some issues over others. Demand has increase for services related to Housing, Elder Abuse, and Consumer Protection/Fraud.
- 15. What are the barriers to accessing legal assistance in your PSA? Include proposed strategies for overcoming such barriers. Discuss:
- <u>PSA</u>: Language access remains a barrier to overcome, but PSA 6 LSPs are very well equipped to handle multiple languages through the hiring of a multi-lingual staff. Awareness (or the lack thereof) of LSP assistance as well as a general understanding of one's legal rights also continues to be a barrier. The LSPs publish a widely distributed "Senior Rights Bulletin" which is designed to educate readers on legal issues and also provides contact info for the LSPs. Outreach by the LSPs into the community and continued coordination with ADRCs and other referral sources seeks to heighten awareness of LSP services.
- 16. What other organizations or groups does your legal service provider coordinate services with? Discuss:
- <u>PSA</u>: Legal Service Providers coordinate with several senior centers, ADRCs, and other senior serving agencies throughout PSA 6. In addition, the LSPs meet as a LSP Workgroup on at least a quarterly basis to help facilitate communication regarding any new reporting requirements, legal standards or emerging trends. The LSPs also meet as a group to coordinate the publishing of the Senior Rights Bulletin.

NARRATIVE OBJECTIVES

Please see the following pages for updates on the Area Plan 2016-2020 Goals and Objectives.

Goal #1: Improve Quality of Life

Rationale: Quality community-based long term care goes beyond providing what services people need. It encompasses a broader, more fundamental issue: what people require for a good life. Disease prevention and health maintenance programs tend to improve or increase the health and well-being of older persons and persons with disabilities. Services that offer opportunities for social interaction and engagement reduce the risk of isolation.

| Objective | Projected Start/End Dates | TitleIIIB Funded PD or C | Update Status |
|---|---|--------------------------------|---|
| 1a. OOA will continue to provide health promotion and risk prevention services that support wellness and reduce risks for chronic illness and fall prevention by implementing two types of evidence-based health promotion programs: (1) Physical Fitness and Fall Prevention Programs, such as Tai Chi for Arthritis and Fall Prevention, Matter of Balance, and Always Active, and (2) Chronic Disease Self-Management Education (CDSME) programs, including the Chronic Disease Self-Management Program (CDSMP) developed by Stanford University. An RFP will be issued in Spring 2016 to identify grantees to implement these programs and will include a new CDSME program, the new evidence-based Diabetes Empowerment Education Program (DEEP) developed by University of Chicago. Both CDSMP and DEEP are included in the evidence-based program list created by the Administration on Community Living and National Council on Aging. 1b. Employment offers seniors and adults with disabilities the chance | July 2016 to June 2020 July 2016 | | With additional local funding in FY 16/17, DAAS was able to more than double service provided through the Always Active and the DEEP programs. New in FY 16/17, the DEEP program has been well received by the community. These programs will continue to be offered in FY 17/18. DAAS will expand its portfolio of employment-related programs |
| to form/maintain social connections, earn extra needed income in an expensive city, and achieve self-actualization. DAAS has been working to develop its capacity to support employment of seniors and adults with disabilities by expanding and creating part-time positions within the Senior Companion program and new DAAS Benefits and Resource Hub. DAAS will continue to work with community partners and other city departments to expand employment opportunities for these populations. In FY 16-17, DAAS will assume responsibility for the ARC SF employment contract with HSA. | to June 2020 | | in FY 16/17 with the launch of the ReServe program in Spring 2017. Managed by a community provider, this program will recruit employers to create part-time jobs for seniors and adults with disabilities. DAAS will track the success of this program and consider opportunities to further support seniors and adults with disabilities to gain and/or maintain employment. |
| 1c. Limited supportive services are available to address the emotional, behavioral, health, and social isolation challenges faced by lesbian, gay, bisexual, and transgender (LGBT) seniors. DAAS will establish a new program to provide care navigation and peer volunteer support for LGBT clients in order to help this population to access needed services. This program will enroll 75 to 100 clients per year. | July 2016 to June 2020 | | The LGBT Care Navigation and Peer Support program began operation in FY 16/17. This program is focused on addressing the emotional, behavioral, health, and social isolation challenges faced by lesbian, gay, bisexual, and transgender seniors and adults with disabilities. In FY 17/18, the program will serve 90 clients. |

| Objective | Projected Start/End Dates | TitleIIIB Funded PD or C | Update Status |
|--|---------------------------------|--------------------------------|--|
| 1d. The LTCCC Age- and Disability-Friendly San Francisco workgroup is focused on pro-actively addressing the needs of older adults, and the needs of adults of all ages with disabilities, as they remain in the community longer. Joining in the spirit of the World Health Organization (WHO) and AARP Livable Communities initiatives, this group of community stakeholders includes consumers, community-based service providers, city staff, and research partners. The work group is working on a baseline assessment and will develop an action plan with measurable indicators to make San Francisco a more livable and friendly for seniors and adults with disabilities. | July 2016 to June 2020 | | In FY 16/17, the LTCCC launched a 27 member task force to focus specifically on developing the baseline assessment and action plan for the World Health Organization. Task force members include representatives from service provider organizations, senior and disability communities, government agencies, academia, and business. With staff support from DAAS, the action plan will be completed in 2018. The workgroup is on a temporary hiatus while the task force completes its work and will reconvene to support the implementation of the action plan recommendations. |
| 1e. OOA-funded congregate meals provide thousands of seniors and adults with disabilities with nutritious meals and opportunities for socialization every year. In recent years, DAAS has added two Choosing Healthy and Appetizing Meal Plan Solution for Seniors (CHAMPSS) meal sites, which provides meals at neighborhood restaurants. DAAS will consider additional innovative models for the provision of congregate meals and work to add CHAMPSS sites in other parts of the city. | July 2016 to June 2020 | | The CHAMPSS program continues to attract consumers, and DAAS is working with a service provider to open a third site in an underserved area in District 11. DAAS created its first meal site focused primarily on adults with disabilities in FY 16/17. In FY 17/18, DAAS will expand service for this population as well as seniors in Districts 3 and 11 to better meet population needs. DAAS will also consider opportunities to provide nutrition support in new and/or innovative settings. |
| 1f. The SF Tech Council advances digital inclusion for older adults and people with disabilities so all can participate in the City's connected community, accessing technologies that enhance their quality of life and age in the place of their choice. DAAS representatives will attend monthly meetings of the Tech Council to provide population knowledge and help develop opportunities for collaboration between government, community providers, and private businesses. In addition to the main Tech Council meeting, staff serve on the Steering Committee and the Learning and Access workgroup to support technological innovation and access for all. | July 2016 to June 2020 | | In FY 16/17, the SF Tech Council launched a new website (www.sftechcouncil.org) to showcase collaborative multi-sector Discovery projects, promote a new Tech Story project, and highlight the council's milestones. The Council also undertook an annual membership survey, solicited new membership, assisted with SF Public Libraries Digital Inclusion week and supported the Aging and Disability Task Force. In FY 17/18, DAAS will continue to support the SF Tech Council and its subcommittees, including implementation of the FY 18/19 Strategic Work Plan, ongoing collaboration with the Fung Fellowship for Wellness and Technology Innovations, and other projects. |

Goal #2: Establish Better Coordination of Services

Rationale: San Francisco has some of the most creative and effective community-based long term care programs in the country. But the City does not yet have a well-coordinated network of home, community-based and institutional long term care services. Such a network that will enable older adults and adults with disabilities to remain as independent as possible in their homes and communities in the most integrated settings.

| Objective | Projected Start/End Dates | TitleIIIB Funded PD or C | Update Status |
|---|---------------------------------|--------------------------------|--|
| 2a. DAAS collaborates with several community partners and criminal justice agencies to prevent and mitigate abuse of elders and adults with disabilities. The Forensic Center convenes a multi-disciplinary team of service providers, law enforcement, the Ombudsman and Adult Protective Services to collaborate around the resolution of complex cases of abuse, neglect, and self-neglect. Providing outreach and education to mandated reporters as well as the community, is a key focus for the Elder Abuse Prevention program. This program has recently launched a new initiative aimed at educating veterans, their families, and service providers about financial exploitation targeting Veterans Administration benefits. Prevention activities will include education to veterans and their providers, a public awareness campaign, as well as stakeholder collaboration to improve identification and response to financial abuse. | July 2016 to June 2020 | | Over FY 16/17, DAAS successfully assisted with the launch of a collaborative financial abuse outreach and prevention effort, the Veteran's Benefits and Protection Project (VBPP). The goals of VBPP are to develop a strong, collaborative communication system to respond to complaints, detect fraud, and stop scammers. Veterans, their families, and community providers are educated about pension poaching scams. VBPP toolkits also direct elders who have been scammed to resources that can help, such as Adult Protective Services, and connect those wishing to apply for veterans benefits to the local County Veterans Service Office. This effort is supported by a coalition of local and state entities. DAAS will continue to support this effort and other initiatives to prevent and mitigate elder abuse. |
| 2b. A 2014 addendum to the 2009 San Francisco Strategy for Excellence in Dementia Care identified new areas of work for the Dementia Care Excellence Oversight Committee. The committee continues to meet quarterly to develop and support strategies for serving persons with dementia. DAAS will provide staffing support, as well as program and community services knowledge to further the efforts of the workgroup. The current work of the committee is focused on supporting implementation of cognitive and screening tools in service programs like Adult Protective Services, as well as developing potential pilot programs to explore strategies to better serve persons with dementia. | July 2016 to June 2020 | | With support from the Oversight Committee, DAAS is partnering with Optimizing Aging Collaborative of UCSF (formerly referred to as the GWEP) to develop cognitive and screening tools for use in Adult Protective Services and In-Home Support Services. Advocacy from the Committee has supported pilot projects, including the Dementia Care Safety Net program focused on identifying seniors living alone without support and developing a support circle. In FY/18, the Committee will focus on persons living in transitional housing and opportunities to partner with LTCCC workgroups and community organizations. |

| Objective | Projected Start/End Dates | TitleIIIB Funded PD or C | Update Status |
|---|---------------------------------|--------------------------------|--|
| 2c. The Long Term Care Coordinating Council (LTCCC) is an advisory body to the Mayor's Office. It evaluates all issues related to long term care (LTC) and supportive services, including how different service delivery systems interact, and it makes recommendations about how to improve service coordination and system interaction. LTCCC workgroups with representatives from client populations, service providers, and city agencies focus on specific topic areas, such as palliative care, housing, and HIV/Aging. DAAS will provide staffing support, as well as population and program knowledge, to support the sustainability and efficacy of the LTCCC. | July 2016 to June 2020 | | In Spring 2015, the LTCCC submitted policy and budget recommendations to the Mayor and Board of Supervisors, and several of these were funded for FY 16/17, including a home care subsidy pilot program, creation of a housing modification fund, eviction prevention outreach and education, housing placement subsidies, and a Food Security Task Force budget request. In FY 16/17, the LTCCC workgroups have focused on developing their policy and budget priorities for the coming year and creating action plans to support these priorities. The Finance and Policy workgroup is working on a comprehensive LTC service map to support LTCCC projects in FY 17/18. |
| 2d. In FY 15-16, the DAAS Integrated Intake and Referral Unit created the IHSS Care Transitions Program (CTP) to support IHSS applicants transitioning home after a hospitalization. This program is a smaller, more targeted version of the SF Transitional Care Program developed through a Medicare demonstration project that concluded in 2015. CTP aims to reduce readmissions after discharge by offering up a variety of services during the first few weeks back in the community, such as: temporary home care; home-delivered meals; transportation to a follow up doctor's appointment; mediation review; and review of health plan goals. DAAS will provide this service to 1,000 applicants a year. | July 2016 to June 2020 | | The IHSS CTP program is on track to serve 1,000 clients in FY 16/17, receiving an average of 85 referrals per month. Most frequently, clients are referred by SF General Hospital (28%) and CPMC campuses (19%). DAAS Intake expects to provide similar service levels in FY 17/18. |

Goal #3: Increase Access to Services

Rationale: Adults with disabilities, older adults, and caregivers express difficulty in learning about long term care and supportive services. To address this, services need to be consumer-responsive and user-friendly, giving consumers and caregivers choices in the services they receive. Information must be easily accessible and provided in a culturally appropriate manner to address the varied needs of San Francisco's racially, ethnically and culturally diverse communities.

| Objective | Projected Start/End Dates | TitleIIIB Funded PD or C | Update |
|---|---------------------------------|--------------------------------|--|
| 3a. In late FY 15-16, the DAAS Benefits and Resource Hub for People with Disabilities and Seniors was opened at 2 Gough Street. The DAAS Integrated Intake and Referral Unit, DAAS eligibility workers, and the County Veterans Service Office (CVSO) are co-located at this site, helping to break down service silos and enhance opportunities for cross-referral across programs. Clients visiting this site may be connected with a variety of programs, including In-Home Supportive Services (IHSS), Medi-Cal, CalFresh, CVSO, and the intake and referral services provided by the Intake Unit (e.g., home-delivered meals, Community Living Fund, etc). DAAS anticipates 600 clients per month will visit the site. | July 2016 to June 2020 | | In FY 16/17, the DAAS Benefits and Resource Hub is serving approximately 750 visitors per month. Through a community-based organization, DAAS has funded "community liaisons" at the Hub - seniors and adults with disabilities who help engage visitors and assist clients with navigating the system. Over the remainder of this year and in FY 17/18, DAAS will host additional services to be provided at the Hub, including: HICAP (Medicare-related counseling and advocacy), MTA's Paratransit program, and an SF Connected computer lab. |
| 3b. Through the Aging and Disability Resource Center (ADRC) network, DAAS promotes independent living in the community by providing information, referral, and assistance services. ADRC workers link consumers with community-based supports and also provide translation services, assist clients in filling out forms and provide hands on assistance with applying for services such as housing opportunities. In recent years, the program capacity has increased by shifting to a new model with Information and Assistance specialists at eight community-based organizations and increasing to a full 1.0 FTE at each site. Reaching diverse communities throughout the city, this program will serve 16,230 clients in FY 16-17. | July 2016 to June 2020 | | The ADRC network in San Francisco has served 8,229 clients in the first half of FY 16/17 and completed 15,764 information and referral contacts. Moving forward, DAAS will facilitate trainings for the ADRC network to provide education about consumer programs, such as Options Counseling and Project Homeless Connect. It is anticipated that the ADRC network will achieve similar service levels in FY 17/18. |

| Objective | Projected Start/End Dates | TitleIIIB Funded PD or C | Update |
|---|---------------------------------|--------------------------------|---|
| 3c. DAAS program staff visiting clients in their homes have valuable opportunities to identify unmet need for supportive services among vulnerable seniors and adults with disabilities. DAAS has already begun to utilize these opportunities by training IHSS social workers to assess for nutrition risk and potential eligibility for home-delivered groceries. DAAS will further expand the capacity of program social workers to screen for dementia and depression identify at-risk clients and make referrals to the Clinical Quality Assurance unit or other community services as indicated. | July 2016 to June 2020 | | IHSS social workers have assessed over 22,000 clients for food insecurity and secured home delivered groceries for over 412 people. In FY 17/18, DAAS will continue to screen IHSS consumers for food insecurity and provide linkages to home delivered groceries. In partnership with the UCSF Gerontology program, DAAS will train home-visiting social workers on dementia and depression screening tools. By the middle of the fiscal year, DAAS social workers will assess consumers for dementia and depression at each home visit. |
| 3d. The DAAS Clinical and Quality Assurance (CQA) unit was launched in FY 15-16 to provide clinical consultations by Registered Nurses and Licensed Clinical Social Worker to serve IHSS and APS consumers with complex clinical needs, including complex medical, nursing and behavioral health needs. Working collaboratively within DAAS and with outside healthcare professionals, CQA staff evaluate clients' medical and/or behavioral health needs, assess client's readiness for change and engagement with services, and create client-centered service plans. The CQA unit will serve 500 consumers in FY 16-17. | July 2016 to June 2020 | | In the first 6 months of FY 16/17, CQA has conducted 313 inperson clinical consultations with the majority of the referrals coming from APS (55%) and IHSS (43%). DAAS anticipates similar service levels in FY 17/18. In the coming year, the CQA unit will support the DAAS partnership with UCSF to provide workforce training for DAAS social workers to use evidence-based assessment tools in depression and dementia screenings. |
| 3e. Established in 2005 by San Francisco Board of Supervisors, the Food Security Task Force (FSTF) is responsible for creating a city-wide plan addressing food security. The lead OOA nutritionist attends monthly FSTF meetings, providing insight into population trends, service provision levels, and unmet needs related to seniors and adults with disabilities. This participation supports collaboration and service coordination to improve support for all age groups. A key focus of this group is monitoring/reporting on progress and making recommendations towards the city's resolution to End Hunger by 2020. | July 2016 to June 2020 | | The FSTF is currently working on three major projects, including (1) developing food security screening questions and implementation plan for citywide use; (2) partnering with UC Berkeley students to develop a 2017 food security assessment; and (3) working with the Tenderloin Hunger Task Force to address needs of SRO residents. DAAS will continue to support these projects in FY 17/18. |

| Objective | Projected Start/End Dates | TitleIIIB Funded PD or C | Update |
|---|---------------------------------|--------------------------------|--|
| 3f. Under the Rental Assistance Demonstration (RAD) Project that began in FY 15-16, community-based organizations will provide on-site supportive services for people living in public housing developments. Historically, these residents have been underserved and living in subpar housing conditions. The goals of this effort are to provide supportive services and service connection to seniors and adults with disabilities, enhance residents' abilities to age in place, avoid premature institutionalization, and build community in their environments. DAAS is responsible for managing 11 contracts for 866 units at housing sites serving seniors and adults with disabilities. In FY 16-17, this will grow to 20 total contracts (approximately 2,000 units citywide). | July 2016 to June 2020 | | In FY 16/17, residents have benefited from a combined total of 439 community building activities and educational programs across all 20 RAD sites. Service providers report an average of 175 service encounters per month per site (this includes outreach, referrals, and services to support residents' housing stability). On average, 97% of residents have engaged in services or programs and over 99% of residents have maintained or obtained stable housing. DAAS has also supported the Live Alone Intervention project in RAD sites, which enhances program staff knowledge and skills in supporting residents living alone with Alzheimer's and dementia-related diseases. In FY 17/18, the program will continue to conduct outreach and provide service connections and support, including monthly community building opportunities, educational programs, and culturally appropriate activities. |

Goal #4: Improve Service Quality

Rationale: Quality standards help maximize the positive impact of services for seniors and adults with disabilities. Key components of quality include program accountability, performance measurement, and cultural competency. Technical assistance and support supports service quality.

| Objective | Projected Start/End Dates | TitleIIIB Funded PD or C | Update Status |
|--|---------------------------------|--------------------------------|---|
| 4a. OOA programs providing personalized service to clients with complex needs and/or operating within stringent program standards benefit from regular group meetings with OOA analysts. These meetings offer the opportunity to discuss population trends, collaboratively strategize on how best to meet client needs, and | July 2016 to June 2020 | | Quarterly meetings for Nutrition, Legal Services, and Case Management providers were held in FY 16/17 and will continue on a quarterly basis in FY 17/18. OOA will institute similar quarterly meetings for Naturalization and Community Services providers meetings in FY 17/18. |
| provide technical assistance. OOA staff will hold quarterly meetings with service providers in the following programs: Nutrition, Legal Services, Naturalization, Community Services, and Case Management. | | | |

| Objective | Projected Start/End Dates | TitleIIIB Funded PD or C | Update Status |
|--|---------------------------------|--------------------------------|--|
| 4b. LGBT seniors and adults with disabilities have unique needs but may hesitate to access needed services due to concerns about stigma. It is imperative that all DAAS service providers offer a welcoming environment to this population, so that this population is comfortable accessing services. DAAS will expand on its existing training on serving LGBT population to incorporate issues related to the intersection of aging and dementia. This training will be provided on an ongoing basis, offering 25 trainings for a total of 250 providers each year. | July 2016 to June 2020 | | In FY 16/17, DAAS has initiated a new training program for service providers focused on (a) improving awareness of the unique challenges/needs of the LGBT senior population and (b) enhancing staff capacity to assist LGBT clients with dementia and connect them to needed services and/or supports. The primary contractor is the Alzheimer's Association, which has partnered with Openhouse and Family Caregiver Alliance. This training will be offered to organizations serving the population beginning this year and continuing in FY 17/18. There will be 25 trainings and at least 250 staff and volunteers served. |
| 4c. OOA case management is a core DAAS program, facilitating critical service connections for seniors and adults with disabilities struggling to manage their needs. To strengthen this program and maximize its effectiveness, DAAS has developed a variety of strategies in recent years, including the expansion of the Clinical Consultant Collaborative and online medication management model. In FY 16-17, the DAAS Integrated Intake and Referral Unit will assume responsibility for centralized intake process and single waitlist for this service. | July 2016 to June 2020 | | DAAS has convened an OOA case management workgroup to discuss areas for program improvement, identify strategies to strengthen the case management program, and develop appropriate implementation processes for any changes. Input from this group has shaped the intake form and waitlist protocol for centralized intake and waitlist management. Over the next year, DAAS will implement a more streamlined assessment tool in CA GetCare and pilot new performance measures prior to the new contract cycle that will begin in FY 18/19. |
| 4d. Adult Protective Services clients that experience chronic self- neglect are more likely to be referred back to the program within one year of case closure. These clients typically require greater levels of engagement and case management on the part of the social worker in on order to achieve stabilization, when compared with other APS clients. The APS program will develop clinically-based strategies to improve the effectiveness of intervention with these clients and develop mechanisms for tracking the outcomes of clients that are continually re-referred to APS for self-neglect. | July 2016 to June 2020 | | Over FY 16/17, APS has worked with the San Francisco's Controllers Office to complete an in-depth study of self-neglect cases, identifying that APS social workers need additional tools for assisting vulnerable clients that are experiencing self-neglect as a result of alcoholism and/or the result of housing related issues. The APS program is developing a specialized unit of social workers to specifically address cases involving high risk self-neglect, substance use, and risk for eviction or loss of housing. The clients that are assisted by the staff in this unit will be monitored by the APS program on a gatekeeper basis past case closure to ensure on-going stabilization and to facilitate the ability to monitor the outcome of the interventions. |

| Objective | Projected Start/End Dates | TitleIIIB Funded PD or C | Update Status |
|--|---------------------------------|--------------------------------|---|
| 4e. DAAS will work with the LTC Ombudsman program to ensure service is meeting the diverse needs of the local senior and disabled populations. This includes maintaining capacity to serve Chinese-speaking clients, as well as ensuring proper implementation of recent City of San Francisco legislation related to LGBT residents. | July 2016 to June 2020 | | Starting in FY16-17, the LTC Ombudsman now has a full-time Cantonese-speaking staff person to better serve the monolingual Chinese population. This staffing level will continue in FY17-18. Work on implementation of City legislation related to LGBT residents of skilled nursing facilities and residential care facilities will continue in FY 17/18. |
| 4f. Launched in 2015, the DAAS staff training program is intended to ensure all staff is aware of key issues related to aging and disability. It consists of a mandatory core curriculum focused on basic population topics, as well as optional sessions focused on specialized content. All DAAS staff is expected to complete the core requirements within two years of initial implementation or their start date. | July 2016 to June 2020 | | DAAS has provided several trainings from its Core and Enhanced curriculums; 14 trainings were offered in the first half of FY 16/17 alone. This schedule included a customer service training attended by 230 staff. A new training to be offered in FY 16/17 will focus on working with LGBT seniors. In FY 17/18, DAAS will work with community partners and training organizations to expand the number of courses and content available in the Enhanced curriculum. |

GOVERNING BOARD

GOVERNING BOARD MEMBERSHIP 2016-2020 Four-Year Area Plan Cycle

CCR Article 3, Section 7302(a)(11)

Total Number of Board Members: 7

| Name and Title of Officers: | Office Term Expires: |
|--------------------------------|----------------------|
| [VACANT], President | |
| Gustavo Seriña, Vice President | 1/15/20 |
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Names and Titles of All Members: Board Term Expires:

| Katie Loo | 1/15/16 |
|-------------------|---------|
| Neil Sims | 7/5/16 |
| Richard Ow | 1/15/16 |
| Perry Lang | 1/15/20 |
| Jeremy Wallenberg | 1/15/20 |
| | |
| | |
| | |

ADVISORY BOARD

ADVISORY COUNCIL MEMBERSHIP 2016-2020 Four-Year Planning Cycle

OAA 2006 306(a)(6)(D) 45 CFR, Section 1321.57 CCR Article 3, Section 7302(a)(12)

Total Council Membership (include vacancies)

22 (5 vacancies)

Number of Council Members over age 60

___15___

| | % of PSA's 60+Population | % on Advisory Council |
|--------------------------------|--------------------------|-----------------------|
| Race/Ethnic Composition | <u> </u> | <u> </u> |
| White | <u>40%</u> | <u>63%</u> |
| Hispanic | <u>10%</u> | 0% |
| Black | <u>6%</u> | <u>31%</u> |
| Asian/Pacific Islander | <u>42%</u> | <u>6%</u> |
| Native American/Alaskan Native | <u>0.1%</u> | <u>0%</u> |
| Other | <u>1%</u> | <u>0%</u> |
| Name and Title of Officers: | | Office Term F |

| Office Term Expires: |
|----------------------|
| 3/31/2019 |
| 3/31/2019 |
| 3/31/2018 |
| |

| Name and Title of other meanshare. | Office Town Francisco |
|--|-----------------------|
| Anna Maria Pierini, 2nd Vice President | 3/31/2019 |
| Elenore Lurie, 1st Vice President | 3/31/2018 |
| Allegra Fortunati, Secretary | 3/31/2019 |

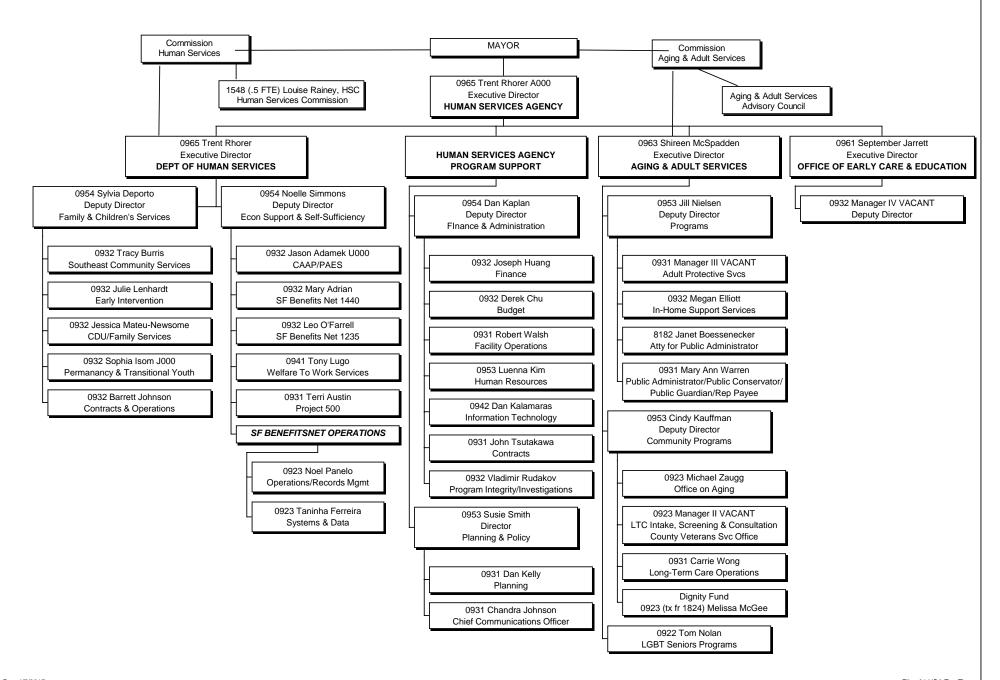
| Name and Title of other members: | Office Ferm Expires: |
|----------------------------------|----------------------|
| Alexander McDonald | 3/31/2018 |
| Anne Kirueshkin | 3/31/2019 |
| Anne Warren | ex officio |
| Bettye Hammond | 3/31/2019 |
| Beverly Taylor | 3/31/2018 |
| Cathy Russo | 3/31/2018 |
| Diane Lawrence | 3/31/2018 |
| Kay Parekh | 3/31/2018 |
| Louise Hines | 3/31/2019 |
| Marcy Adelman | 3/31/2019 |
| Patti Spaniak | 3/31/2019 |
| Juliet Rothman | 3/31/2018 |
| William Marotta | 3/31/2018 |

| Indicat | te which member(s) represent each of the " | | • | |
|--|--|-------------|---------------------------------|--|
| Low In | come Representative | Yes ⊠ | No | |
| Disable | ed Representative | \boxtimes | | |
| Suppo | rtive Services Provider Representative | \boxtimes | | |
| Health | Care Provider Representative | \boxtimes | | |
| Family | Caregiver Representative | \boxtimes | | |
| Local E | Elected Officials | | | |
| | uals with Leadership Experience in e and Voluntary Sectors | \boxtimes | | |
| Explair | n any "No" answer(s): | | | |
| Briefly | describe the local governing board's proce | ss to ap | point Advisory Council members: | |
| <u>PSA</u> : | A: Half of the Members of the Advisory Board are appointed by the Aging and Adult Services Commission. All other members are appointed – one each – by their County District Supervisor. | | | |
| On August 19, 2015 Advisory Council Bylaws were amended (Article 2, Section 4, E, 2 E. Serve as a principal advocacy body on behalf of the population served, i.e.: 2. Select delegates for the California Senior Legislature; CSL members are ex officio members of the Advisory Council | | | | |

ORGANIZATIONAL CHARTS

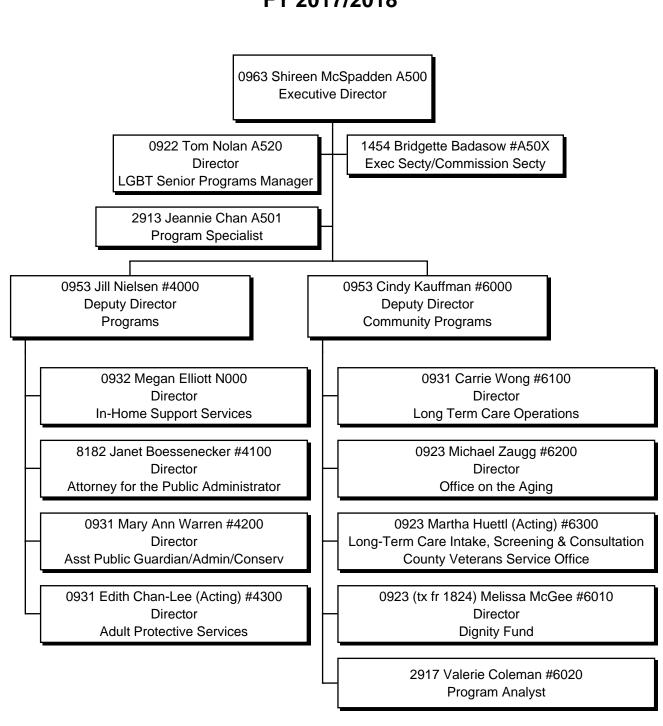
Please see following pages for PSA 6 Organizational Charts.

CITY & COUNTY OF SAN FRANCISCO HUMAN SERVICES AGENCY FY 2017/2018



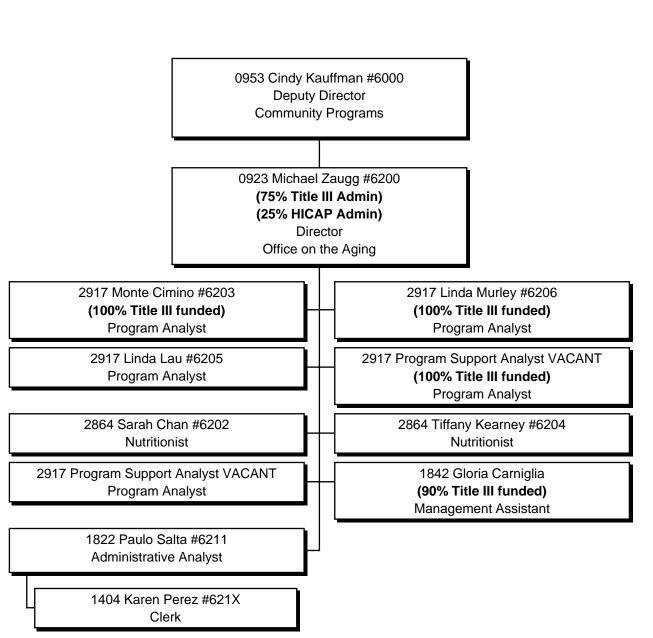
Rev. 4/7/2017



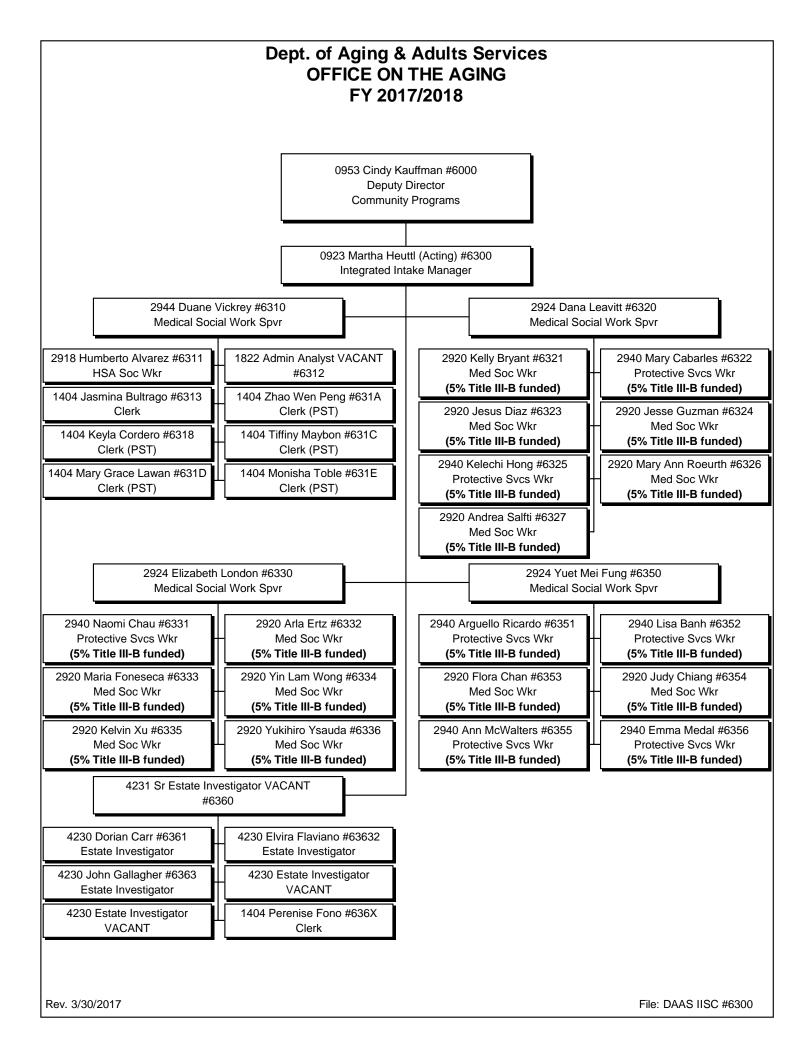


Rev. 4/7/2017 File: 026 DAAS AGING SVCS

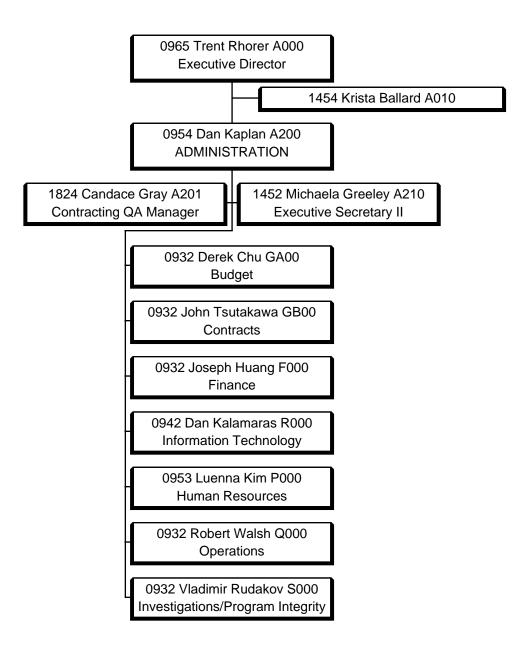




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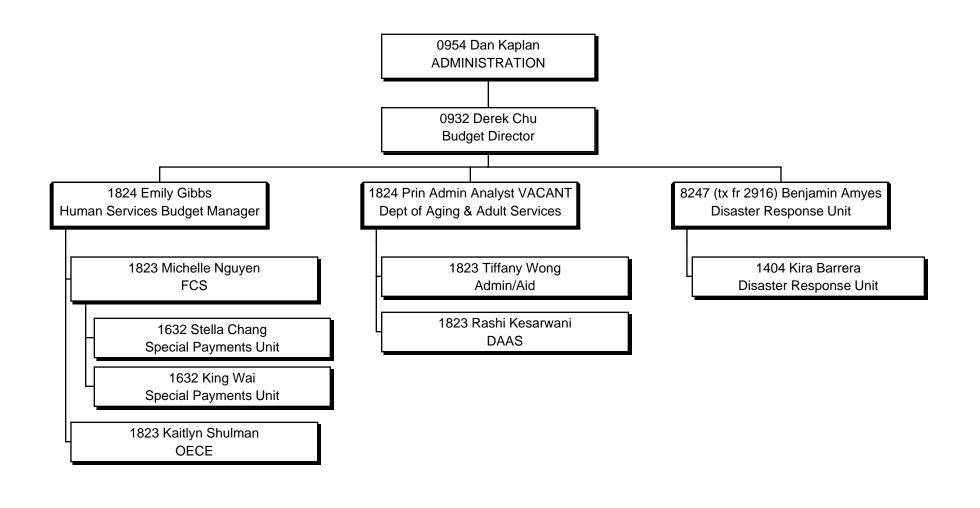


Human Services Agency ADMINISTRATION FY 2017/2018



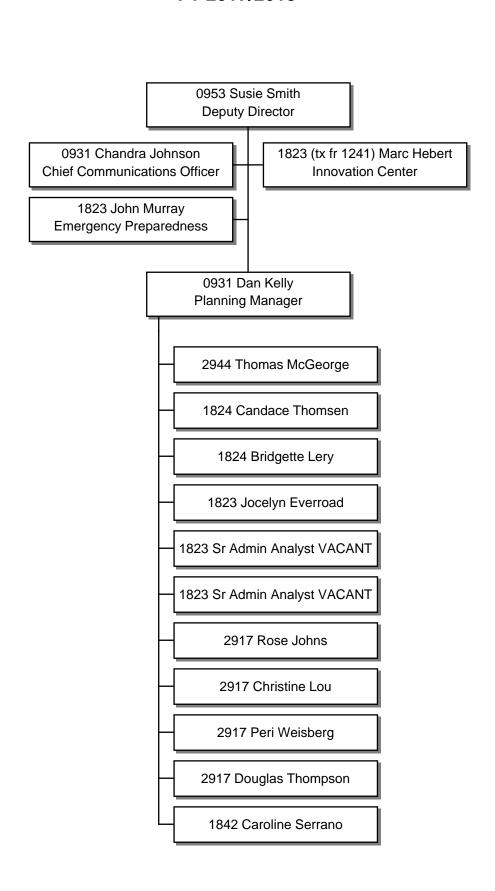
Rev. 3/30/2017 File: 02 HSA Admin

Human Services Agency BUDGET FY 2017/2018



Rev. 3/30/2017 File: 03 HSA Budget

Human Services Agency POLICY & PLANNING FY 2017/2018



Rev. 3/30/2017 File: 10 HSA POLICY & PLANNING